JUL - 4 1975

YOUNG AMERICA'S FAVORITE MAGAZINE JULY 1975 75 CENTS

® seventeen

EASY SUMMER BEAUTY— keeping cool

SEW & KNIT for back-to-school

Diet the way models do

tricks with ACCESSORIES

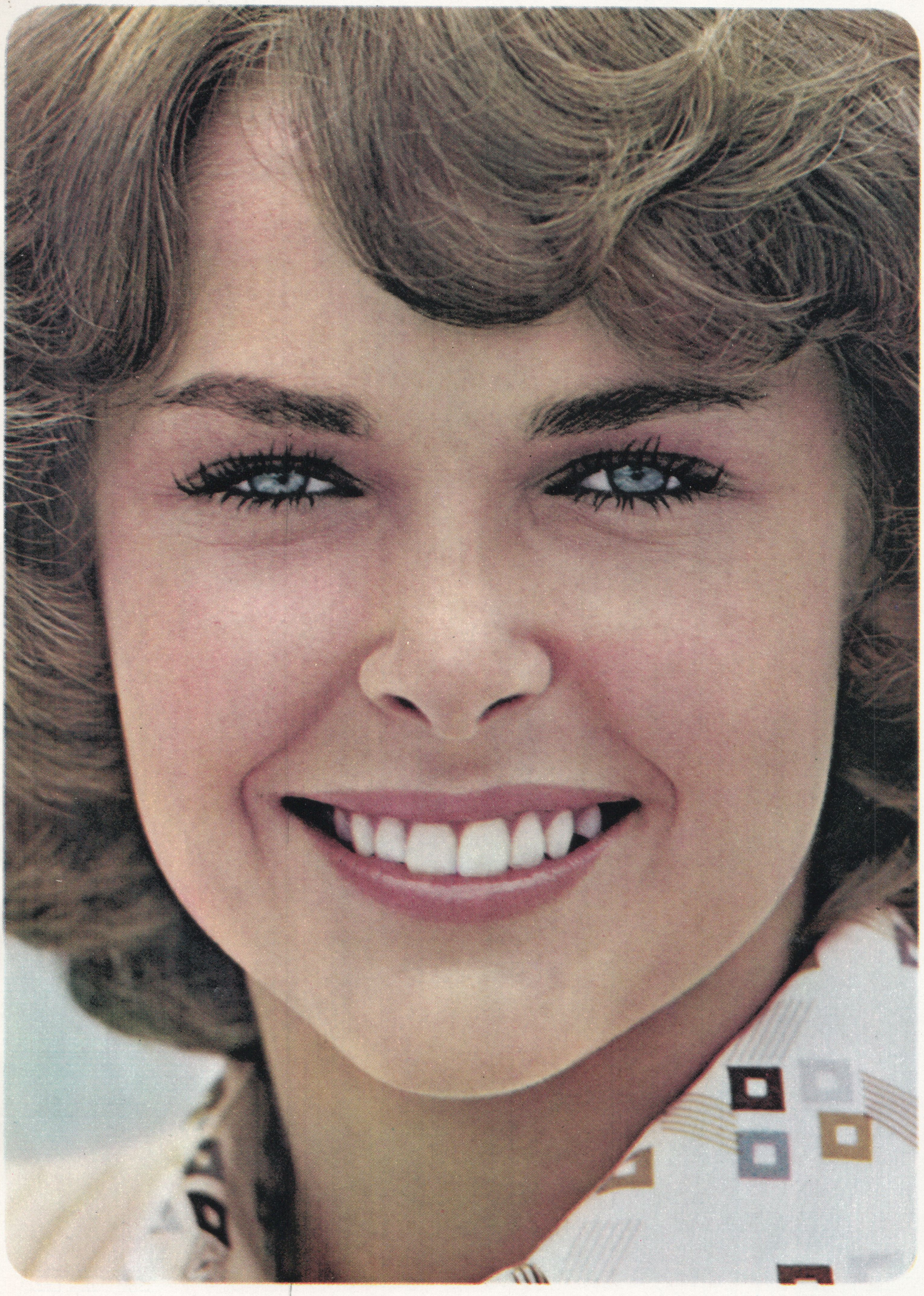
JEALOUSY what's the cure?

danger signs in FRIENDSHIP

why teens turn to RELIGION

Breezy Reading:
Offbeat Novelette
Special Mini-Mag

Cover Girl makes it beautiful. Noxzema makes it clean.



Clean Make-up

...and Cover Girl Sheri Dolph.

THE FACTS:

Age: "Eighteen."

Home: "Ontario, California."

Sun Sign: "Virgo with Scorpio rising."

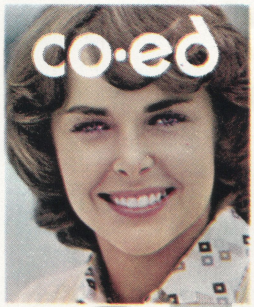
Latest Accomplishment: "I won the CO-ED Cover Girl Contest!"

Good Points: "My smile."

Bad Points: "Occasional skin things. I'll outgrow them, but until I do, the most important thing to me is getting all the good, clean coverage I need, the best way I know how."

Make-up: "Cover Girl. Clean Make-up."

Why? "I like to feel I'm taking good care of my skin. Cover Girl has clean Noxzema ingredients, so I really feel good about my skin. Covers beautifully, too. Never looks make-up-y, just looks fresh and natural. I trust Cover Girl... it's Clean Make-up!"



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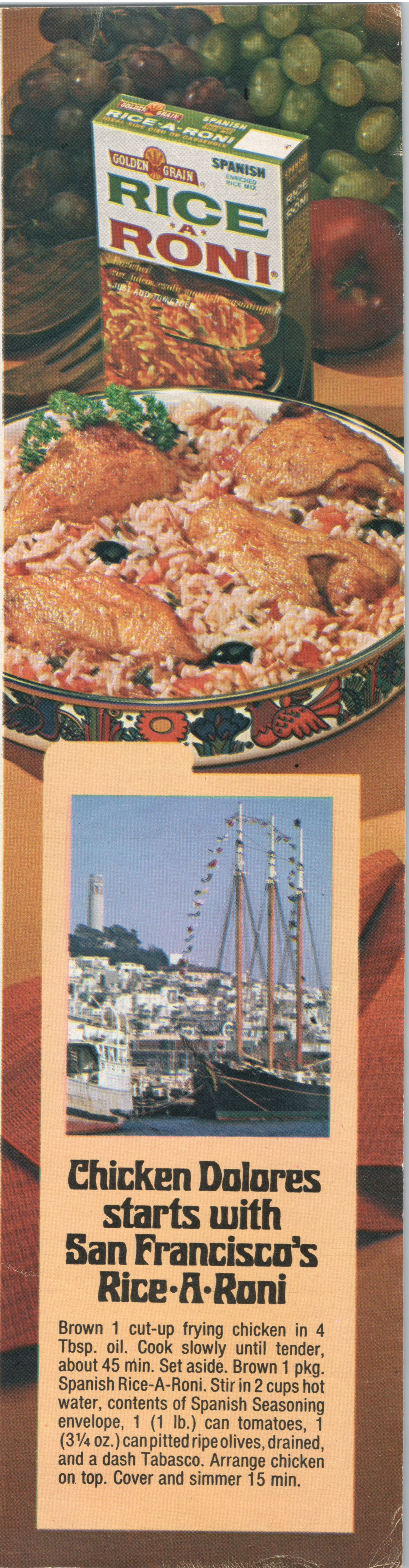
Prices quoted on editorial pages are necessarily approximate; most are slightly higher west of the Rockies and in Canada

Cover photograph by David McCabe. For more information on our cover see page 124.



Chicken Dolores starts with San Francisco's Rice-A-Roni

Brown 1 cut-up frying chicken in 4 Tbsp. oil. Cook slowly until tender, about 45 min. Set aside. Brown 1 pkg. Spanish Rice-A-Roni. Stir in 2 cups hot water, contents of Spanish Seasoning envelope, 1 (1 lb.) can tomatoes, 1 (3¼ oz.) can pitted ripe olives, drained, and a dash Tabasco. Arrange chicken on top. Cover and simmer 15 min.

CHANEL

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Honestly
by Bonne Bell

Answers to the questions you ask the most.

One of my favorite things about summer is getting a great tan. This summer is going to be the best ever, because I have a job as a lifeguard. The problem is, my skin is oily, and I break out occasionally. Will using suntan lotion all the time cause my skin to get worse?

Most tanning products can complicate skin problems, because they contain grease or oil. That's why Bonne Bell has created Dermatan, the first medicated tanning gel that fights skin problems. Dermatan is made with some of the same ingredients as our Ten-O-Six Lotion, and it's completely greaseless. Dermatan works with the sun to help dry up excess oiliness and clear up skin problems while it helps you get a smooth, rich, long-lasting tan.

Is it true that lips can get sunburned? In the summer I practically live in the sun. If I'm not on the tennis court, I'm at the beach. Even though I wear lipstick my lips get all dry and cracked.

Lipstick alone doesn't keep out the burning rays that can rob your lips of their natural moisture. For protection wear Bonne Bell Good Nature Lip Gloss over or under your lipstick. It has an effective sunscreen to filter out burning rays. And it's full of natural good things like sesame oil, wheat germ oil and lanolin to soothe, soften and moisturize. It gives your lips a pretty shine, too.

Help! My hair is so oily it starts to get all stringy the day after it's washed. But that isn't the worst of it. My forehead breaks out near the hairline, and I think it's because of the condition of my hair.

As you suspect, the excess oil that builds up in your scalp and spreads through your hair can cause breakouts around your forehead. Try Ten-O-Six Shampoo. It does for your hair what Ten-O-Six Lotion does for your face—cleans thoroughly and removes troublesome excess oils. And it's so safe and mild, you can use it as often as you like. You'll have clean, shining hair, and you should see the end of your breakout problem, too.

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BONNE BELL

Your Letters

The Facts of the Matter

I was relieved to see "What Every Young Woman Should Know About Rape" (May). It's about time women knew the hard facts about this formerly hush-hush crime. I was glad the article centered on what to do if it happens, instead of the usual how-to-avoid-it. *Karen Passons, Nashville, Tenn.*

I'd like to correct what I feel is a misquote in Mary Scott Welch's article on rape. I have never said that rape is merely an extension of the normal sex drive. I have said that *"in some cases* his behavior is merely an extreme manifestation of the normal male sex drive" *(Newsweek,* August 20, 1973, page 67). *Ralph Garafalo, Director, The Treatment Center at Massachusetts Correctional Institute, Bridgewater, Mass.*

Psyching It Out

After reading "How Psychotherapy Helped Me" (May), a new hope arose. My life is exactly what Pamela's was, but I never before had the courage to try any sort of mental health care. *L. S. S., Calif.*

Pamela Allen wanted someone who would listen and reassure her that she was normal. So did I—only I have found such a person in a close friend who is older than I. With her help I've begun to feel better about myself and the world. *L. A. J., St. Louis, Mo.*

Name of the Game

Although we agree that men and women should be paid equally ("Let's Have Equal Pay and Nonsexist Language," May), we do not agree that the language used for both sexes should be the same. It's important to remember that we're equal but different; just using the same terms for everyone is not going to change it. *Leslie Martin, Sue Worley, Paula Williams, Norristown, Pa.*

I am proud to be a woman and I think *all* women should be proud to be distinguished as just that—women. Women should stop trying to act like men. *Vive la différence!* *Sandie Kemp, Austin, Tex.*

Too Good To Be True?

How does Amy Wandel ("Growing Up in a Beach Town," May) ever have time to play cards and argue with her father while she takes eight subjects in high school and participates in at least twelve "favorite" undertakings and sports? She must also be a very gifted girl if she can find a made-to-order "dream man." And I suppose she has already placed her order for two children—a boy and a girl! I won't even comment on her Cape Cod house, stables for horses and her rolling land. All I want to say is that she'd better add money to the list of qualifications for her dream man. *Betsey Guinn, Bristol, Tenn.*

Amy Wandel is portrayed as "Miss Perfect." Hey! That's downright boring. Getting great marks and having a perfect figure isn't what life's about. *Rena Heimowitz, Brooklyn, N.Y.*

Unsporting

I enjoyed "Sports U.S.A." (May), but one thing bothered me. Apparently your idea of "cross-country" is quite different from mine. The only places your editors must have visited were California and Florida, and mostly California. What annoys me is that there are plenty of places besides California that produce sports buffs. There are many right here in my area, yet people from places like my own city are never mentioned. *Anne T. Ertel, Racine, Wis.*

I was expecting more swimsuits in your May issue. I really wanted to see a big write-up on the new string. The suits shown had enough material to gift-wrap the Empire State Building twice! *Lee King, Greensboro, N. C.*

Pun Fun

"Rhyme Time" (May) was thought-provoking and fun. I have enjoyed "hink pinks" (as we call them) for three years and think it's great you've turned others on to them. *Terri Cononelos, Ely, Nev.*

P.S. What is a light brown TV owned by a Rumanian called? A Transylvania tan Sylvania, of course!

THERE'S A BIG DIFFERENCE BETWEEN THESE TWO RINGS.

IN TEN YEARS YOU'LL BE ABLE TO SEE IT.

The ring on the left has a band and setting of white gold.

The one on the right has a band and setting of platinum.

Right now, probably only a jeweler could tell the difference.

But in ten years, just about anybody will be able to tell.

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BEAUTY

it's all in the books

Easy reading for better looks

BRIAN BURDINE

The beach is crowded. Everyone you never wanted to see you in a bathing suit is there. Running for cover, you notice your string-clad girl friend flirting with the guy you've been eyeing all year. Her hair is shining; her skin is bronzed. And now she's writing her phone number in the sand! Is there no salvation? Will you always look your best at the beach in the dark? Good health and beauty don't come easily but reading the right books can provide the information needed for a prettier you. Read carefully or skim, but follow the suggested regimes meticulously. Commit your mind and body for a meaningful amount of time. Tuning into beauty books this summer can bring sunnier days and a brighter outlook for fall. Some of our favorites:

For those who need help fast:
Eileen Ford's *A More Beautiful You in 21 Days* (Simon & Schuster, $9.95) is the answer to prevacation or big-occasion blues. The author's own three-week diet, exercise and beauty plan enabled her to lose sixteen pounds plus inches from her hips and waist. Here, with day-by-day charts, she shares it with you. (There's lots more about Eileen Ford, models and dieting on page 98.)

"You look as good as you feel," says Polly Bergen, the author of *Polly's Principles* (Peter H. Wyden, $8.95). Don't let a down and destructive self-image result in a less than lovely you; face up to problems and shape up with the expert advice of this top performer and beauty authority. We were surprised to find how much Polly's problems are like the ones we hear about from you.

It's painless and it works:
Stretch, by Ann Smith (Cornerstone Library, $1), provides a daily exercise system based on the warm-up routines of dancers. Photographs and precise instructions illustrate proper posture and correct body usage. Best of all, the entire system is geared toward developing graceful movement, better proportion.

The natural look—naturally!
There's more to that super seventies appearance than meets the eye; one glance at *The Complete Herbal Guide to Natural Health & Beauty*, by Dian Dincin Buchman (Doubleday, $2.95), explains why. This organic guide is full of treatments, tricks and exciting herbal ideas you never heard of (but soon won't do without). Learn to collect and dry herbs for deodorants, astringents, bath tonics and chapped-skin chasers. Try facial masks of carrots, parsley or fruit; cleansers with sunflower seeds, almond meal or bran. It's an informative, fun-packed book and a hobby in itself.

Getting down to brass tacks:
The Medically Based No-Nonsense Beauty Book, by Deborah Chase (Alfred A. Knopf, $10), supplies the straight scientific facts on beauty and health problems, including up-to-date reports on subjects like acne and the effect smoking has on skin.

Now don't you look healthy!
For a natural, almost spiritual, approach to vim, vigor and shine, turn to the pages of *An Everyday Guide to Your Health* by David Stuart Sobel and Faith Louise Hornbacher (Grossman Publishers, $4.95). Superbly illustrated, it's an invigorating think-and-do book crammed with beauty know-how to keep you cool and pretty—even at the beach.

As always, we're doing our thing for a super-looking you. For SEVENTEEN's Beauty Book, send $1.25 (check or U.S. money order; no stamps) to: SEVENTEEN, Box 429, Canal Street Post Office New York, New York 10013

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At Bonne Bell, we believe in outdoor exercise. Especially running, because almost everyone can do it every day. And because it helps give you the glow of good health. But to keep your skin in glowing condition, you need more than exercise. You need Ten-O-Six Lotion. It's the remarkable cleanser that acts like a mini-facial,

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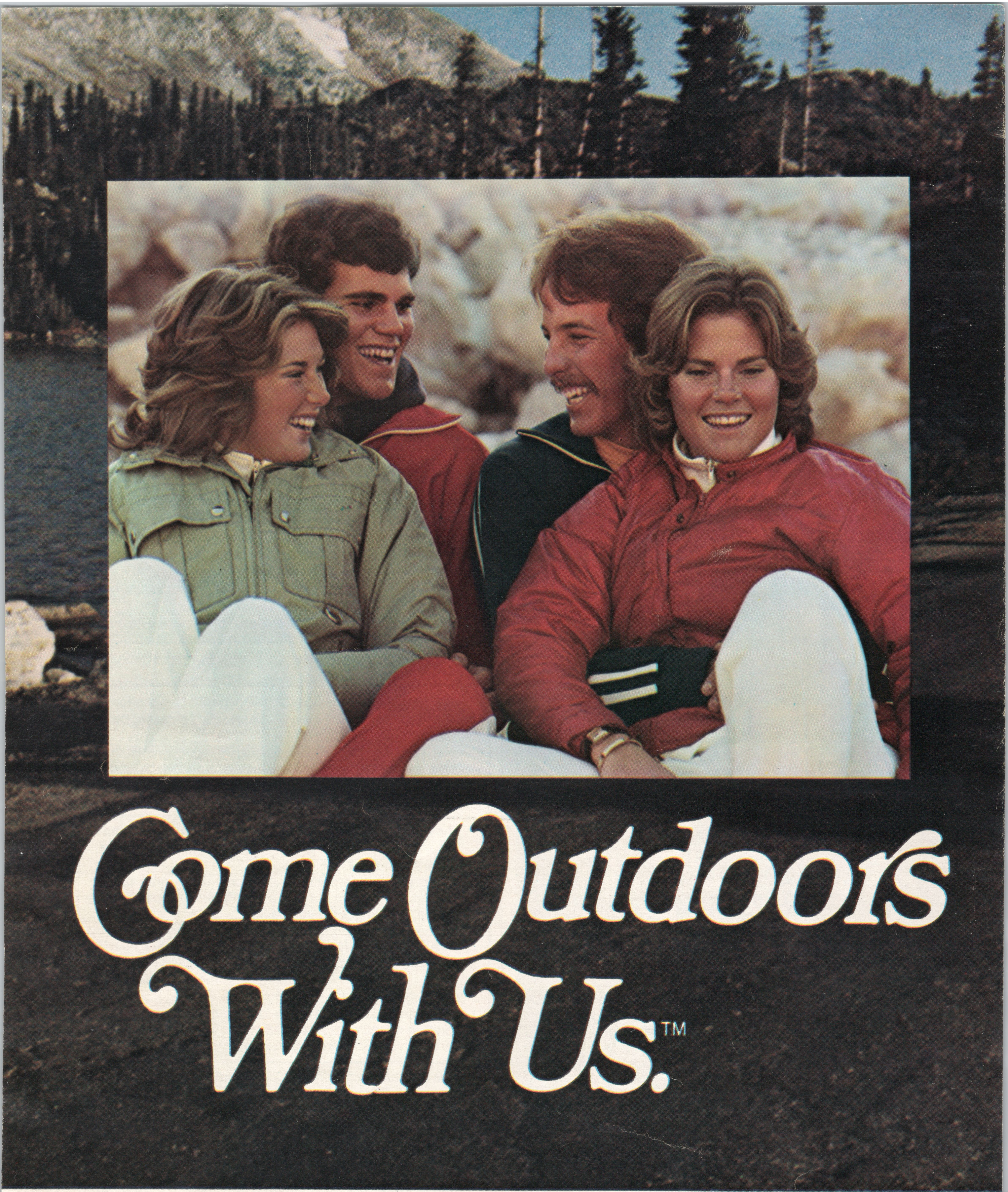

revving up circulation, getting pores deep-down clean,
and removing every trace of excess oiliness and grime.
Yet Ten-O-Six will never leave you feeling too dry or taut.
It has the proper PH to help normalize all skin types.
So follow Bonne Bell's honest beauty plan:
Exercise your body at least once a day.
And Ten-O-Six your face at least twice a day.

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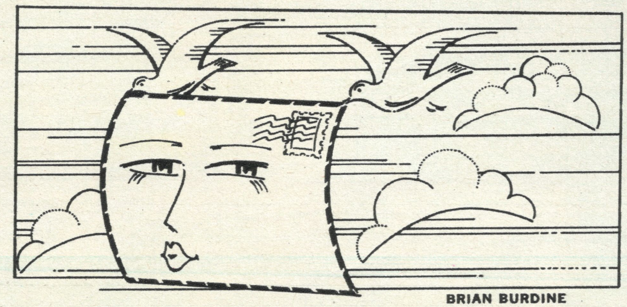

BRIAN BURDINE

Dear Beauty Editor

Problem-solving answers to the questions you ask

I have slightly sallow skin, so I always use foundation. My gymnastics class meets early in the day and afterward my makeup is ruined. My face looks like plastic! I don't have time to reapply makeup before my next class. What can I do?

Phyllis E., Brunswick, Me.

Dear Phyllis,
Your makeup looks streaked and blotchy due to perspiratioh. Try using waterproof makeup; perspiration won't affect it. A waterproof mascara, base and blush are your best bets.

My serf bangs won't stay rolled back. Suggestions?

Laurie B., Torrance, Calif.

Dear Laurie,
Set your bangs in the morning. (If your hair is fine, use a setting lotion.) If you use a curling iron, make sure it's hot; hold your bangs a minute or two longer than the rest of your hair. Add a touch of hair spray.

Any ideas for growing out hair cut in three lengths?

Andrea Z., Rockford, Ill.

Dear Andrea,
Keep cutting the bottom layers until the shorter layers on top have grown out. For a neat look, try clips or barrettes to hold short ends back.

I'm leaving for Israel this month. What can I use to protect myself from the sun while traveling?

Susan M., San Francisco, Calif.

Dear Susan,
Whenever you're outdoors use a moisturizer with a built-in sunscreen. A sun block around your eyes and nose gives extra protection in strong sun.

I'm fifteen and flat-chested. Would exercise help?

L. B., Toledo, Ohio

Dear L. B.,
There is no exercise that will actually increase the size of your breasts. However, if you exercise the pectoral muscles under them, they will seem larger. Stand straight, feet together. Lift arms straight out to the side; circle backward then forward ten times in each direction. (By the way, your breasts may not have reached their full size yet. Cheer up!)

My eyes always look bloodshot, especially after I take out my contact lenses. What can I do?

Karen R., Huntington, N.Y.

Dear Karen,
The redness could be caused by an allergic reaction or your contact lenses could be irritating your eyes. See an eye doctor immediately; he'll be able to help you.

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baby
oil

If the sun makes you feel dry all over, let us help you feel soft all over.

The sun may do wonders for your color, but it can take valuable moisture out of your skin. A little Johnson's Baby Oil smoothed all over can help you maintain your natural moisture. Help hide any peeling. And help save your sun-drenched skin from dryness. Every day after the sun, let us take good care of your skin. And keep your beautiful skin looking beautiful all summer long.

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Use Johnson's Baby Oil to moisturize your complexion.

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Use as a hand and body softener, especially if you're peeling.

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Pour a little in your bath to feel soft and smooth all over.

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If you have acne, the EPI*CLEAR® Kit should help...or you get your money back.

Use the Epi*Clear Squibb Acne Kit products as directed—Soap and Lotion in the morning...Scrub Cleanser and Lotion before bed. It's a simple, logical program to help your acne condition. In fact, we're so sure that you'll be pleased with the kit that we back every kit with a money-back offer. If you aren't completely satisfied after following the EPI*CLEAR program for two weeks, return the unused portion and your sales receipt to us (not your drugstore) for a full refund—no questions.

Look for Epi*Clear products in drugstores...If you find that your drugstore does not have the Epi*Clear Squibb Acne Kit and individual products in stock, please ask your druggist to get them for you.

EPI*CLEAR Squibb Acne Kit
EPI*CLEAR
EPI*CLEAR

The Scrub Cleanser—to cleanse, help remove oil and aid in loosening blackheads

The Lotion—to reduce oiliness and aid removing of superficial dry skin

The Soap—to cleanse and reduce oil

The Kit—Three products combined for a logical acne skin care program all in one

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what's cooking

Two sisters cash in on crafts

Last summer, Moira (above left) and Colleen Kennelly (right), of Kent, Washington, tried making the dough sculpture baskets shown in the April '74 issue of SEVENTEEN. In four hours they put together four beautiful baskets which they decided to submit to the judges for Seattle's Bumbershoot arts and crafts fair. The baskets were such a big hit that the girls were given the go-ahead to plan their booth, Country Crafts, for the upcoming fair.

The Kennelly household quickly turned into an assembly line, with the whole family pitching in. While Moira, twenty-one, and Colleen, sixteen, were literally up to their elbows in flour, Mr. Kennelly was making a backdrop for the booth. After several tries, the girls found dough sculpture much easier to do. Soon they were shaping and baking pins and napkin rings too.

On the opening day of the fair, business was booming, despite unexpected cold weather. People milled around the booth, attracted to the dough pieces plus corn-husk dolls and holiday wreaths made by Mrs. Kennelly and Moira. Among the customers: several gift shop owners who asked the sisters to supply them with dough craft on a wholesale basis. The girls did, using their leftovers!

The Bumbershoot experience left the Kennellys exhausted but excited. In two days they earned over two hundred dollars. And the fair opened up another market for them. Recently Colleen began supplying her brother-in-law's gift shop with her dough pins. Summing it all up, she says: "It was a profitable and fun venture for everyone." For tips on selling crafts, see page 66.

Do you have any special food-related crafts or recipes you'd like to tell us about? We're always interested in your experiences. If your info leads to a story, we'll pay! Write: What's Cooking?, SEVENTEEN, 320 Park Ave., New York 10022.

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And because there's a different Everynight Shampoo for different kinds of hair.

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Shampoo

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EVERYNIGHT
WILD STRAWBERRY
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10¢ LIMIT, ONE COUPON PER PURCHASE. 10¢

SPORTS

what's in a hero?

Maybe superathletes aren't superhuman. But they come close

by Janice Kaplan, 18, New Haven, Conn.

OUR HERO!
MY HERO!

The first time I met Billie Jean King she had just won a close tennis match and she was sweating and smiling and jumping around the locker room.

"I've got to stay tough—can never let up," she said. She punched her racket a few times. "It's great when you're feeling your best and can keep going and going." Her recent opponent grimaced and slunk into the shower, while I nodded happily at hearing my idol speak.

Billie Jean has been my sports idol for a long time. That's curious, I suppose, since I was a nonathlete in high school. Exercise used to mean changing my clothes four times before a date. But watching B.J. made me start idolizing the jocks—she's always pushing herself, constantly energetic, always trying just one more thing. "Athletes live more than most people," she says.

Successful athletes like B.J. are the ones who keep plugging after their competitors have quit. They don't always have the most skill—just the most gutsy determination. Nineteen-year-old swimmer Shirley Babashoff wins gold medals by churning through the water even when her arms feel like lead. She often wins a race by just a few hundredths of a second; but she wins. Roger Bannister, the first person to run a mile in less than four minutes, used to pace himself so that he would collapse as soon as he crossed the finish line. He liked to know he had given his ultimate.

A few months ago I saw eighteen-year-old tennis player Björn Borg lose the first two sets in the semifinal round (best three out of five sets) of a major tournament. He was done, everybody figured; the bowlegged kid could leave right then. But he decided to stay and he won the next set. And the next. And the next.

"I play better when I'm down," said Borg afterward. "Then I know I must do the very best I can on every shot I make."

That's the part of sports that intrigues me—doing the very best you can. Ever wonder how good you could be at something (anything!) if you just worked a little harder and spent a little more time? Athletes are always proving how much an individual can do. Babashoff's record times are close to or better than the men's records of not too many years ago. And Mary Decker, a sixteen-year-old runner, has been breaking various track records since she was thirteen.

Another sports hero of mine is Guillermo Vilas, an Argentine tennis player with a blistering backhand plus a charming smile. He was top money-winner on the Grand Prix circuit last year—coming out of nowhere to beat many of the old stars. A typical Vilas match goes five sets and turns into an endurance test. Vilas chases down every ball and never gives up a point. "I try hard, no matter who I play," he says. "I hit like crazy. That way I satisfy myself."

Vilas has been getting packs of fan mail and presents—everything from a pair of pink tennis socks to a noodle bracelet. He shrugs at the attention. "People start to like you once you like yourself," he says. "When you have confidence, you win."

You don't need a special physique to participate in sports. Of course it's helpful to be seven feet tall if you want to be a pro basketball player. But if you're four foot ten and weigh 85 pounds, you can be a jockey, a gymnast or a diver. Mack Herron, a star running back for the New England Patriots, is only five foot five. "Sure, I'm too small to play pro football," he grins. "That's why I do it."

The margin separating the winner from the losers *(continued on page 23)*

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If you apply, here's how the judging will go: 15% for scholastic achievement, 15% for youth fitness, 15% for poise and appearance, 20% for creative and performing arts, and 35% for your ability to express yourself and your sense of values in an in-depth interview with judges. At the very least, you will share an experience with other outstanding girls in your community. At the most, you could become the next America's Junior Miss!

For information, write: America's Junior Miss, Department 17, P.O. Box 457, Mobile, Alabama 36601

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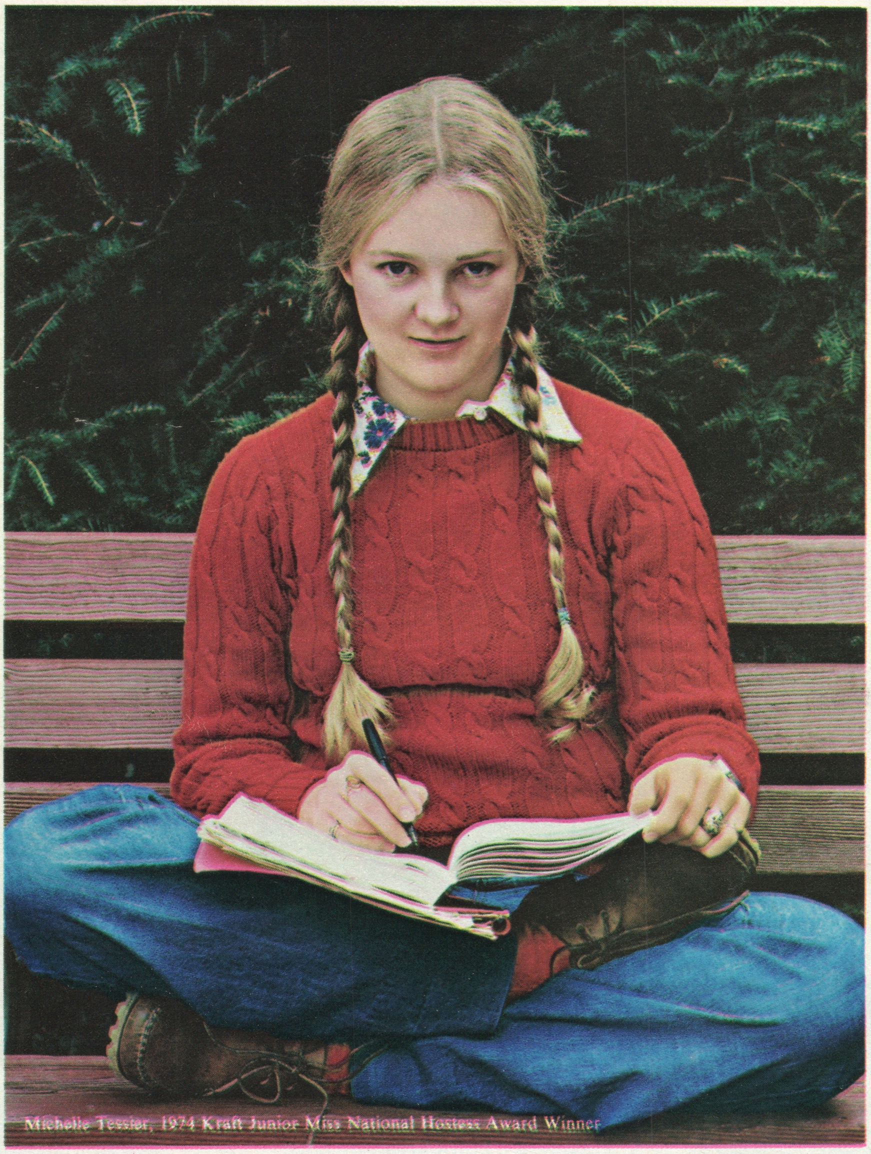

Michelle Tessier, 1974 Kraft Junior Miss National Hostess Award Winner

She's a thinker, a scholar, a doer. With personality, poise and talent. And she's just one of thousands of positive, caring, committed young people who will build this country's future. At Kraft, we think it's important to help provide the encouragement and support these young people deserve. And we want to express that support through the America's Junior Miss program, with scholarship aid and with public recognition. That's why year-round state and national support of this salute to America's youth has become a proud tradition at Kraft.

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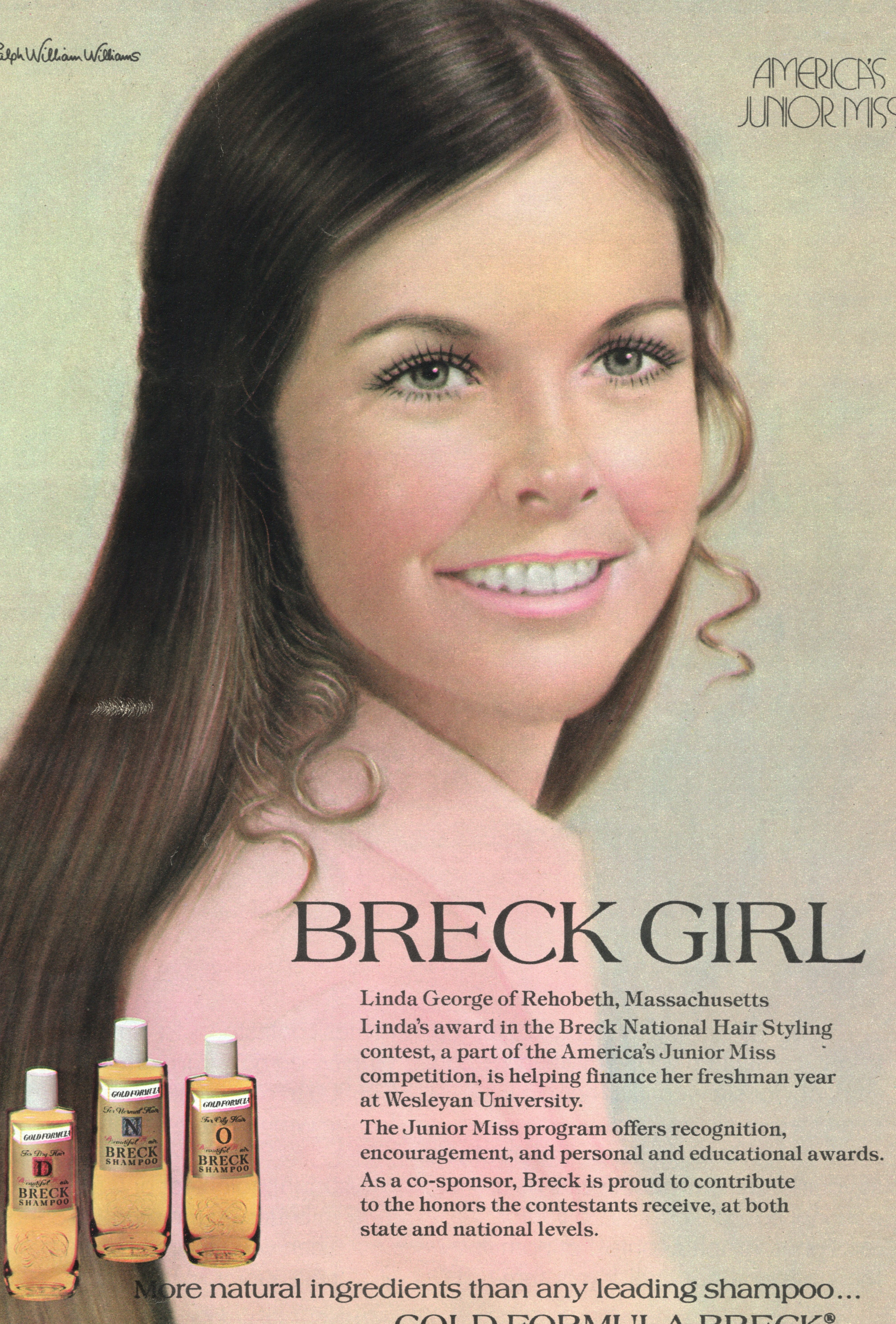
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AMERICA'S
JUNIOR MISS

BRECK GIRL

Linda George of Rehobeth, Massachusetts

Linda's award in the Breck National Hair Styling contest, a part of the America's Junior Miss competition, is helping finance her freshman year at Wesleyan University.

The Junior Miss program offers recognition, encouragement, and personal and educational awards.

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Donna Bullock, Texas' Junior Miss and winner of the National 1974 Kodak Junior Miss Photo Awards.

We'd like to recognize all the bright, committed young women we can. And, obviously, we'd like them to be interested in picture-taking.

So to challenge the creativity in your kind of woman, Kodak as a national cosponsor offers a Junior Miss photographic contest at both the state and national levels that invites contestants to "Fill the Frame with Meaning." We're offering a total of $18,500 in college scholarship money for the winning photographs.

Do you think of yourself as bright, talented, and interested in bettering the world around you? Then you just could be America's next Junior Miss.

Kodak

AMERICA'S JUNIOR MISS

. . . A HERO?

continued from page 18

in sports is small. If Olga Korbut misses a flip on the balance beam by a quarter of an inch, she'll land on the floor in defeat. It doesn't matter how well she can do in practice—only how she performs when the spotlight is on and the judges are watching. I'm impressed by athletes who win—whatever style they use—because they're the ones with a little extra toughness, a little extra grit.

I know one man who has spent years learning the perfect golf swing—but has never played in competition. He's only interested in the esthetics of the sport, he says. It's fine, I think, to care about how you play the game, but part of the game is playing under pressure. One of my jock heroes is quarterback Joe Namath, who can stay cool while three 260-pound linemen are rushing at him and sixty thousand fans are screaming. He knows that if he misses his target he will lose the game—and he still throws a perfectly aimed football thirty yards or more. Even if you don't care about the game's outcome, you have to hold your breath while Namath's throwing and wonder how anyone can have that much poise.

Sports feats like Namath's consistently amaze me. Athletes aren't superhuman, but they push their human qualities to the limit—which is what being a hero is all about.

I look up to athletes because they have traits I like to emulate. "When you trust your body you can believe in yourself and be independent," says Billie Jean King. I finally understand why kids trade those bubble gum baseball cards and hang around football fields to cadge the players' autographs. I now have a Billie Jean King T-shirt, a colorful picture of Guillermo Vilas and a cache of interviews with my favorite athletes.

Trade you one Chris Evert interview for a poster of Margaret Court. Deal?

Physical fitness is beautiful.

Something beautiful is happening to girls. They are not just spectators anymore. They're into Physical Fitness. The results are simply beautiful when parents support the Physical Education programs of their schools.

The President's Council on Physical Fitness & Sports

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This summer, like last summer, more people are going to be passing Coppertone® Tanning Butter than any other. Because Coppertone is chock-full of cocoa butter and coconut oil and other soft, buttery things that help you get a deep, rich, tropical-looking tan. So when you ask for tanning butter, make sure they pass you *the* tanning butter—Coppertone.

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Clairol introduces a glow that

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There's never been anything quite like it.

For months now, you've been reading about hairpainting in leading magazines and seeing this great new look coming out of beauty salons.

And now hairpainting is here. With Quiet Touch™ from Clairol.®

First of all, here's what it does for you. It gives your hair a subtle overall glow that makes you look wonderful without anyone knowing exactly why. You'll see shimmers of light running through your hair like they just happened there. Hairlights, if you will.

Soft and natural, the way a woman feels and wants to look these days.

Now, the other good news. What Quiet Touch

Before

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with Quiet Touch.™ picks up where nature left off.

doesn't do. It doesn't change the overall color of your hair. (It adds new dimensions.)

There's no double-processing anything. And no touch-up routine. (You can do it only once, it's that subtle. Or again and again to add more hairlights.)

Everything you need comes in a kit. It only takes a little time. And, it's so easy you won't believe it.

Here's all you do:

With our brush, you just paint delicate ribbons on the top layer of your hair, as many or as few as you like. (And since you paint only on the top layer, it's not messy.)

Wait about fifteen minutes, then shampoo.

And when your hair dries, your new hairlights blend in for a subtle new radiance.

So why not?

Quiet Touch hairpainting really just picks up where nature left off.

Quiet Touch
The Hairpainting Kit for brush-on hairlights
Clairol presents hairpainting!
QuietTouch™
The Hairpainting Kit™ for brush-on hairlights
This is the brush you use. Simply brush on Quiet Touch for gently glowing hairlights.
These are the hairlights you get. Subtle flickers of light to give your hair a delicate glow.
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Quiet Touch.
The hairpainting kit™
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Nothing is going to keep you out of the cool blue water. The days of staying on dry land because you have your period are over. You just love to swim. And with Tampax tampons you're as free in the water as you are on the land.

Tampax tampons give you the kind of protection you can depend on. More than enough for your normal needs. They come in three absorbency-sizes, including the exclusive Juniors which are easier to use when you're just starting to menstruate.

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Cologne, Cologne Spray Mist, Dusting Powder.
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"My high school fun is over. Now I look forward to a summer full of activities"

SUSAN FORD'S WHITE HOUSE DIARY

STEEN SVENSSON

This summer I have more things lined up than I'll probably ever have time to do.

For one thing, I'm going to concentrate on my photography. My senior project at school was taking pictures of my father at work. That was fun and gave me some good experience. But I need a lot more before I'm ready to show my pictures to anybody but my family.

I'm getting so I don't have to think as much about the mechanics of working a camera and can concentrate more on the expressive part and on composition.

I'm planning this summer to go around to news and feature events with some of the professional photographers I know who cover the White House. I'll shoot the same pictures they shoot and learn by watching and listening to them.

I'd also like to do a photo essay on Washington, D.C. The city is so alive—with thousands of visitors who stream in every year to the famous monuments. I'd like to capture that feel of activity and excitement if I can.

You see a lot of tourists in the White House, since it's not only our home, but a national monument as well. I suppose it sounds strange to say you live in a monument, but I have to admit it's really very nice most of the time. People are always asking me how it feels to live in a house that thousands of people troop through five days a week. I actually don't think much about it. We have privacy in our second and third floor family quarters. I suppose, in a way, it's a little like living in an apartment. You don't think about what's going on on the floor below (unless it's a state dinner and the dance band makes it hard to concentrate on homework or sleep!). The big public rooms downstairs—the Red Room, Blue Room, Green Room, and so on—are really the museum part of the White House. It's hard to think of them as part of "my house."

In addition to taking pictures, I also hope to do a lot of swimming this summer. Dad has always liked swimming and thought it was good for us kids, so we grew up with a pool in our backyard in Alexandria, Virginia. It has always been my favorite sport—right after skiing. At our house it seems you learned to swim about the time you were learning to walk! So I guess that's one thing I miss about my old backyard. It's hard when I visit old neighbors and see strangers swimming in "my pool"!

I understand there used to be a pool at the White House. It was inside and somebody told me it got pretty hot and steamy in the summer anyway. But there are plenty of other things to do around here. There's a great record collection in the White

(continued on page 32)

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House that I can use—and a pool table on the third floor (where I have my room) that a bunch of us use all the time. There's also a little theater in the East Wing that the staff uses for meetings during the day. We're allowed to have friends come for movies at night, and the motion picture people have been great about getting us good ones.

There's also a tennis court on the lawn, which we share with the staff. Dad has always liked tennis, even if he doesn't have much time to play. But he still beats me every time we manage to get on a court.

About the only thing it's hard to do is to find a private place to lie in the sun. I've found one spot, up on the third floor behind some balconies. The first time I used it, I forgot how white paint reflects the sun, and I hurt for a few days afterward!

I also hope to spend some time this summer at one of the beaches on the Atlantic. I especially love swimming in the ocean—tasting the salt, getting carried by the waves.

But the part I like most about the beach is the feeling of relaxation and aloneness. I can sit by myself, enjoy the motion of the waves and fall asleep listening to the gulls. And it's great to play a game of Frisbee or volleyball with a bunch of people as sunburned as you are or watch the sun go down while you're building a fire or getting hot dogs out.

I also hope I can do some foreign traveling with my parents.

By the time you read this I will have passed that great milestone—high school graduation—and be into summer. It's kind of sad, too, knowing that a certain type of fun is over. I guess that's why I really want to spend a lot of time with my friends this summer before they go away to school and I start Mount Vernon College in Washington in the fall.

I also want to do some "fun" reading, this summer. After spending years reading what's required for school, it will be nice to relax with things I don't *have* to read.

I like Herman Hesse and Mark Twain. I want to read J. R. R. Tolkien's *The Hobbit* and also *Portrait of the Assassin*, the book my father wrote after he served on the Warren Commission, which investigated President Kennedy's assassination. By the time I get through with that, it will be time for college orientation.

So here's to the summer of '75. Hope it's a good one for you too.

There's only one smell I can wear anywhere.

Johnson's Baby Powder.

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There's something very special about the soft smell of Johnson's Baby Powder. It's anything I want it to be. It's fresh. It's romantic. It's gentle. And it's feminine. That's why I wear it all over. Every day. Whatever I'm doing.

Besides making me smell nice, the silkiness of pure Johnson's Baby Powder leaves me feeling clean and fresh after my bath. And when my body feels nice, it helps my head feel the same way.

Johnson & Johnson

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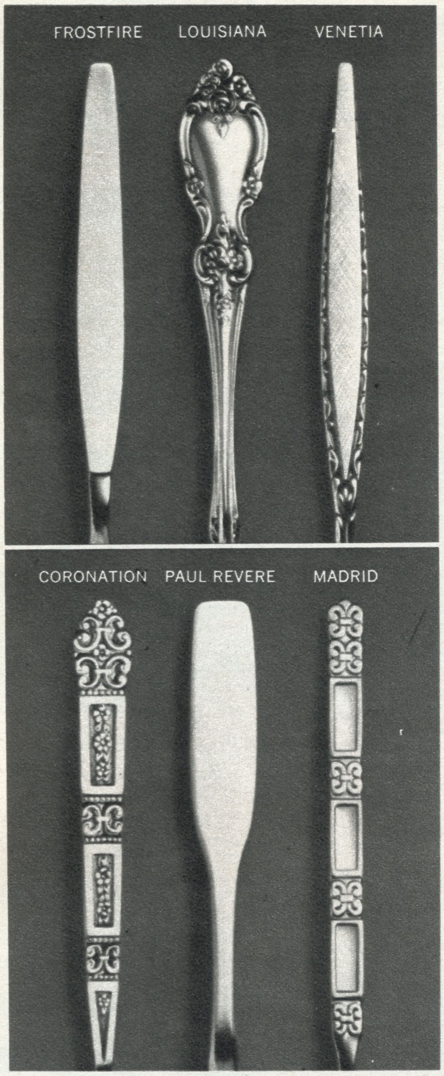

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Getting Religion

The last time I was in Chicago I was accosted, with attempt to convert, by four different religious sects.

First, the "Moonies." "Hello," said one nattily attired disciple of the Reverend Sun Myung Moon. "God is not dead, but we've lost him. Learn how to get God back." He thrust tickets to a mass sermon at me and I thanked him.

I walked on, wondering where we could have lost God; then, on the next corner, I saw a man feverishly pleading with all evildoers to repent. "You will burn!" he warned, gesturing wildly.

Farther down State Street a blue-jeaned young man stopped me to ask if I'd like a copy of the *Book of Krishna.* Curious, I took the paperback. He then asked for a donation. Since I had only fifty cents in my pocket, enough for El fare plus five cents, I offered him the nickel. "Why don't you dig a little deeper in your pocket?" he suggested. I thought of offering him a handful of lint and a fuzzy Life Saver but skipped down the El steps instead.

There, across the tracks, was a man preaching repentance through a portable electric megaphone, his voice booming.

I continued home, contemplating the marvels of modern religion.

—Rita Lynne Rubin, Wheeling, W. Va.

More on religion on page 96.

Hairy Tale

During school break I had my past-the-shoulder-length hair cut in a short shag. I hated it! My nose looked bigger, my hair frizzier, my freckles frecklier.

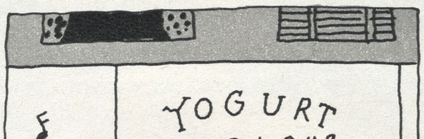
I couldn't face my friends. They'd laugh—call me a freak. I hoped it would rain the day I was to go back to school. Then I could wear a rain hat all day or catch the measles or the kung flu or slip and break a leg.

I decided to be brave. If my friends laughed, I'd know they weren't true friends. I'd change schools.

I wore my prettiest pantsuit, my most fragrant perfume, my sexiest knee socks. I walked in. My best friend came up to me. "Hey, you look cute," she said. "Did you get new glasses?"

—Janet Gershon, Calhoun, Ga.

Yogurt, Everyone?



My mouth watered as I eyed the luscious, sweet creamy stuff. "One raspberry cone with nuts and honey," I finally decided. The counterman held the natural honey cone under the machine and let the soft frozen yogurt slide in. That's right—yogurt. The world's first yogurt emporium, the Dannon Yogurt Store, opened in New York City this spring.

Yogurt is served in enough flavors to thrill the most fanatical ice cream fans (toppings of nuts, honey or granola optional). You can also have it mixed with fruit juice or frozen between two natural honey wafers (yoguburgers).

The store is just one sign of the yogurt explosion. In cities all over, white trucks with ringing chimes now sell yogurt cones. In New York City yogurt and hot dog vendors compete for street corner sales. Health food novelties like natural yogurt chips have found their way to supermarket shelves. If you haven't tried yogurt yet, you have a lot of catching up to do.

—Debbie Simon, Flushing, N.Y.

More on page 36

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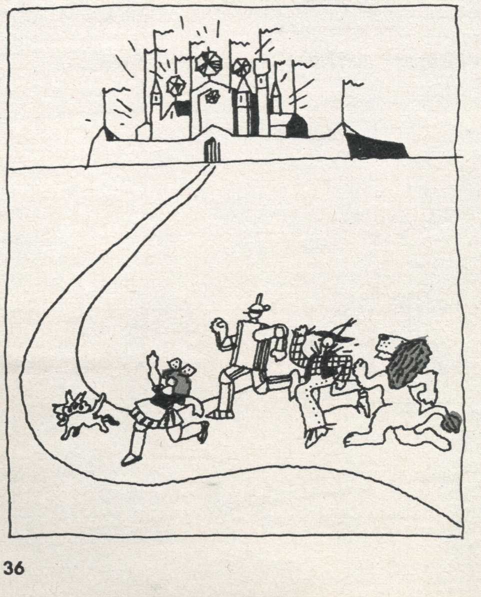
continued from page 34

Wiz Quiz

Oz madness is rampant. When L. Frank Baum wrote *The Wonderful Wizard of Oz* and its sequels, no one took him seriously. But today people hunger for facts about his life, flock to see theatrical adaptations of his books, analyze his writings. Are you an Oz whiz? Test yourself: 1. When was *The Wonderful Wizard of Oz* first published? 2. Was Dorothy the name of Baum's daughter? 3. What actress, besides Judy Garland, was considered for the lead in the 1939 movie? 4. The movie won two Academy Awards. What were they? 5. What strange Munchkin pastime was not mentioned in the movie? 6. Baum's Emerald City wasn't really green but looked green. Why? 7. Who played the Tin Man in the unsuccessful 1925 film? 8. What is the title of the current Broadway adaptation? 9. Was Baum the sole writer of Oz books? Answers: 1. 1900. 2. No. He planned to give that name to a daughter but had only sons. 3. Shirley Temple. 4. Original Score and Best Song *(Over the Rainbow)*. 5. They painted and dyed everything blue—their favorite color. 6. Those entering the city were fitted with green-tinted glasses which were locked on. 7. Oliver Hardy. 8. *The Wiz*. 9. No, but he was the first.



How did you do? If you got more than half incorrect, get a copy of *The Annotated Wizard of Oz* by Michael Patrick Hearn (Clarkson Potter, $15), 384 pages of facts, photos and illustrations, plus the original text.

—Allison Wilson, New York, N.Y.

Mobile Pets

Unless you're prepared, traveling with your pet can be a problem. To be sure your pet gets a warm welcome, send for: "Touring with Towser" (Gaines, Box 1007, Kankakee, Ill. 60901; 50¢), a directory of the many hotels and motels that will accommodate guests with dogs. It also includes tips to help make the trip safe and enjoyable. And from the ASPCA (441 E. 92nd Street, New York, N.Y. 10028; 30¢), "Traveling with Your Pet," a pamphlet listing all the requirements for taking pets on trips here and abroad.

—Teresa Lee, Ogden, Utah

As a Person

"I write poems too." I looked at her; somehow I couldn't picture Grandmother writing poetry.

"What are they about?"

"Different things. About being old and lonely. About what it's like to see something for possibly the last time."

"Will you show them to me?"

"Oh, no. I couldn't do that . . . I showed them to your aunt and she told me never to show them to anyone. She made me promise to get rid of them."

So I dropped the subject. Grandmothers don't write poetry. They cook delicious food, tell stories about when they were young. They don't write poetry.

I forgot about it until after

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the funeral. My aunt wanted to find the poems, to destroy them in case my grandmother hadn't done it. So I went with my aunt to clean out my grandmother's apartment and find the poems. I found and hid them, took them home to read.

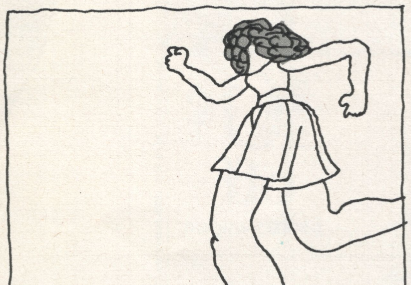
They were on different things: on seeing her first grandchild, on missing her husband, on what it was like being old and lonely when she was once young and loved. But grandmothers don't write poetry, I thought.

So I hid them again, too well this time. I looked for them one night and couldn't find them. I thought about them and how she had mentioned my grandfather in them. And my grandmother wrote poetry. Or rather, she wasn't my grandmother, she was a person who made delicious food, told stories about when she was young and wrote poetry. She was a person.

**—Wendy Goldstein,
Dresher, Pa.**

Art Feet

I'm crazy about weird socks. Every time I go shopping I pick up a new pair. One day I thought, why not try tie-dying socks? So I took plain white cotton socks, wrapped them tightly with rubber bands and soaked them in dye (follow instructions on dye box). Try it!



**—Patty Gregor,
Cheektowaga, N.Y.**

Give your wood platforms a lift after the finish has become weather-beaten. First, sand the wood lightly and smooth out any nicks. Then, following instructions, apply a wood stain (there are lots of shades to choose from); let dry thoroughly. Later, you can add metal studs or glue on rhinestones.

**—Karen Gurski,
Columbiana, Ohio**

Kiev Tour

Moscow is drab and serious. Leningrad is beautiful, its people sullen and withdrawn. But through all the troika rides, museums, conferences and concerts, Kiev was the city I had waited to see. My family is from the Ukraine and I hoped to tell them good things about the land they loved and left.

Coming to Kiev was like seeing the first spring flowers after a long, bitter winter. As our busload of tourists drove through the streets people smiled and we laughed and waved back.

The city still clings to some of the old ways. People line up early in the morning outside stores, waiting to bargain for fresh food. Women scrub clothes along the banks of the Dnieper River. And the Ukrainians work hard to preserve their architecture and language, which is not as somber as the Russian spoken elsewhere.

I thought about my grandparents. I saw their features everywhere. They would never return to this dark, rich soil or breathe this clear, icy air. How stuffy their little flat must seem to them.

**—Meryl Lee Locke,
Silver Spring, Md.**

If you have an *original* poem, article, or some practical advice you'd like to share, write it in no more than 200 words and mail to SEVENTEEN, Free for All, 320 Park Avenue, New York, N.Y. 10022. We'll pay you if we use your work. Only those manuscripts being considered for publication will be acknowledged (within eight weeks of arrival). None will be returned.

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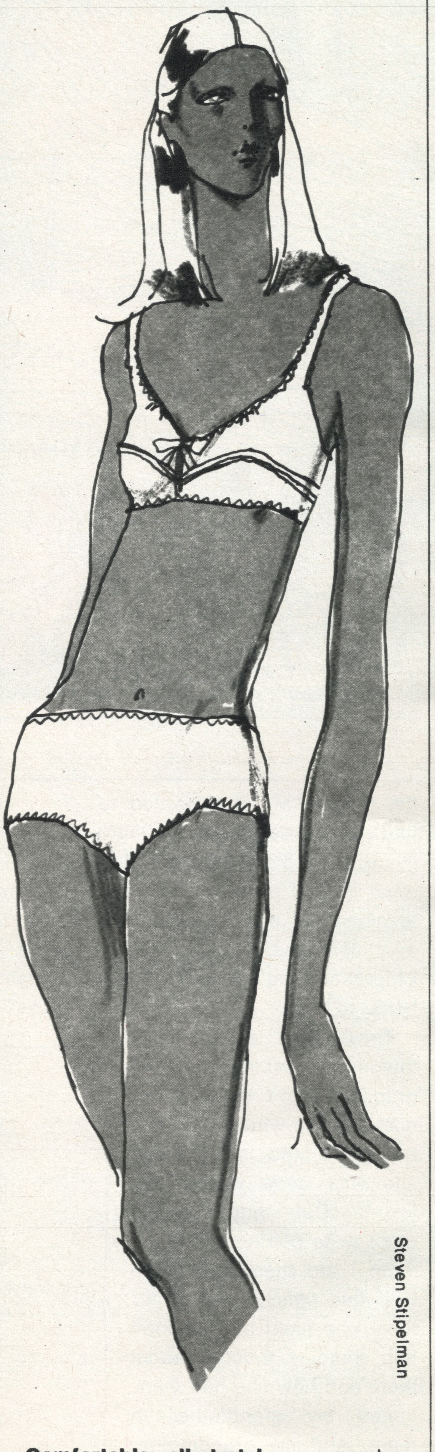

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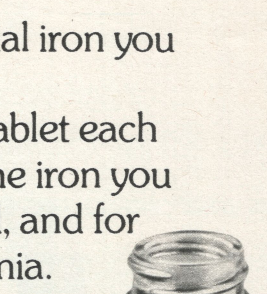
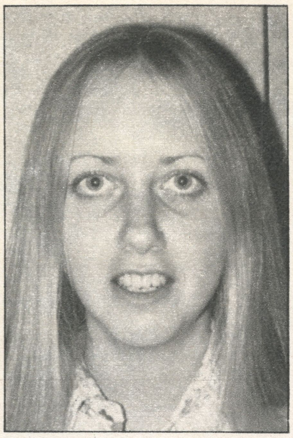


TEENWORK

in my opinion

Let's try to face death instead of fearing it!

by Maureen Madden, 17, Troy, N.Y.



A young child at his mother's funeral cries, "Wake up, Mommy, please wake up!"

His father, trying to soothe the boy, answers, "Mommy is sick. She's going away for a while."

"Then why didn't she say good-bye to me?" Nobody explains.

But what happens when his mother doesn't ever return? What explanations can be given to youngsters puzzled about death? It's a traumatic experience to lose someone close. Some people suffer from lifelong guilt and anxiety.

We can do more, I think, to prepare children for death. Even at a young age, most children are capable of comprehending what happens when a living thing dies. Why not explain some of the facts and explore our emotional responses as well? School discussions might prove quite helpful, but until recently schools generally have avoided the topic. Fear of dying is natural because we don't understand much about death. But if we study and discuss the subject openly, I think it's possible to begin to accept death with less anxiety.

Parents, in talking with children, can teach that life is given us for a certain period. Someday those we are close to will die, just as we ourselves will. This should be taught a little at a time in terms that are best understood by each child. Simply explaining that death isn't a punishment may relieve some of the anxiety a child might have.

When a pet dies, it might be a suitable time for such a talk. A very young child, especially, is likely to be full of questions. He has lost an animal he loved and probably wonders where the pet went, why it died and if he will ever see it again.

So often we cut off such questioning with a remark that leaves a child more confused. It's better to be open and encourage a youngster to talk about how he feels or to cry if he wants to. He needs reassurance that he wasn't responsible for the death and is likely to live a long life himself.

Many people prefer to shield children from the sadness of death. Why cloud what should be happy years? But children do encounter death. When I was seven, my grandfather died. I was upset, naturally, but not frightened. I guess I owe that response to the way my family reacted. It was a sad time, but we talked and expressed our grief openly. I was able, even at that age, to accept that Grandfather couldn't be with me forever, and that satisfied me. I've found I'm now better able to handle death than friends.

Sometimes friends stand aghast when I explain matter-of-factly that I can't attend a certain function because I have to go to a relative's funeral. My early experiences have helped me in learning to accept death and express my sorrow. Maybe if we talked more about this fact of life with children, we'd all be able to face death instead of fearing it.

Why not express your opinion (it may be worth $100) in 800 words and send to: In My Opinion, SEVENTEEN, 320 Park Ave., New York, N.Y. 10022. Include birth date and return envelope.

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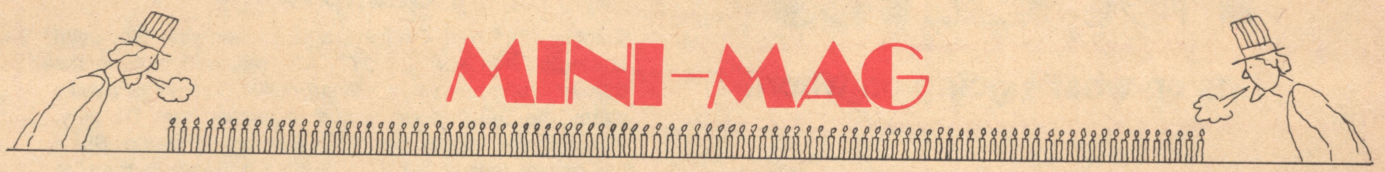


MINI-MAG

BICENTENNIAL SPECIAL

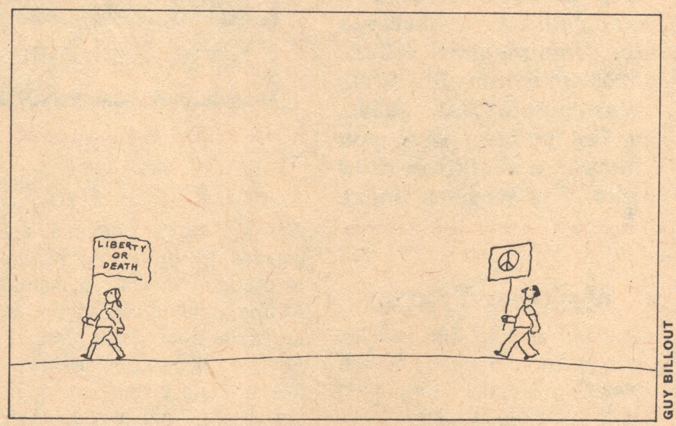
Looking Back 200 Years

Colonial kids at the front had muskets and spirit

During the American Revolution, there were some three million people living in the thirteen colonies, half under the age of sixteen. (Today, the U.S. has almost twenty-nine million teens—13 percent of the population.) But way back then there was no such thing as "adolescence," no separate teen culture with its own music, literature, style of dress. Teens were treated as adults, expected to work as hard and conduct themselves as soberly as their parents did.

With rare exceptions, a child's destiny was sealed at birth. If the parents worked the land—as 90 percent did—so, too, would their children. By the age of six or seven, dressed like miniature replicas of their parents, children were already carrying their own weight. There was little time for recreation; even that was disguised work—quilting bees, husking matches, apple-paring contests, house-raisings.

When not working, young people were expected to be seen and not heard. One code book on children's manners warned: "When any speak to thee, stand up. Say not I have heard it before. Never endeavor to help him out if he tell it not right. Snigger not, never question the Truth of it." Any breach in behavior was punished, often with a whipping.



GUY BILLOUT

Education was largely the privilege of the upper class. In the southern colonies, where plantations were far apart, there was an occasional "old-field school," established by neighbors in a worn-out shanty on an exhausted tobacco field and run by an itinerant teacher of often questionable credentials and drinking habits. In the more urbanized North, public schools were more common but seldom of high quality. Further private tutoring or attendance at the country's five major colleges (Harvard, Yale, Columbia, William and Mary, Princeton) was a luxury. Even a minimal education was usually considered superfluous for women, whose only future lay in domestic life.

Courtships were conducted under the watchful eyes of parents, who traditionally selected their daughter's mate. Premarital sex, though frowned upon and punished, was not uncommon, especially during the betrothal period when a woman was no longer considered single. More than one bride walked pregnant down the aisle. The marriage contract was signed by the groom and the bride's father, for in such legal matters a woman was considered incapable of handling her own affairs.

But the spirit of independence was strong in both sexes. Most young women could wield a musket as well as a man and, if not at home helping to defend their land, they followed their husbands into battle, fighting in their stead when the men were killed or wounded. Because they were seldom bothered by enemy troops, young girls, far more than boys, were used to deliver messages from one American camp to another.

For each revolutionary hero, there was a heroine. At the age of seventeen Alexander Hamilton, a Columbia College student, was making fervent speeches and writing brilliant pamphlets in defense of freedom. Betsy Ross was a widow in her twenties when she not only helped design but sewed our first flag. James Madison was twenty-five when he signed the Declaration of Independence. Emily Geiger, of South Carolina, was eighteen when she carried a letter on a perilous mission from General Greene to General Sumter. She was intercepted by the British, ate the letter before being searched, was freed and finally delivered the message, which she had memorized. James Monroe crossed the Delaware with Washington at eighteen. (For more female activists, see "On the Light Side," page 50.)

—Gini Kopecky

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Editors: Judsen Culbreth, Annette Capone, Eleanor Fairclough. Associates: Patricia Corcoran, Elizabeth Rosenstiel. Design: Barbara Chapman

Hot Lines

Tips on what's going on where

To the Point

How do you know it's official? Look for the American Revolution Bicentennial Administration symbol. A white star surrounded by bands of red, white and blue identifies all activities

AMERICAN REVOLUTION BICENTENNIAL 1776-1976 ®

and commemoratives authorized by ARBA. Also holding the line on the "buy-centennial" is *America's Birthday,* an activity guide to spark spirit, not profit; from the People's Bicentennial Commission.

Working Papers

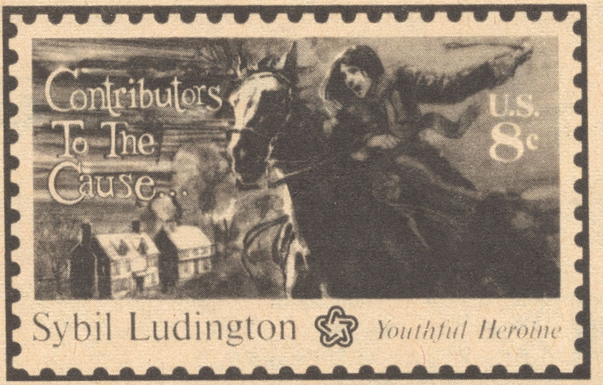
- **The People's Bicentennial Commission has been asking citizens to "sign" the Declaration of Independence, but nearly half of those polled have refused. Why? "Too radical," they claim. Look it over yourself; copies available from Uncle Sam. Write for the list "Documents from America's Past": Consumer Information, Dept. 3, Pueblo, Colo. 81009.**
- **Teens, active in the politics of their state, call toll-free numbers for information on bills in process. To find out if your state has such a bill status line, dial 1-800-555-1212.**
- **Keep up with congressional hearings, federal agency meetings open to citizens. The Public Citizen Visitors Center issues up-to-date calendars and will tell you how to get involved at the local level too. Stop in or send a stamped return envelope for information: PCVC, 1200 Fifteenth St. N.W., Washington, D.C. 20005.**
- **Tell officials what you think in a $2, fifteen-word wire. Call Western Union.**

Making Tracks

Railroad and Americana nuts, hop aboard the Freedom Train steaming through forty-eight states. Inside its cars, multimedia exhibits, memorabilia. And at whistle-stops, true red-white-and-blue hoopla—fairs, speeches, parades. Admission: $2 for a twelve-minute "trip." Turn page for route.

Stamp Act

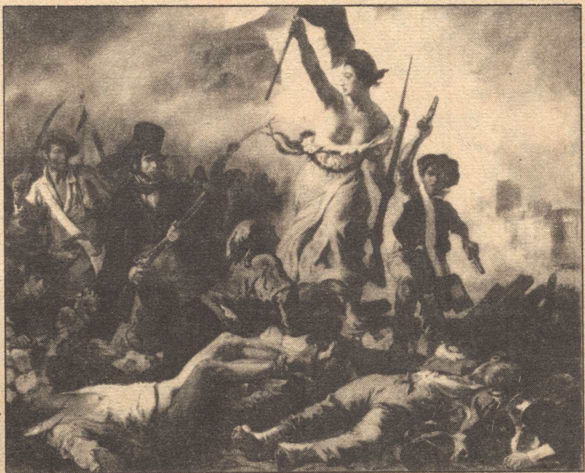
Catching up with Paul Revere: sixteen-year-old **Sybil Ludington.** On April 26, 1777 she galloped through the Connecticut countryside rallying militia. Thanks to Sybil's alarm, the British were forced to retreat from Danbury. Now the revolutionary teen rides on an 8¢ stamp. She's just one of four little-known patriots honored in the U.S. Postal Service's Contributors to the Cause series . . . Collectors on the go can pick up a Bicentennial **Philatelic Passport.** A series of four is offered: for eastern, southern, central and western regions. Mount stamps of your choice inside; have them hand-canceled at post offices near historic sites. Each $2, from the Philatelic Sales Division, Washington, D.C. 20265 . . . Or follow artist Carol Yost's lead. Clip and arrange your collection, collage-style, into **postage stamp portraits.** How? Lickety-split!



Play by Play

Get into the Bicentennial act yourself by producing a play or program with a '76 theme. A free catalog of scripts is available from Plays, Inc., 8 Arlington Street, Boston, Mass. 02116 (send a stamped return envelope). Sample plot: Alexander Hamilton defends journalist John Peter Zenger, whose trial tested our freedom of the press. Or write your own drama and enter it for a $500 cash prize. The deadline: November 1, 1975. Mail an envelope for rules to: Plays, Bicentennial Contest . . . Moving theater into the rough, the National Park Service has reenactments, discussions, debates scheduled at twenty-two park sites. Also worth looking into, the NPS *Guide to Historic Places of the American Revolution;* $2.75 at park offices or from the Superintendent of Documents, Washington, D.C. 20404. All the world's a stage.

Show and Tell


LOUVRE, PARIS

Click, click. Catch stunning photos of the West when buffalo roamed. The **Era of Exploration** show of landscape pictures from the nineteenth century is now at New York's Metropolitan Museum. It will mosey on to Dallas, the Corcoran Gallery in Washington, D.C. . . . Also visiting at New York's Met, Delacroix's renowned **Liberté** (plus two hundred other paintings), from the folks who gave us the statue . . . Spreading the spirit of '76, one hundred paintings from the Met. **The Heritage of American Art** opens in Dallas (September), will travel to Denver, Des Moines, Minneapolis . . . More American greats on the move: **Revealed Masters,** at the E. B. Crocker Art Gallery in Sacramento, California, later this month in Columbus, Ohio . . . Meanwhile in Boston, dioramas recreate tempestuous scenes from our days as **Those Valiant Upstarts,** at the Museum of Fine Arts. Quilts, crewel-embroidered bed furnishings are also on exhibit . . . Not to forget America's later arrivals, the new **Museum of Migrating People** (Bronx, New York) has a collection of health certificates, immigrants' trunks, artifacts from Ellis Island . . . Dancing the night away, the **Ballet Folk Company** of Moscow, Idaho, in original ballets about the Old West. Calamity Jane, *en pointe!*

Here's How

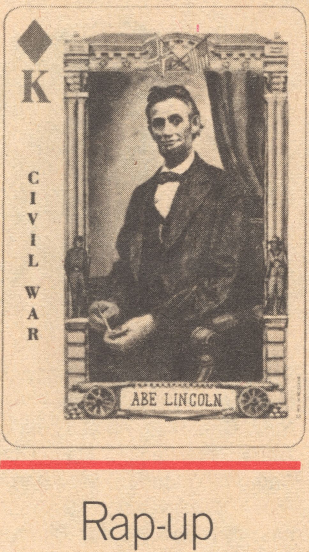
Discover old crafts, good simple eating, your own past

Going by the Book

A roundup for the Bicentennial: He was a bad poet and no lady's man. Meet the father of our country, foibles and all, in *Washington: The Indispensable Man* (Little, Brown, $12.50) . . . *The First Frontier: Life in Colonial America* (Dell, $1.25) describes how early Americans courted, ate, raised their kids . . . For a fictionalized account of a young patriot's struggle in pre-Revolutionary War Boston, *Johnny Tremain* (Dell, 95¢) . . . You know how Puritans felt about idle hands. To keep you busy, old-fashioned crafts like stenciling and making silhouettes, in *Early American Crafts and Hobbies* (Funk & Wagnalls, $2.95).

A Full House

Famous Americans hit the deck. Fifty-two greats are pictured on playing cards, with brief biographies given in an accompanying book. The American Playing Card Deck (U.S. Games Systems, $7).



HERB GORGOGLIONE

Rap-up

Teens are talking about ...entering columnist Jack Anderson's Slogans USA contest . . . Bicentennial coins . . . striking up the school band for "The Bicentennial Musical Celebration" from J. C. Penney . . . supporting the E R A.

Hand-me-downs

Proof that it's never too late to learn from the past: *The Indian Tipi* (University of Oklahoma Press, $4.95) gives details on building and living in one . . . If you have a steady hand, spinning produces handsome yarns for weaving into blankets, bedspreads and rugs. Write The Hand Weavers Guild of America (998 Farmington Ave., West Hartford, Conn. 06107) for information . . . *The Horseman's Handbook* ($1, from the Cordovan Corporation, 5314 Bingle Road, Houston, Tex. 77018) lists farrier schools, if you hanker to learn horseshoeing.

Hearty & Soul

Thrifty settlers ate every crumb, in dishes like this cracker pudding of Pennsylvania Dutch origin: Heat 1 quart milk in a 3-quart saucepan. To 2 beaten egg yolks, add ⅔ cup sugar; mix well and stir into the warm milk over medium heat. Add 2 cups broken saltines, 1 cup shredded coconut, 1 teaspoon vanilla. Simmer 10 minutes. Remove from heat. Beat 2 egg whites until stiff; fold into the milk mixture. Chill. More regional favorites are in a free booklet from the Del Monte Corporation. Write: School of American Cookery Recipes, Box 8004, Clinton, Iowa 52732. For Colonial dishes, *The Early American Cookbook* (from Prentice-Hall, $8.95).

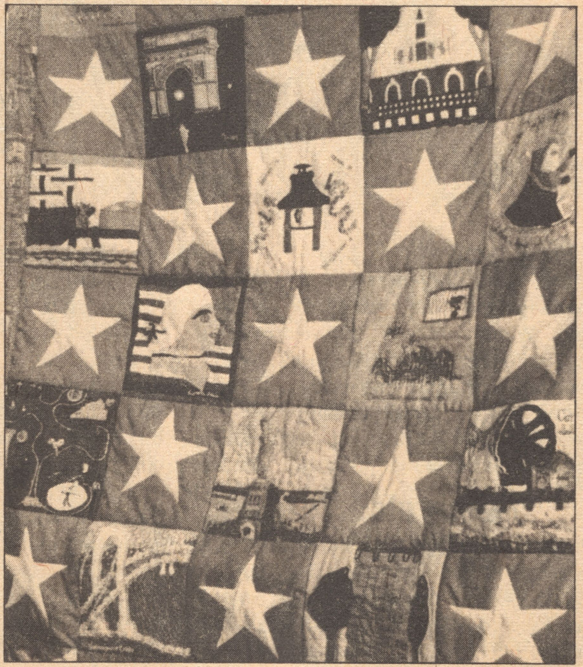
A Family Affair

Make history yourself with a family chronicle. Starting with your parents, record full names, dates and places of birth. Move right along to relatives and enter their impressions in a notebook or tape as oral history. Hunt for letters, diaries. Check the family Bible, church rolls for leads; locate marriage licenses, wills, deeds in the county clerk's office. The National Archives contains census, immigration, veterans' records. Their free pamphlets Nos. 5 and 6 can aid your search; from their Publications Sales Branch, Washington, D.C. 20408. Ready to write? Include mini-biographies, remedies, recipes in your history. Great for Christmas giving.

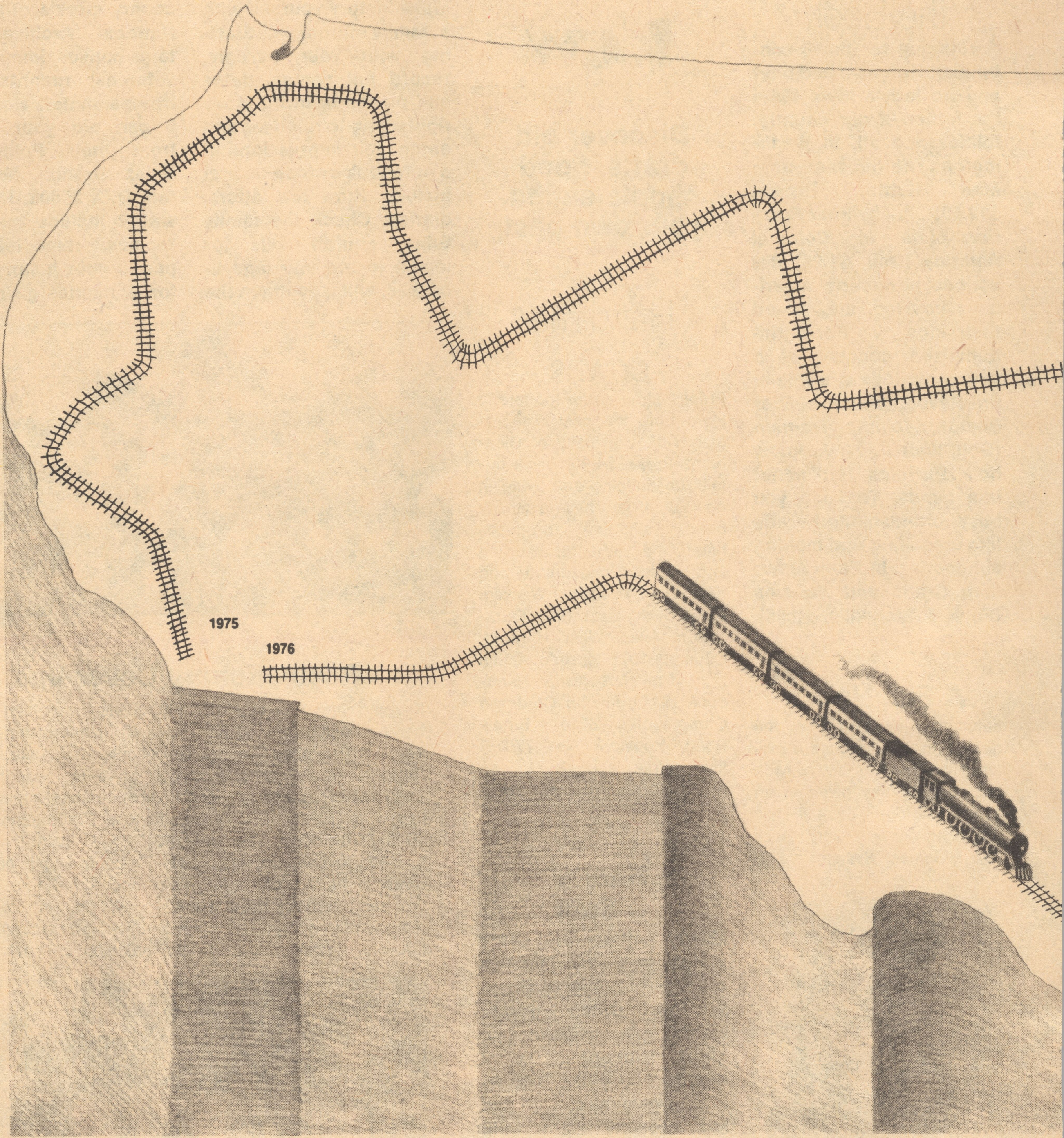
NATIONAL ARCHIVES

Revolutionary Cover-ups

Keeping teens in stitches, city quilts. Everything from battle monuments to traffic jams is fair game for a needle. The pattern: about twenty-five people cooperate, each designing and sewing a section on a regional theme. Then patchwork and appliquéd pieces are assembled. For tips write: New York City Bicentennial Corporation, Box 1976, FDR Station, New York 10017 . . . Or paint the town instead. In Los Angeles young Chicano artists painted powerful murals on barrio walls and found that crime dropped, neighborhood spirit picked up, school kids learned ethnic history. For the Bicentennial, teens all over L.A. are creating murals. That's brushing up on history.



NEW YORK TIMES/GENE MAGGIO



The Bicentennial is everywhere! And Americans are proclaiming it in thousands of ways. Want to join the activities? Follow the Freedom Train as it chugs along coast to coast (see its route above), then look at all the other sights and sounds we've mapped out.

Festivals

Almost everything is being celebrated: pink tomatoes in Warren, Ark.; bananas in Fulton, Ky.; crawfish in St. Martinville, La.; founding dates in Tucson, Ariz., and Wichita, Kans.; skiing in Big Sky, Mont.; rodeos in Springdale, Ark., and at the Colorado State Fair in Pueblo; square dancing in Reno, Nev.; powwows in El Reno, Okla., and Mobridge City, S. Dak.; old-fashioned picnics in Goshen, Conn.; musketry in Springfield, Ill.; arts and crafts in Miami, Fla.; fiestas in Taos, N. Mex.; and Tom Sawyer–Huck Finn antics in Hannibal, Mo. Dozens of places are making an ethnic showing—Delaware; New Orleans, La.; Strasburg, N. Dak.; South Bend, Ind.; Cleveland, Ohio; Grand Island, Nebr.; Bennington, Vt.; Los Angeles, Calif.; Detroit, Mich.; Spokane and Seattle, Wash.

Onstage

Watch for these traveling shows: The Young Alaskans; *Colorado Women: Hidden Faces; How Ya Comin', Alabama?;* the Minnesota wagon train; Tennessee's TVA caravan; Ohio's Appalachian Green Parks presentation; Pittsburgh's American Wind Symphony concerts; Mormon Tabernacle Choir and Utah Symphony Orchestra concerts. **Local attractions:** *Unto These Hills,* Cherokee, N. C.; *Trail of Tears,* Tsa-Lagi, Okla.; *Coal Camp Life,* Marion, Md.; *Aaron Burr Conspiracy,* Blennerhassett Island, W. Va.; *Birds of North America,* New York City Ballet; BHAM music series, St. Louis, Mo. **Historic reruns:** the Juan de Anza expedition from Arizona to California and the Dominguez-Escalante expedition in New Mexico, Arizona, Colorado and Utah; wagon-train treks in Wyoming and Oregon; Benedict Arnold's

Start the Party!

1975
1976
1976

GUY BILLOUT

march to Quebec, Cambridge, Mass. and Pittson, Me.; Colonial muster, Tiverton, R.I.; Caesar Rodney's ride, Dover, Del.; British invasion, New Haven, Conn.; military camps, Washington, D.C.; and a canoe trip from Hawaii to Tahiti.

On Track

Beat a path to Wisconsin's Ice Age Trail; Trigg, Ky.'s Canoe Trail; Houston's Bayou Trail; Boston's Freedom Trail; Massachusetts' Knox Trail; the Lewis and Clark Trail in Montana and the Dakotas; the Pony Express Trail from Missouri to Sacramento, Calif.; Philadelphia's Cultural Mile; the old trolley trip in Yakima, Wash.; and bikeways everywhere.

Run over to schooner races in Gloucester, Mass., and Essex, Conn.; all-women's transcontinental air race in Sacramento, Calif.; Pony Express race in Lincoln, N. Mex.; and an old car rally in Stowe, Vt.

Sites

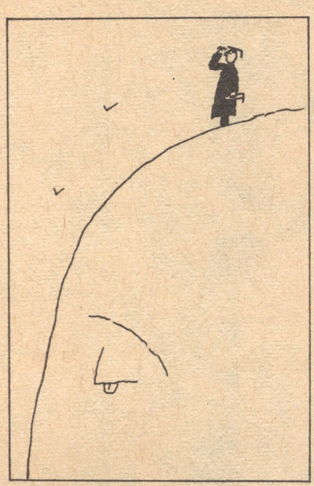
Monuments of note: the Plains Indian in Wichita, Kans.; Canada Goose in Sumner, Mo.; Freedom Fountain in Council Bluffs, Iowa; Mount Rushmore, S. Dak. **To visit:** living-history museums of pioneers in Phoenix, Ariz., and of farmers in Des Moines, Iowa, and Tifton, Ga.; science museums in Chicago, Boston and Idaho Falls, Idaho; Old World museum in Eagle, Wis.; Capitol Dioramas in Concord, N. H.; reconstructed 1775 British sloop in Mackinaw City, Mich.; Fort McHenry, in Baltimore, Md.; Jefferson College in Washington, Miss.; Washington Crossing Park in Trenton, N.J.; Charleston and Fort Sumter, S. C. **Extra honorable mention** goes to the expositions in Miami, Atlanta and Boston; New York's Operation Sail; Philadelphia's Living History Center, Independence Hall and Franklin Court; Washington, D.C.'s Folk Life Festival; and Virginia's historic locations—Yorktown, Mount Vernon, Alexandria and Williamsburg.

Did we leave something out? Yes! There's much more going on. Check with your local Bicentennial organization or state tourist office.

Impact

Historic events, Revolutionary ideas

Catch the Spirit



GUY BILLOUT

Light the firecrackers . . . begin the parade. Teens everywhere are getting into America's birthday celebration. They're blazing nature trails, designing historical calendars, making international pen pals, restoring graves, renovating buildings, reenacting historical dramas, taking courses on Colonial life and much more.

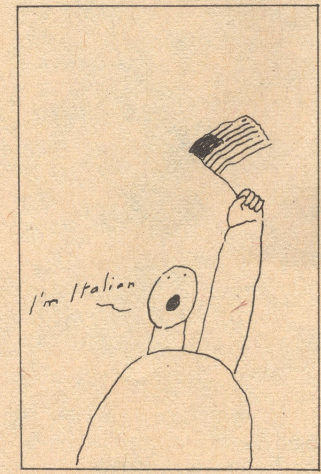
- Forty seniors from Hill City High School, South Dakota, decided on a Bicentennial focal point for graduation. They collected their diplomas under the stony stares of George Washington and Thomas Jefferson at the Mount Rushmore National Memorial.
- Looking ahead, students at North High School, Fargo, North Dakota, recently held a three-day conference on tomorrow's quality of life. Among the guest speakers was *Future Shock* author Alvin Toffler. Topics included predictions on parapsychology, filmmaking, modern dance and computer games.
- Down south, the *Alabama Belle,* a musical showboat, paddles through Alabama waterways under University of Alabama sponsorship.
- In Ohio, a Watershed Heritage Project trains young ecologists to monitor water quality.

Other spirited doings still to come . . . Patrick Henrys rise up! The nationwide Bicentennial Youth Debates competition, sponsored by the Speech Communication Association, begins in September. It's open to high school and college students, with awards ranging from $250 to $6,000 in Bicentennial savings bonds . . . Bicentennial Internship Program (BIP) is hiring college students as twelve-week interns to develop Bicentennial activities . . . And the International Youth Band Festival to be held in July '76 at the Peace Garden, North Dakota, welcomes competing concert and marching bands.

The spirit of '76 could be only a project away!

For more information, write: Youth Awareness Campaign, ARBA, 2401 E St. N.W., Washington, D.C. 20276.

Rejecting the Melting Pot



In a search for roots in a rootless society, more and more young people are showing an interest in their ethnic origins. They're discovering that melting-pot America may be more of a stew—and they like the idea.

Capitalizing on the trend, schools and ethnic associations are now offering courses in white ethnic studies. Black, Asian and Latin American studies have been around for a while. But Armenian, Italian, Jewish, Latvian and Welsh studies are new on the scene.

Of course, initiating curriculum changes costs money. But community groups who oppose assimilation and teachers who view classes on pluralism as a stimulating and realistic way to transmit American history have pushed for assistance. In 1972 help came from the federally funded Ethnic Heritage Studies Program. In 1975 $1.8 million will be shared by forty-odd institutions that teach and research ethnic history.

Critics claim ethnicity divides communities. But others believe it promotes understanding between people and helps students develop self-pride and self-awareness. According to Al Post, assistant director of social studies curriculum for Brooklyn, New York, "These courses stress that many ethnic groups have experienced the same problems and solved them in the same way." —Alice Williams

Going Places

For the next year and a half, whether you plan to see America by plane, train or bus, take advantage of all the special Bicentennial tours, fares and discounts available.

Most airlines are offering package deals that gift wrap discount-priced land arrangements along with your ticket. A few that look good: TWA's Freewheeler package includes a rental car and hotel accommodations in a choice of eastern cities. Prices start at $21 a day per person (all prices, double occupancy). United's Yankee Traveler fly/drive trip is a four-day tour of New England, including rental car and hotels—from $65 per person. Or try American Airlines' Historical City tours: Select Boston; Washington/Williamsburg; Philadelphia or New York—$50 for a two-night stay.

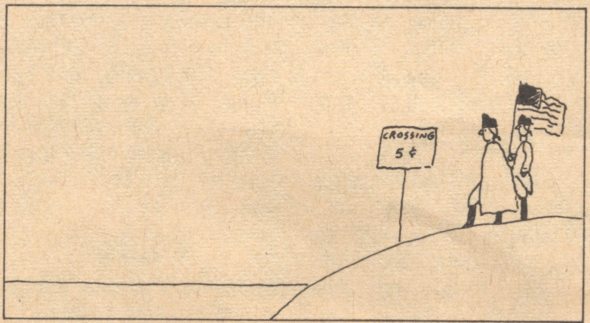
For a bargain on wheels, you can't beat the bus. This summer, ride for a whole month on Continental Trailways' $175 Eagle Pass—ditto on Greyhound's Ameripass.

Track down Amtrack's itinerary and you'll find many options: rail/drive tours, city stays and fully escorted trips. For instance, their Yankee Free Spirit rail/drive tour offers seven nights at New England inns and rental car for just $159 plus rail fare.

Pioneer spirit is fine, but modern travelers should have a good guidebook in hand. This year, the American Automobile Association's magazine, tour books and maps feature Bicentennial info as do the new Mobil guides.

Wherever you go, check the local tourist bureau or chamber of commerce for historical material, events, maps, walking tours and other traveler's aids.

One last bargain: if you're in New York, Philadelphia or Washington, look for the *Declaration of Discounts* coupon book at newsstands. It contains more than $400 worth of savings at special museum exhibitions, restaurants, movies and more—well worth $2.95. **—Carol Kaganov**



Women in Revolt

In 1776, while John Adams was at the Continental Congress planning a revolution, his wife, Abigail, was at home with rebellious ideas of her own. She wrote to John, suggesting that any laws drawn up to protect individual rights should apply to women too. He was amused: "As to your extraordinary code of laws, I cannot but laugh."

The other founding fathers shared his sentiments, for it was soon declared that all *men* are created equal. And the Constitution, ratified twelve years later, protected the rights of free white men only.

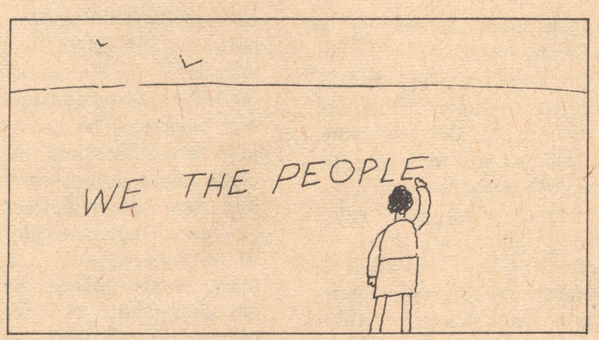
John would have to admit that one of Abigail's predictions rang true: "If particular care and attention is not paid to the ladies, we are determined to foment a revolution and we will not hold ourselves bound by any laws in which we have no voice or representation." For the next two hundred years women fought for their share of freedom.

In 1848 the first women's rights convention was held at Seneca Falls, New York. There feminists declared it was their duty to throw off a government that usurped the rights of some of the people.

A chance to change the course of human events arose during the Centennial celebration in Philadelphia. Women activists, claiming they had little to celebrate, presented Acting Vice-President Thomas Ferry with the Women's Declaration of Rights. He bowed and turned slightly pale, it was reported. According to Elizabeth Cady Stanton, the declaration would "place on record for the daughters of 1976 the fact that their mothers of 1876 had asserted their equality of rights and impeached the government . . . for its injustice to women."

It wasn't until 1920 that a Constitutional amendment gave *all* the people the right to vote. Another seventeen years passed before women won the right to sit on juries.

Today, the Equal Rights Amendment, which would end discrimination based on sex, is a major issue. So far, thirty-four states have ratified the ERA. Four more must do so by 1979 for it to become effective. Maybe then Abigail Adams will at last get some rest. **—Kate Black**



Way Back When

"To a President, at least, a Centennial is a very serious matter," wrote the *New York Times* in 1875. How did our country commemorate this significant occasion?

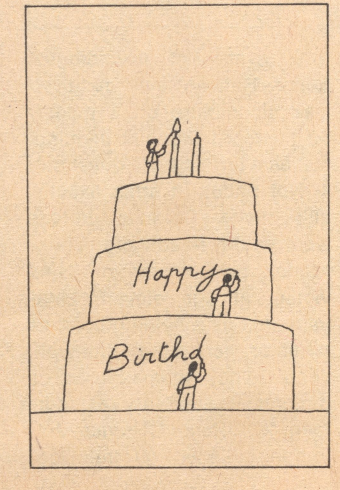
The focus of the 1876 celebration was the Great Centennial Exhibition in Philadelphia. It was a P. T. Barnum kind of event. The latest in machinery, science and the fine arts was displayed. If you can't remember when modern technology began to change the face of America, take a look at a list of the more than thirty thousand exhibitions! People were impressed by the new ice-cutting techniques, the just-invented sewing machine and the great numbers of horticultural methods and livestock shown. Though transportation was rugged, twenty-three states and fifty countries took part.

There was a big bash at Concord, Massachusetts too. One report noted that "simplicity, thoughtfulness and true feeling were the features of the day." Patriotism was viewed as the ultimate virtue. And since the nation had survived even a civil war, continued success seemed certain. —Penny Post

The Big Three

Is there a right way to celebrate the Bicentennial? Yes, say the national organizations promoting the celebration: the American Revolution Bicentennial Administration, the People's Bicentennial Commission and the National Committee for the Bicentennial Era. Each thinks their way is best.

In 1973 the federal government created the ARBA to coordinate and stimulate commemorative activities. It allocates federal funds and private contributions (mostly from big corporations). But some claim it's ineffective, too commercial and conservative.



The nonprofit PBC urges people to counter profit-minded "buy-centennial" projects with those based on our revolutionary principles.

NCBE's founding declaration says, "Let us be inspired by our origin and the challenges we face."

The NCBE is similar to the PBC but relies on funding from major corporations, which the PBC calls "crueler tyrants than King George III."

—Diane Shaw

Why Vote?

Odds are, if you could vote you wouldn't, and if you can you don't. Young people are those least likely to cast ballots.

Eighteen-year-olds won the right to vote in 1971. At that time, Gallup polls showed that most young Americans felt "frustrated at not having a voice in the selection of candidates." But in 1972 only half of those eligible to vote for the first time did so.

Harris polls predicted a better showing in 1974, as a result of strong feelings stirred by Watergate. Yet only one out of five between the ages of eighteen and twenty-one voted. Most said they were "just not interested."

Does apathy deserve another term?

—Marilyn Simon

Back Talk

What does it mean to be an American? What's the test of true patriotism? Study these ideas, send us your own

The cause of America is in a great measure the cause of all mankind. 'Tis not the concern of a day, a year, or an age; posterity are virtually involved in the contest, and will be more or less affected even to the end of time . . .

—Tom Paine, 1776

Today a patriot is someone who still believes in the ideals set two hundred years ago.

—Billy Lock, 18,
Hughes, Ark.

We have too many high-sounding words, and too few actions that correspond with them.

—Abigail Adams, 1774

A patriot is someone who does not take a back seat in affairs.

—Mark Nadeau, 18,
Enfield, Conn.

Guard against the postures of pretended patriotism.

—George Washington, 1796

We have a lot to be happy about—"a past to remember and a future to mold." I've become a flag-waver.

—Gina Zaro, 17, Denver, Colo.

The things that the flag stands for were created by the experiences of a great people. Everything that it stands for was written by their lives.

—Woodrow Wilson, 1915

It's tough for kids to say, "I'm patriotic." Many feel it inside, but they hate to admit it. A real patriot is one who has the intelligence to see where our country is wrong and correct it. And to know when it is right.

—Timothy Ahrens, 17,
Lansdale, Pa.

They that can give up essential liberty to obtain a little temporary safety deserve neither liberty nor safety.

—Benjamin Franklin, 1759

In America, with all its evils and faults, you can still reach through the forest and see the sun.

—Dick Gregory, 1964

The true patriot will . . . keep the attention of his fellow citizens awake to their grievances and not suffer them to be at rest till the causes of their just complaints are removed.

—Samuel Adams, 1771

The only way America works is when people work together.

—Adam Tillis, 16, Edison, N.J.

I am well aware of the toil, and blood, and treasure that it will cost to maintain this Declaration, and support and defend these States. Yet, through all this gloom . . . I can see that the end is more than worth all the means; and . . . posterity will triumph in that day's transaction.

—John Adams, 1776

We should work to bring out what is best in our country. Try not to criticize it without also building constructively.

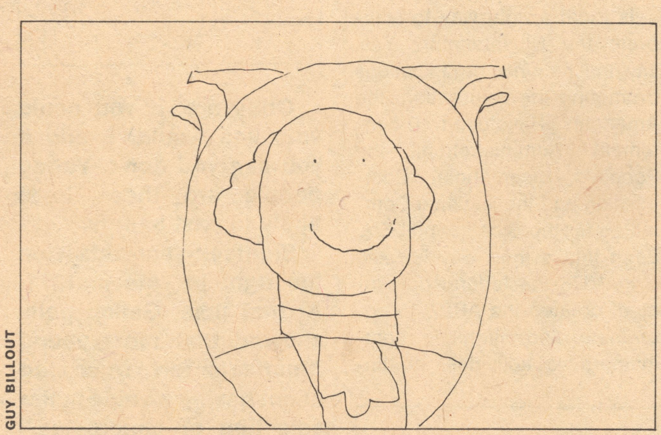
—Keri Borgaard, 17,
Cheyenne, Wyo.

The American, by nature, is optimistic. He is experimental, an inventor and a builder who builds best when called upon to build greatly.

—John F. Kennedy, 1960

On the Light Side

Some history lessons you might have missed



- George Washington was a man of great stature and big feet (size 13 shoes). We don't know his glove size, but Lafayette wrote this about his hands: "the largest I've ever seen on a human being." Look again at his portraits—the tight smile conceals wooden false teeth, the powdered wig covers a shock of red hair . . .
- Some insist John Hansen was actually our first President, since he officially presided over the Continental Congress—years before Washington took over. Yet the biggest honor Hansen ever received was his picture on a measly 5¢ postcard (keep it in mind, makes a terrific trivia question).
- Not babes in arms exactly, still many Colonial heroes were young headliners. Christopher Snider was our first victim, at age eleven, Lafayette lent us a helping hand as a major general at nineteen, John Quincy Adams became a diplomatic secretary at fourteen. "Old-timer" Thomas Jefferson polished off the Declaration of Independence at age thirty-three.
- On a yearly salary of $60, there weren't many soldiers of fortune in the Colonial army. Actually not bad wages for the time, but collection was difficult. Without pay, disgruntled recruits often just picked up and went home. "We shall be obliged to detach half the army to bring back the other," General Washington complained about the AWOL's.
- Women got off a few blasts of their own during the war. In one battle, camp follower Molly Corbin took over as a cannoneer and earned a pension for herself. Deborah Sampson, disguised as a soldier, served in the army for seventeen months. Also incognito, spy Nancy Hart captured and disarmed six male Tories.
- Light reading: *Sidelights on the American Revolution* by Webb Garrison (Abingdon Press; $5.95); *George Washington's Expense Account* by Marvin Kitman (Simon & Schuster; $5.95).

What Is True Patriotism?

Tell us in no more than 500 words (typed, double-spaced) and send to: Bicentennial Contest, SEVENTEEN, 320 Park Avenue, New York 10022. Mail your entry by September 30, 1975. Draw on personal and other real-life examples, where possible. Include name, address and birth date (you must be a teen as of September 30). *All work must be original.* Manuscripts cannot be acknowledged or returned. The top essay, as judged by the editors, will receive $100. Second prize: $50. Winners will be announced in the January 1976 issue of SEVENTEEN. Write on!

Next Month

Cartooning . . . the practical joke craze . . . ways to be frugal with food . . . In "Focus": How to speak up for yourself!

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The clean way for a woman to deodorize.

New Playtex Feminine Towelettes are a big step beyond feminine sprays. Because Feminine Towelettes actually clean as well as deodorize.

Each Playtex Feminine Towelette is soft and pre-moistened with a delicately scented solution to clean away many causes of odor. So you can use them throughout the day—whenever you want that feeling of feminine freshness. And because they're clinically tested, you know Playtex Feminine Towelettes are gentle and effective.

One hundred towelettes come complete with their own attractive pop-up dispenser. When you run out, economical refills are available.

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RELATING

by Abigail Wood

THE DANGER SIGNS IN FRIENDSHIP

Q I'm kind of the middle person in a circle of friends. Whenever one of them has a problem, he or she comes to me for advice. That I don't mind. It's when they start asking for information that really isn't up to me to give. Sometimes they ask if I'll talk to the other person involved—this really makes me feel right in the middle. I love to help other people and I'm a good listener, but my mother says I'm being used as a shoulder to cry on. I don't know what to think. Am I being used or am I actually helping?

A Lending a crying shoulder occasionally is the mark of a good friend. Helping another can be intensely gratifying, and to be the one people turn to for advice is always flattering; it tells you they respect your judgment, gives you a sense of worth.

But there are traps even in good deeds. Because they *can* be so rewarding, you may unconsciously begin to help more for the feeling of importance it produces than for the actual aid it can provide. By acting as intermediary, for example, you may only be allowing your friends to avoid dealing straight-on with their problem—often no real help to anyone.

As a go-between, of course, you put yourself in double jeopardy—right in the line of crossfire. Like any bearer of unwelcome tidings you may be treated as harshly as if you were responsible for any bad news you report. If your efforts succeed, your friends may still turn against you. No one likes to be beholden; indebtedness readily becomes hostility. To enlist your help, your beneficiaries often have to expose their own weaknesses or reveal other secrets they'll later wish you didn't know. Rightly or wrongly, they may then feel such knowledge enables you to feel superior to them. And if things don't work out, who makes a better target for resentment than helpful you, for having bungled everything by your "clumsy interference"? Unjust, yes. Infrequent, no.

Understanding, sympathy, even suggestions, if offered tactfully, can all nourish friendship. But when what some friend asks of you changes from "What do you think?" to "What

(continued on page 56)

Scholl
leg hair remover spray
Exclusive Formula* to Leave Your Skin Feeling Smoother
NET WT. 8 OZ.
foam

**You compared hair removers and switched to a spray.
Now compare sprays...and you'll switch to Scholl.**

Scholl is a specialist in foot and leg care.

So we took our time in developing the most effective, convenient and economical leg hair remover we could create. It had to be a Scholl-quality product.

New Scholl Leg Hair Remover is just that. A pleasantly scented spray-on foam, exclusively formulated to leave your skin feeling smoother. And it works beautifully.

In fact, we want you to compare Scholl with the two best-selling sprays:

Compare. One leading product foams on thick, like shaving cream, and needs to be spread with the fingers. Scholl sprays on in a thin, even layer that adheres to the skin without spreading by hand.

Compare. The other product is a spray-on foam with a consistency similar to Scholl, but the price is not similar. Scholl costs less, much less, thanks to our economical packaging innovation.

You already know the advantages of a spray-on hair remover compared to creams, lotions or shaving.

Now learn the advantages of using Scholl. Make the comparison with your present spray and your smooth legs will prove that Scholl was worth waiting for.

Scholl

Look for Scholl Leg Hair Remover wherever depilatories are sold.

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Maybe, your squeaky clean hair is really crying out for help.

We're not against washing your hair. We're just against weakening your hair.

Shampooing. Everybody's doing it. Once a week. Once a day. And the truth is just about everybody's doing it wrong. And doing their hair a lot of harm.

The wrong way to shampoo. The way the TV commercials have it you get into the shower and lather. Big, billowy headfuls of lather. Once, twice, even three times. Then when all natural oils are stripped away, when hair is weak and most vulnerable, wide open to splitting and breakage—then, and only then, is your hair supposedly "squeaky" clean. If hair could talk, it would say it's in pain.

The right way to Shampoo de Pantene® Pour just a bit of Pantene into your palm. Work it into scalp first, then into hair. Leave the lather on 30 seconds. Rinse. That's it.

Don't expect a big, billowy lather. You generally get those when harsh, inexpensive shampoos absorb air. From Pantene you get a rich, creamy lather made up of thousands of tiny bubbles which surround the hair's cuticle and gently lift out dirt. Leaving hair shiny and clean. Not squeaky. But clean. Not weak and vulnerable. But healthier looking than before.

The explanation. The Shampoo de Pantene is scientifically balanced to do the most good for hair. From its controlled pH to its proper blend of exclusive Swiss Conditioners:* Pantyl to add spring and bounce; Phytantriol to maintain hair's moisture balance.

Then there's Panthenol. It's Pro-Vitamin B_5 which penetrates each hair shaft, adding pliability and sheen.

More on shampooing. Handle wet hair gently. With a wide tooth comb. Never a brush. Wash it as often as you like but always with Shampoo de Pantene.

And yes, Shampoo de Pantene is more expensive than ordinary shampoo. But isn't that the only head of hair you have?

SHAMPOO
DE
PANTENE®
3
For Normal Hair
Contains Swiss Conditioners
especially good for
color-treated hair
12 fluid ounces

*Product made in U.S.A.

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Your hair never needed Pantene® like it does today.

Medically tested products from The Pantene Company, Nutley, New Jersey 07110
Div., Hoffmann-LaRoche Inc., one of the largest laboratories devoted to health.

did she say about me?" or "Tell him for me . . ." or "Can you find out what he did . . ." these are red lights flashing *danger!*

Certainly you'd never betray a trust by repeating anything told you in confidence—not even to your very best friend. Nor is there any need to pass on anything else you feel it's unwise to tell.

Only by evaluating each situation carefully will you be able to decide whether you are being unduly taken advantage of. People do occasionally try to "use" others. If it seems to be a pattern for you, it's safe to say you are *letting* yourself be used—and now is the time for change.

Q My best friend, Sue, is a very popular, attractive senior. She was homecoming queen and has been runner-up for other honors, although she is sometimes quite shy. She definitely has no boy problem. On the other hand, I am outgoing and not in the least attractive. (We're both seventeen.) I've held many class offices, was student council vp and belong to nearly every organization in school. I've won several awards and seem to have quite a few friends but am constantly overshadowed (not purposely) by the closest one of all. My mother often demands that I be more like her. Any guys I like are already hopelessly in love with her. We're together most of the time and share many of the same values; I love and respect her, but must I be a carbon copy? We've planned to be roommates at college, but with me feeling one inch tall next to her, I wonder if it will work out. This is one problem I feel I can't discuss with her. Perhaps I'm afraid of losing her friendship. Sometimes I feel I'm jealous of her qualities that are lacking in me. Yet I feel jealousy is not the problem. We've shared so many tearful and joyous moments—and that's something too valuable to lose. Please help me to overcome her perfection or at least compensate for it.

A At seventeen, you're still in the process of developing, still unsure of yourself. It's easy, then, to feel outdistanced by someone who shines in an area you do not, regardless of what other strong points you may have or how many weaknesses the other person has. It's the old device of devaluating yourself by stacking her pluses against your minuses—a system no more logical than trying to compare apples to oranges.

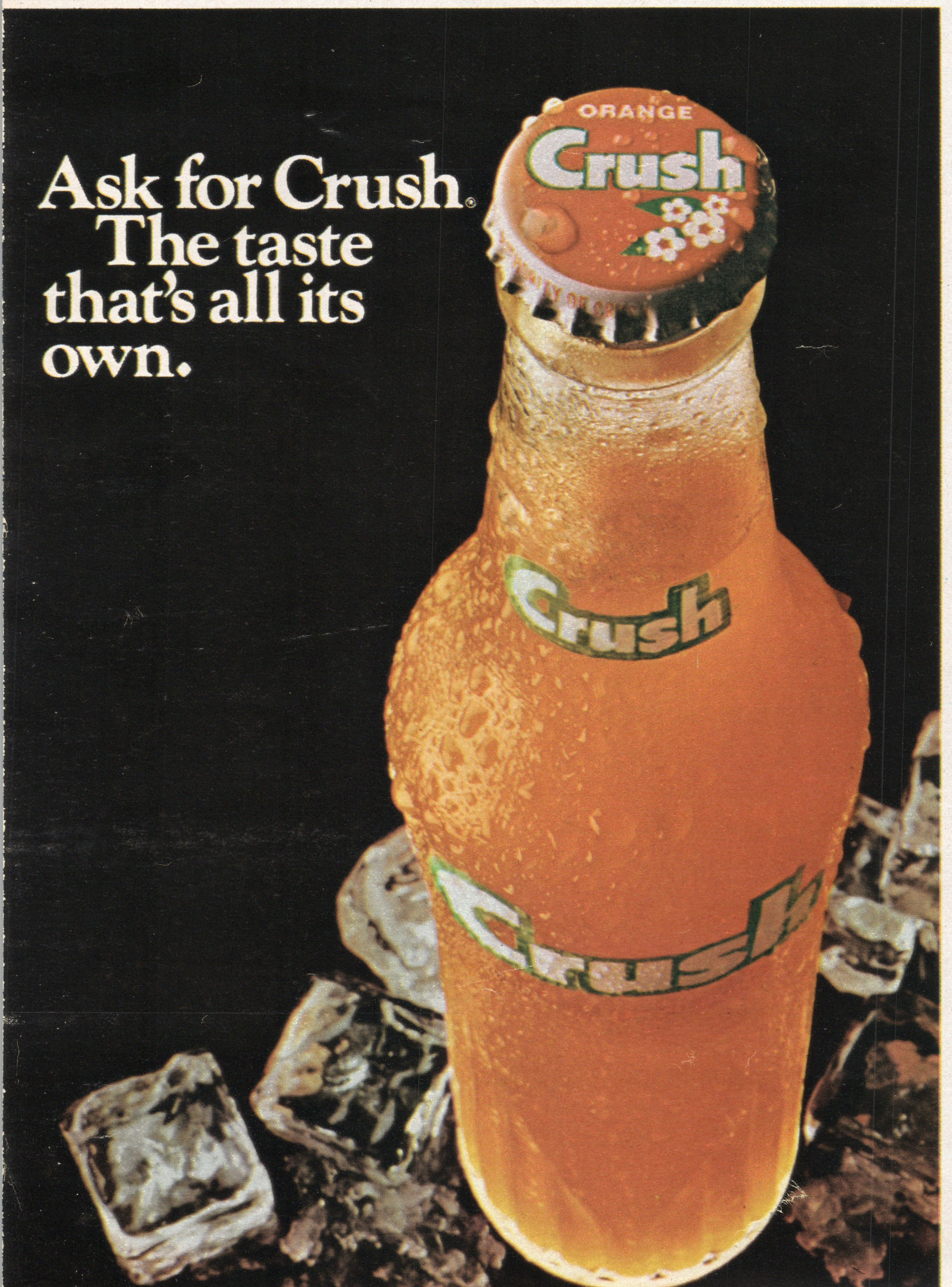
Even though you may, in fact, be envious of certain qualities Sue has, we agree that jealousy is not the root of your problem. What's really troubling you, we suspect, is the one thing you mention only by implication—that in contrast to Sue, you do have a boy problem. If that's so now, naturally you're worried that the difference will be even harder to endure at college, and may even cause you eventually to drift apart.

Of course you know that your problem is not caused by her "perfection." (Look around—does every girl who dates meet that standard?) Obviously, boys as well as girls like you well enough to have cast votes for you in many ways. If they have not elected you their dating choice, isn't it possible that's because they aren't getting the message that you're a willing candidate? (No, it's not done with posters, but with the welcoming glint in your eye.)

The quickest way to stop feeling overshadowed is simply to step out of the shadow into the light—and let yourself be seen in full view. Attractive is as attractive does, and a radiant smile and quiet glow of confidence are the best cosmetics yet invented.

This is a good time to strike out on your own. Give up your plan to room together next term. Even if there were no problem, for best friends to start college as roommates could be shortchanging both of you. As long as you have someone from home to cling to, neither of you is as apt to get out and meet new people and plunge into all the new things that are part of the value of going away to school. Sue herself may recognize this as good sense, and you can explain it to her without any mention of your more personal reason. It needn't be a big-deal parting—you'll still have your friendship, plus the chance to enlarge your range of experience. In fact, unless there is some specific reason for going to the same college, you might consider choosing a different school as well.

Whichever way, getting out by yourself can help you to feel taller and will make it easier for you to project a new you. Don't let either timidity or a misguided sense of loyalty keep you from reaching out for your own happiness—present *and* future.



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We walked to the beach in the morning,
and all the little reasons why we're together
followed us throughout our day.
How she doesn't have to laugh at my
jokes if they aren't funny…how I never have to talk
just to keep a conversation going….
And then I gave her a diamond ring.
So all the little reasons why we're together
will follow us throughout our lives.

Finding the right diamond can be as easy as falling in love. See your jeweler for free booklet "A Diamond is Forever." De Beers Consolidated Mines, Ltd.

A diamond is forever.

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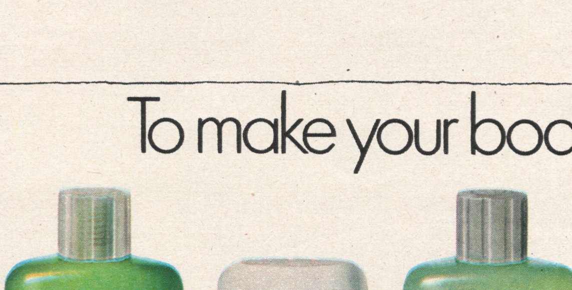
clairol
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bubbling
body bath
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body
powder
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clouds of
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Clairol clouds of herbal essence bubbling body bath.
A satiny green concentrate with soft good things to cleanse and moisturize your skin. It turns into clouds of tranquil bubbles to nestle into, perfumed with the scent of tiny wildflowers and fresh green herbs.

Clairol clouds of herbal essence body powder.
Pure drifts of silken powder with the freshest fragrance on earth. And a special delicacy you can actually feel. To soften and scent you all the way down to your toes. Float to bed in it.

Clairol clouds of herbal essence body splash.
A pale-green sparkling tonic, lightly scented with the essences of herbs and wildflowers. Shower yourself with it. It will feel like a gentle spring rain on your body.

Close-up

What teens are LOOKING at . . . LISTENING to . . . TALKING about . . . in the world of entertainment

by Edwin Miller

Movie of the Month

MONTY PYTHON AND THE HOLY GRAIL. What were things really like with King Arthur and the Knights of the Round Table back in 932 A.D.? According to history, as reconstructed by the six irrepressible comedic talents (five Englishmen and one American graphic artist) who make up the group Monty Python's Flying Circus, life was absolutely lunatic. Their inimitable style has become a familiar delight to American audiences through PBS reruns of their BBC-TV sketches lampooning British life and letters. The plot of their second feature-length movie (their first, a collection of skits, was called *And Now for Something Completely Different*) can be described in words. But it's no service to do so. The hilarious nonsense demands to be seen to be fully enjoyed. Suffice it to say that King Arthur is here an earnest fellow who pursues his mission to form a knightly band and search for the Holy Grail upon direct heavenly command. Among the dragons, he encounters an incredibly ferocious rabbit; peasants are anarchists who form communes, insisting on a democratic vote; the French defend their castles by hurling livestock over the parapets as bombs. The ramifications of a movie like this could be devastating; if any student of English literature or history decides to take the Monty Python view seriously, teachers will go absolutely mad! PG*

Terry Jones, Graham Chapman, John Cleese, Eric Idle

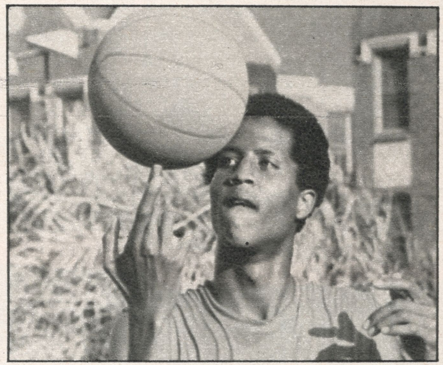
More Movies

Jack Nicholson (left)

THE PASSENGER is a brilliant, thrilling, if occasionally obscure, drama in which the talents of director Michelangelo Antonioni and actor Jack Nicholson combine to make a staggering philosophical statement. Nicholson plays a TV documentary maker who seizes a chance to shed his identity and take over another man's life; then he finds that he has simply substituted one set of personal responsibilities for another. PG*

Michael Caine, Prunella Gee, Sidney Poitier

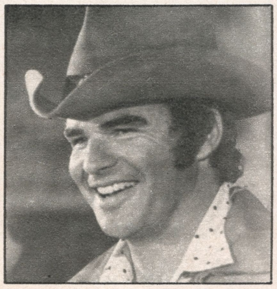
THE WILBY CONSPIRACY, a thriller set in South Africa, a country where the complex system of racial laws and apartheid affects every move of any inhabitant, white or black, reduces itself to melodramatic hokum. Michael Caine plays an engineer caught up in a complicated plot to do with diamonds and power politics (from the suspense novel by Peter Driscoll); Sidney Poitier is a black militant; Nicol Williamson, a detective. PG*



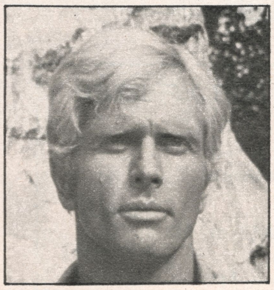
Keith Wilkes

CORNBREAD, EARL AND ME, a poignant, often touching movie, suffers from a split personality. Beginning as a story of a spirited black teen-ager (nicknamed Cornbread) struggling to break out of the ghetto by becoming a champion basketball player, it suddenly shifts to contrived social melodrama in which key roles are passed to youngsters named Earl and Conrad, the title's "me" who takes over the tale. PG*

W.W. AND THE DIXIE DANCE KINGS. Cast as an amiable con man, southern-style, Burt Reynolds stars in this diverting yarn. Living off the land in his cherished automobile, he takes over a third-rate country band as manager, persuading its members that he can book them into Nashville's Grand Ole Opry house. With colorful characters, sprightly bits of business, the movie's pace is lively, its music cheerful. PG*



Burt Reynolds



Ron Ely

DOC SAVAGE, THE MAN OF BRONZE. A forerunner of such fictional heroes as Superman and Batman, Doc Savage was all the rage some forty years ago as, aided by five loyal companions, he pitted his muscle and mental capacity against equally preposterous evildoers. It might be possible to view his present reincarnation in the person of Ron Ely as a campy comedy. But you'd be far better off on a desert island. G.*

**Motion Picture Association of America ratings*
G: General Audiences. All ages admitted
PG: Parental Guidance Suggested—some material may not be suitable for preteen-agers

More "Close-up" on page 61

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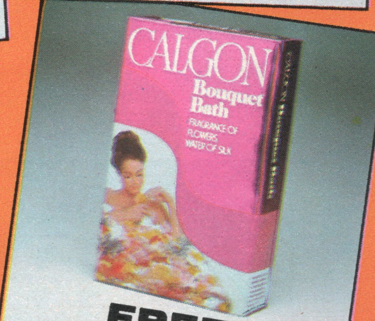

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Close-up

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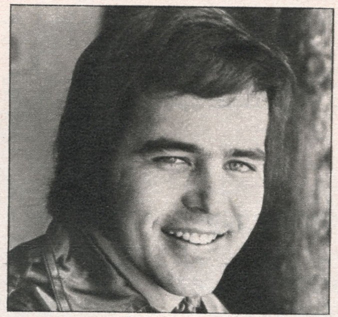
Rock People

Singer Jim Stafford crossed the line from country music to pop, now has a TV series



MGM RECORDS

Cheerful country-music man Jim Stafford, a singer, storyteller and one-man band whose hit record *Spiders and Snakes* gave him pop fame, stars in a new summer ABC-TV series. "It won't be like any other variety show," declares Jim, a slim, blue-jean-clad figure. "I've been experimenting with my own color recorder and camera at home in Los Angeles, working out ways to avoid the look-alike appearance of all those variety shows that drive me crazy. There's got to be a way to beat that phony slickness!" By observing show people with whom he couldn't compete through music alone, Jim began to realize there was more to being an entertainer than just playing the guitar. "Watching Johnny Carson talk to a guest like Zsa Zsa Gabor, while all those wonderful bandsmen played in the background, I got to thinking, which end am I going to be on? How important is it just to be a really good musician?"

Jim grew up in Florida outside Winter Haven in a tiny place called Eloise. "It was built around a citrus plant," he says. "My people are country musicians from Tennessee. They all just picked banjos, guitars and fiddles, came down to Florida as migrant workers on citrus crops and just stayed on. My dad wound up in the dry-cleaning business. I grew up in swamp country—I could see alligators and snakes five hundred yards from our house. It was like a little jungle. We got the best swamps in Florida; they can get buggy at times, but that never bothered me." Jim began playing rock and roll in high school. "I was going to be a commercial artist then," he says, "but the other kids seemed to have a gift I didn't have, like one girl who carved a madonna and child out of Ivory soap. It was a little overwhelming." He started working in clubs when he was sixteen. "I always felt I could learn anything on the guitar. A guitarist is like a bartender or a cocktail waitress—there's always room for one more. When I was little I wanted to be a preacher. I discovered later on that I wasn't really interested in religion, it was the personal appearances I liked! I never even saw the inside of a library until I was a teen-ager," he recalls. "Now I read all the time, Dickens, Twain, Edgar Allan Poe. I like people who are into strong word-pictures. John Updike once described figures in a stained-glass window as 'shepherds trapped in webs of lead.' You can find songs in all his work. I like to write clever songs with a twist, like *My Girl Bill*," he says, naming another of his hits. "I think people want to have a good time when they come to see you or else they wouldn't be there; if you project honestly, if you're happy and having fun, what you do is contagious.

"I've always chosen tangible goals," he muses. "First I wanted to be a guitarist, then a guitarist with the Grand Ole Opry in Nashville. I never thought much about being a star—to me that was intangible. I could see people working at that forever. Once I met a Nashville man who had been trying to get a hit for twenty years. I never got over that. I admire people who start off really young trying to be a star," he adds, "but it seems like it destroys your life if you don't make it. I want to hang on to something more than that. I'd like to end up deserving to be wherever it is that I get to." Jim's latest MGM album, his second set, is *Not Just Another Pretty Foot.*

More "Close-up" on page 62

Advertisement

Hair & Beauty · By Joan Clair

If you've been sitting at a school desk all winter, your hair is probably glad summer's here. Swimming, tennis, dancing—besides letting you circulate among your friends—will help your blood to circulate better, carrying lots of good nutrients to your scalp. So your hair can "feed" on its full share of body-building, glossy-making nutrients. Have a great July—and happy circulating.

The no excuse haircolor.—Now you can change your hair color without worrying about the condition of your hair. *Clairol* Balsam Color, with its packette of conditioner for you to add right to it, leaves your hair shiny and more manageable than if you hadn't colored it. With Balsam Color, there's no excuse for not coloring your hair. So . . . do it!

Want our booklet, "The Truth about Hair Color"? Send your name and address, with 25¢ for postage and handling, to *Joan Clair*, P.O. Box 1020Q, Yonkers, New York 10701.

"I'm really setting pretty," said Jill, "since I got my Clairol *Kindness* Hairsetter. The roller ribs are smooth, so they don't tangle my hair; the roller rims keep my hair from slipping off; and I don't know why, but my set seems to last longer." The reason is the patented roller centers that stay warm longer for all your sets—regular, water-mist, or conditioning-mist.

Super-fine hair: its finest hour is after you set and dry it —not during. Because it can be so snarled after a shampoo, combing it hurts. But now there's a gentle creme rinse for fine hair, called *Hair So New*. Spray it on, and you'll find you can comb your fine hair without all that pulling and pushing. And since it isn't sticky or gummy, it leaves fine hair tender to touch. You can use it to unsnarl dry hair between shampoos, too!

"I'm outdoors all summer," said Betty. "Why don't I have the outdoorsy look?" It's a paradox. The outdoorsy look means smooth and shiny hair. But being outdoors, exposed to the sun and the sand and salt water, can dry your hair out. You've gotta spend a few minutes indoors first. After your shampoo, pour Clairol instant *condition** Lotion treatment through your hair, and leave it on for 1 to 5 minutes. It'll make that dry, parched feeling go away. And it helps prevent split ends, too.

It takes time and thought to get just the right hair color. Once you've got it, why trust your delicate color to ordinary shampoos? It's just as easy to shampoo with *Clairol* Shampoo for color care. Appropriately, this shampoo comes in pretty colors. Use the Blue Formula if you're blonde, the emerald Green Formula if you're brunette or redhead.

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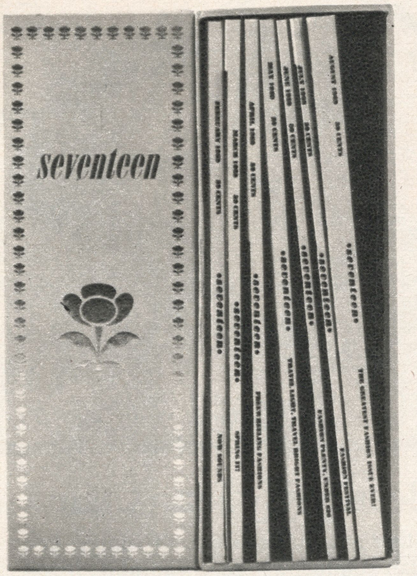

Now at last you can get those magazines out of your closet and up from under your bed with SEVENTEEN's attractive magazine cases. Each sturdy cardboard case is made to neatly house all 12 of the great issues of SEVENTEEN that you've been collecting, or are about to collect in the coming year. Buy a few for yourself and give the rest to your friends. Your choice of pink or blue.

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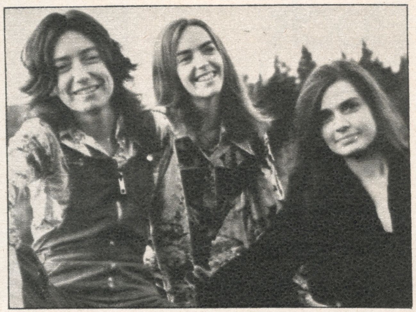
Close-up

continued from page 61

Records


The Deadly Nightshade: Anne Bowen, Helen Hooke, Pamela Brandt

The Deadly Nightshade calls for liberation, 10cc brings humor to rock, Barbara Cook sings favorite show tunes

THE DEADLY NIGHTSHADE (Phantom). The battle of the sexes continues as Helen Hooke, Anne Bowen and Pamela Brandt, a vivacious country rock trio, pepper lyrics with some telling shafts aimed at masculine oppressors. They pick their guitars, play the washboard, fiddle and bass (among other instruments) and share the vocals on such ballads as *Something Blue* (getting married is depressing), *Nose Job* (should she?) and *Losin' at Love* (if a girl wins at poker, she'll lose her man). The Deadly Nightshade, incidentally, is named for the poisonous plant also called *belladonna*. Literally, that means "beautiful lady"!

CARLY SIMON: PLAYING POSSUM (Elektra). Mostly, this is a round of joyous love songs, not your easy simpleminded, simplehearted ballads, but flesh and blood songs. With *After the Storm; Are You Ticklish* and *Look Me in the Eyes,* lyrics make sense and melodies have an appealing sweep. As Carly, full-throated and serene, mulls over the turbulent pleasures of deep relationships, she's likely to move many a mind to some romantic daydreaming.

THE MANHATTAN TRANSFER (Atlantic). Cheers for a hip vocal quartet, two men and two women. They delight in crisp, beautifully patterned arrangements that set off the lyrics to such nostalgic lovelies as *Tuxedo Junction; Java Jive; Candy*. Syncopated stylings, backed by crack band arrangements, build up a kind of inner dynamic that will propel most listeners to their feet, searching for a place to dance. Even if you manage to sit still, you'll find your mood euphoric!

AFRICA: CEREMONIAL AND FOLK MUSIC (Nonesuch). Exhilarating and altogether thrilling, this is the sound of Africa: high-pitched vocals, resonant choral effects, whistles of bone and horn, the seven-string enanga, the eleven-string zeze, drums, bells, pounding feet. The various combinations make this album one of the most vivid experiences imaginable, more personal even than watching a movie documentary. Recording in Uganda, Kenya and Tanzania, David Fanshawe covered a thousand miles or more to tape music celebrating warriors' courage, festivities, daily life.

10cc: THE ORIGINAL SOUNDTRACK (Mercury). This British rock quartet seizes attention with its imaginative fusion of soft vocals and intricately layered melodic tracks. Frequently displaying a lively sense of humor, 10cc's sophisticated ballads bear titles like *Life Is a Minestrone; The Film of My Love* and *Une Nuit à Paris* ("One Night in Paris"), a droll takeoff on Michel Legrand's impassioned movie music a la *The Umbrellas of Cherbourg.* Offbeat and fun.

Choice Cuts

BAD COMPANY: STRAIGHT SHOOTER (Swan Song). Good-time rock with lots of drive by the English group. GILBERT & SULLIVAN: THE MIKADO (London). The endearing, enduring comic operetta, by the D'Oyly Carte Opera Company. MOUSSORGSKY: PICTURES AT AN EXHIBITION; RAVEL: BOLERO (Philips). Edo de Waart leads the Rotterdam Philharmonic. GOLDEN DANCE HITS OF 1600 (Archiv). A bevy of beguiling court dances from a bygone time. Try *The Tangle.* BEETHOVEN: BAGATELLES, OP. 33 AND OP. 126 (Columbia). Short, spirited piano pieces, with Glenn Gould at the keys. BLUE SWEDE: OUT OF THE BLUE (EMI). Rock 'n roll the Scandinavian way—straight on and exuberant! THE TED HEATH ORCHESTRA: TED HEATH SALUTES THE DUKE (London). Crisp, big-band arrangements of *Mood Indigo,* etc. RETURN TO FOREVER FEATURING CHICK COREA: NO MYSTERY (Polydor). Surging jazz rock, featuring Corea at the keyboards.

BARBARA COOK AT CARNEGIE HALL (Columbia). A radiant personality and glorious voice have won Barbara a following unlike that of any other current singer in the world of show music. She sang in the original productions of such fondly remembered hits as *The Music Man* and *She Loves Me.* She has a magical way with a tune in this stunning showcase, polishing such gems as *Dancing in the Dark; Carolina in the Morning* and *Wait Till You See Him.* Barbara's back, and it's high time!

More "Close-up" on page 64

BETTER LATE THAN NEVER IS A LIE.
CUB
REPORTER
WANTED
EXTRA
THE DAILY TRIBUNE
SCHOOL NEXT YEAR!
HOMEWORK IS
UNCONSTITUTI
PRINTING
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EDITOR

I'm Sure

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The deadline was getting closer, and I was absolutely petrified.

Everyone was standing around, waiting for me to finish my article. The last thing on my mind was the anti-perspirant test I was trying. That morning, I put Sure on one side, and my regular spray on the other—just like I saw on TV.

After the panic, things got back to normal, and I knew that the test worked. The side with Sure was drier. I could actually see the difference. Right then and there, I was convinced.

When it comes to deadlines, I still feel like hiding. But now I'm sure.

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SURE
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The exclusive formula of Midol® helps stop periodic cramps with an anti-spasmodic, an ingredient ordinary pain relievers don't give you. Midol relieves other painful period and pre-period problems, too. Relieves your low backache, headache—even aches from swelling of breasts and legs some girls get right before their periods.

And Midol helps soothe the irritable feeling that is caused by these painful symptoms.

Let Midol help you to find more active days this month.

The Menstrual Distress Specialist

Midol

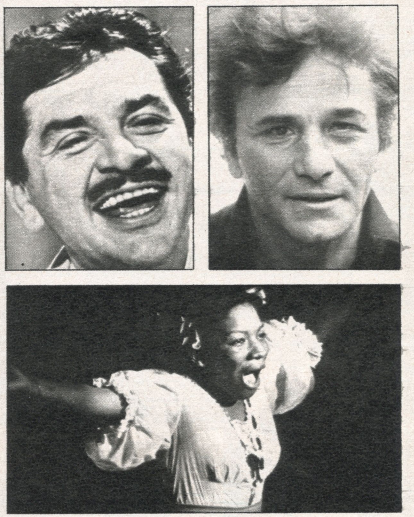
Close-up

continued from page 62

Show Bits

Double takes and diversions

KOVACS COMES BACK. Ernie Kovacs, a truly unique talent, used the TV medium as no other comedian has done before or since. (He was on TV from 1951 until his accidental death in '62.) The Video Tape Network has put together a one-hour special made up of hilarious gags and sketches culled from sixteen of Kovacs's original half-hour shows for distribution to its college outlets. VTN rents tapes and cassettes on a vast variety of subjects (music, sports, comedy, documentary and drama) to 317 campuses for closed-circuit viewing on TV screens by some two and a half million students. ***THE WIZ* IS CHAMP!** "Anybody who doesn't see this show is crazy," declared one woman after her third visit to the smash Broadway black soul musical based on L. Frank Baum's seventy-five-year-old fantasy, *The Wonderful Wizard of Oz.* Sixteen-year-old Stephanie Mills (see SEVENTEEN, January 1975) plays Dorothy, and Atlantic Records has just issued the original-cast album, with such romping tunes as *Ease On Down the Road.* In the works: a national touring company, a Twentieth Century-Fox movie. **MOVIE BUFFS, TAKE NOTE:** *Filmmaking: The Collaborative Art,* by Donald Chase for the American Film Institute (Little, Brown, $9.95), quotes well-known Hollywood craftsmen on every aspect of moviemaking except directing (the subject of a separate book). Among the fifty-plus represented here: Albert Ruddy talking about producing *The Godfather,* Lonne Elder III on adapting *Sounder,* actor Peter Falk, designer Edith Head, cinematographer James Wong Howe.



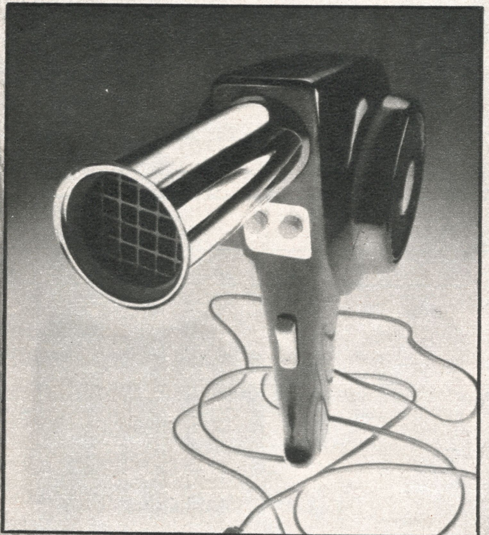
Top: Ernie Kovacs; Peter Falk
Bottom: Stephanie Mills in "The Wiz"

Finally. A more effective way to damage your hair.

What if someone told you they took their hair—at its weakest, most vulnerable moment—stretched and pulled it as far as it could go—and then stuck it in a hot oven for a half hour or so. You'd think they were nuts.

Yet, that's exactly what you do every time you blow dry your hair.

Obviously, blow dryers are here to stay. They give you a fast, easy, natural look. But they do create problems.



We're not against hair dryers. We're just against dried out hair.

The Problems. Wet hair is weak hair. It needs to be handled gently because it doesn't have the elasticity of dry hair. But blow drying calls for merciless brushing and pulling under direct heat. Sometimes enough heat to bake a cake. And certainly enough heat to take the remaining moisture and oils from the hair. Leaving it even less elastic and more brittle. Wide open to breakage and splitting. And if your hair could talk, it would be pleading for a solution.

Pantene's got it—The Heat Solution.™ It's Multi-Conditioner de Pantene® and it's got Phytantriol. Forget the name but not what this exclusive Pantene Swiss Conditioner* does. It acts as a protective shield for hair, maintaining its natural moisture balance.

Four Pantene proteins work with it to give hair the body and manageability that heat takes away. Use the Heat Solution — Multi-Conditioner de Pantene—after every shampoo.

The Shampoo de Pantene.® It's got Pantyl, another Swiss Conditioner for spring and bounce. And Panthenol. It's actually Pro-Vitamin B_5 which penetrates each hair shaft, adding pliability and sheen. Don't look for a big lather. Use just a bit. One lather, one rinse.

More on Blow Dryers. Use them but use your head. Use them with Pantene. And please, take a few minutes longer, hold the blower twelve inches from hair and turn to a cooler setting. Let's not add insult to injury.

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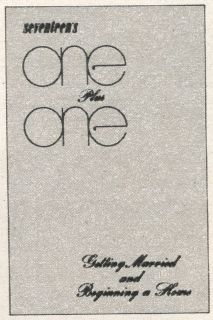

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223

sell it!

Your crafts can earn big money

Do you have a way with crochet, clay, leather and other craft media? Try selling your handiwork. Besides earning extra cash, you'll establish a reputation as an artist and business person. Who knows? The experience could lead to a teaching or camp counseling job or maybe a future business. And it's a great thing to mention when you're compiling a résumé or filling out school or job applications.

Is selling easy? Yes, if you know how. Some dos and don'ts to consider:

- Whatever your craft is, make sure you're a pro at it and can turn out quality goods on short notice.
- Take into consideration the work space you'll need to set up shop.
- Figure what profit you want to make. First, estimate what it will cost for supplies, transportation, packaging, any mailing charges involved. The idea is to produce crafts cheaply enough to keep the selling price reasonable and still make a worthwhile profit. Many crafts people sell their wares at double the amount it costs to make them.
- Don't get so attached to your creations that you won't be able to part with them!
- Don't overlook legalities. It's advisable to contact the county clerk's office and the department of taxation and finance in your state for sales tax forms. A resale certificate will enable you to buy many supplies at wholesale prices and bypass local sales taxes.

Where to sell your handiwork? Bazaars and crafts fairs are great for beginners. Be prepared for some competition though. Take note of what sells best and the type of person who's attracted to your work. From there you can check with local stores and boutiques to see if they're interested in ordering your crafts. You might suggest doing a window display for them—it's great publicity. When showing samples to store people, try to arrange an appointment in advance. If your work goes over big, see if you can get the store to order a specific number of pieces at a price you both agree on. Make sure you fully understand the conditions and get them in writing. If your work is rejected, try to find out why and re-evaluate your product.

Selling on consignment is another method. This means the store keeps a percentage of the retail price of sold items. Unsold things are returned to you. In the long run, this is probably the least profitable selling method. Another idea—which many teens find ideal—is to seek out your own customers. Get out and talk to people, post bulletins, really pound the pavement. Final note: A pleased customer will more than likely pass the word. Help boost this support by attaching a card to each piece with info explaining your craft, special care needed, plus your name and address.

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227462 * ABC STEELY DAN Can't Buy A Thrill DO IT AGAIN

251470 * WESTBOUND OHIO PLAYERS GREATEST HITS
248443 COLUMBIA BARBRA STREISAND ButterFly
250324 * CHELSEA THE BEST OF WAYNE NEWTON-LIVE
212654 212655 COLUMBIA BOB DYLAN Greatest Hits, Vol. 2 COUNTS AS TWO
246595 * TAMLA STEVIE WONDER FULFILLINGNESS' FIRST FINALE
236588 ABC/DUNHILL JOE WALSH BARNSTORM
243386 243387 † CHESS CHUCK BERRY'S GOLDEN DECADE VOL. III COUNTS AS TWO
249904 † BLUE NOTE BOBBI HUMPHREY SATIN DOLL
248468 † THE ELECTRIC LIGHT ORCH. ELDORADO
248609 248600 † FAMOUS PAT BOONE'S GREATEST HITS COUNTS AS TWO
246298 † EPIC GEORGE JONES THE GRAND TOUR

249847 * HI AL GREEN EXPLORES YOUR MIND
252536 * CAPITOL HELEN REDDY I AM WOMAN
211565 UNI NEIL DIAMOND GOLD
239251 * MOTOWN THE JACKSON FIVE GET IT TOGETHER
186809 COLUMBIA SIMON & GARFUNKEL Bridge Over Troubled Water
245514 † 20TH CENTURY MAHOGANY RUSH CHILD OF THE NOVELTY
251355 † FERRANTE & TEICHER BODY & SOUL
236000 † LAURIE DION SINGS HIS GREATEST HITS
252452 † CAPITOL AL MARTINO TO THE DOOR OF THE SUN
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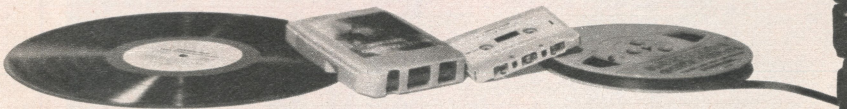

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If you wish to receive the Selection of the Month or the Special Selection, you need do nothing—it will be shipped automatically. If you prefer an alternate selection, or none at all, simply fill in the response card always provided and mail it by the date specified.

You will always have at least 10 days in which to make your decision. If you ever receive any Selection without having had at least 10 days in which to decide, you may return it at our expense, for full credit.

Your own charge account will be opened...the selections you order will be mailed and billed at regular Club prices: cartridges and cassettes, $6.98 or $7.98; reel tapes, $7.98; records, $5.98 or $6.98—plus shipping and handling. (Multiple unit sets and Double Selections may be somewhat higher.)

After completing your enrollment agreement (by buying 9 selections within 3 years), you may cancel membership at any time. If you decide to continue, you'll be eligible for our generous money-saving bonus plan.

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- 251082 *RAMSEY LEWIS SUN GODDESS COLUMBIA
- 181909 SANTANA Their First Big Hit Album COLUMBIA
- 239186 * MARVIN GAYE LET'S GET IT ON TAMLA
- 236141 Gladys Knight & The Pips IMAGINATION BUDDAH

- 196246 Sly & The Family Stone GREATEST HITS EPIC
- 252387 * THE BEST OF NAT KING COLE CAPITOL
- 239566 BACHMAN-TURNER OVERDRIVE II Mercury
- 242511 * HOLLIES The Air That I Breathe EPIC
- 249698 * THE OZARK MOUNTAIN DAREDEVILS "It'll Shine When It Shines" A&M

- 251231 MAC DAVIS ALL THE LOVE IN THE WORLD COLUMBIA
- 251785 * STATLER BROTHERS SONS OF THE MOTHERLAND Mercury
- 251462 * MARIE OSMOND WHO'S SORRY NOW MGM
- 252510 * HELEN REDDY Love Song For Jeffrey CAPITOL
- 249771 TONY ORLANDO & DAWN PRIME TIME BELL
- 231670 JANIS JOPLIN GREATEST HITS COLUMBIA
- 249888 * TOM JONES SOMETHIN' 'BOUT YOU BABY I LIKE PARROT
- 249953 * TANYA TUCKER'S GREATEST HITS COLUMBIA
- 248559 CHARLIE RICH THE SILVER FOX EPIC
- 250456 * JOHNNY MATHIS The Heart Of A Woman COLUMBIA

- 252411 * 252412 GRAND FUNK MARK, DON & MEL CAPITOL COUNTS AS TWO
- 252544 * THE BEST OF NANCY WILSON CAPITOL
- 240390 CHARLIE RICH VERY SPECIAL LOVE SONGS EPIC
- 239525 BARBRA STREISAND THE WAY WE WERE COLUMBIA
- 244657 * DIANA ROSS LIVE AT CAESAR'S PALACE MOTOWN
- 232926 * STEELY DAN Countdown To Ecstasy ABC
- 241620 PROCOL HARUM Exotic Birds And Fruit CHRYSALIS
- 243899 * MAUREEN McGOVERN NICE TO BE AROUND 20TH CENTURY
- 252379 * GLEN CAMPBELL'S GREATEST HITS CAPITOL
- 244988 * BILLY PRESTON THE KIDS & ME A&M
- 246033 * MINNIE RIPERTON PERFECT ANGEL EPIC
- 242107 * TEN YEARS AFTER POSITIVE VIBRATIONS COLUMBIA
- 219659 * 219650 BUDDY HOLLY ROCK AND ROLL COLLECTION MCA COUNTS AS TWO
- 231159 CAT STEVENS FOREIGNER A&M
- 230581 * SPOOKY TOOTH YOU BROKE MY HEART SO I BUSTED YOUR JAW A&M

- 251538 * ROBIN TROWER FOR EARTH BELOW CHRYSALIS
- 251447 * MELISSA MANCHESTER MIDNITE BLUE ARISTA
- 249789 249780 THIS IS THE MOODY BLUES THRESHOLD COUNTS AS TWO
- 249938 * OHIO PLAYERS FIRE Mercury
- 202796 RICHARD STRAUSS Also Sprach Zarathustra Bernstein, New York Philharmonic COLUMBIA
- 245753 PAUL ANKA (YOU'RE) HAVING MY BABY UA
- 239889 239880 CHICAGO VII (I've Been) Searchin' So Long COLUMBIA COUNTS AS TWO
- 238717 AL GREEN LIVIN' FOR YOU HI
- 246736 246737 BOBBY GOLDSBORO'S 10th ANNIVERSARY ALBUM UA COUNTS AS TWO
- 246884 * DANCING MACHINE JACKSON FIVE MOTOWN
- 230714 CARPENTERS NOW & THEN A&M
- 251181 * RAY CONNIFF LAUGHTER IN THE RAIN COLUMBIA
- 239871 239872 LOGGINS & MESSINA ON STAGE COLUMBIA COUNTS AS TWO
- 247718 * TAMMY WYNETTE WOMAN TO WOMAN EPIC
- 241968 CAT STEVENS BUDDHA AND THE CHOCOLATE BOX A&M
- 240812 * 240813 ANTHOLOGY GLADYS KNIGHT AND THE PIPS MOTOWN COUNTS AS TWO
- 232587 CHICAGO VI Feelin' Stronger Every Day COLUMBIA
- 237438 * JAY & THE AMERICANS GREATEST HITS UA
- 246702 * BOSTON POPS FIEDLER IN RAGS POLYDOR
- 239145 * 239146 SMOKEY ROBINSON AND THE MIRACLES 1957-1972 TAMLA COUNTS AS TWO
- 246710 * HANK WILLIAMS, JR. LIVING PROOF MGM
- 246058 * PAPER LACE The Night Chicago Died Mercury
- 244699 * RUFUS RAGS TO RUFUS ABC
- 214650 Blood, Sweat & Tears GREATEST HITS COLUMBIA
- 242289 * OHIO PLAYERS SKIN TIGHT Mercury
- 240887 THE POINTER SISTERS THAT'S A PLENTY BLUE THUMB
- 233437 * The Best Of Procol Harum Whiter Shade Of Pale A&M
- 239384 * STEVIE WONDER INNERVISIONS TAMLA

- 252064 RONNIE ALDRICH IN THE GENTLE HOURS London
- 251918 * BILL ANDERSON EVERYTIME I TURN ON THE RADIO MCA
- 250902 JOE WALSH • SO WHAT • ABC/DUNHILL
- 250969 * GLORIA GAYNOR Never Can Say Goodbye MGM
- 247742 JETHRO TULL WAR CHILD CHRYSALIS
- 246041 BACHMAN-TURNER OVERDRIVE NOT FRAGILE Mercury
- 219477 SIMON & GARFUNKEL'S GREATEST HITS COLUMBIA
- 239939 WALTER CARLOS SWITCHED-ON BACH II COLUMBIA
- 246165 SANTANA BORBOLETTA COLUMBIA
- 252361 * 252362 BEACH BOYS ENDLESS SUMMER CAPITOL COUNTS AS TWO
- 232579 ROD STEWART Sing It Again Rod Mercury
- 246678 * HERBIE HANCOCK THRUST COLUMBIA
- 241612 ROBIN TROWER BRIDGE OF SIGHS CHRYSALIS
- 110262 * THE PLATTERS Encore of Golden Hits MERCURY
- 225862 THE MOODY BLUES SEVENTH SOJOURN Isn't Life Strange THRESHOLD
- 245183 * JERRY LEE LEWIS I-40 COUNTRY MERCURY
- 246272 * 246273 ANTHOLOGY DIANA ROSS AND THE SUPREMES MOTOWN COUNTS AS TWO
- 111377 * BOBBY VEE'S GOLDEN GREATS LIBERTY
- 201780 3 DOG NIGHT Golden Bisquits ABC/DUNHILL
- 243642 * LORETTA LYNN'S GREATEST HITS Vol. II MCA
- 246074 * BARRY WHITE CAN'T GET ENOUGH 20TH CENTURY
- 246082 * SHIRLEY BASSEY Nobody Does It Like Me UA
- 241851 * STEELY DAN PRETZEL LOGIC ABC
- 244517 * JEANNE PRUETT YOU DON'T NEED TO MOVE A MOUNTAIN MCA
- 244459 SANTANA'S GREATEST HITS COLUMBIA
- 237875 * BARRY WHITE STONE GON' 20TH CENTURY
- 230672 * 230673 Miles Davis In Concert COLUMBIA COUNTS AS TWO
- 224485 The Edgar Winter Group THEY ONLY COME OUT AT NIGHT EPIC

*** Selections marked with a star are not available in reel tapes**

New
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Strong & Gentle and now…(Sniff) Mmmm. A new mild fragrance!

Yes, today's Head & Shoulders has a new mild fragrance.

It's still just as strong against dandruff itching and flaking when you use it regularly.

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The delightful difference: A big improvement in the fragrance. Today's Head & Shoulders smells milder. Fresher. Neater.

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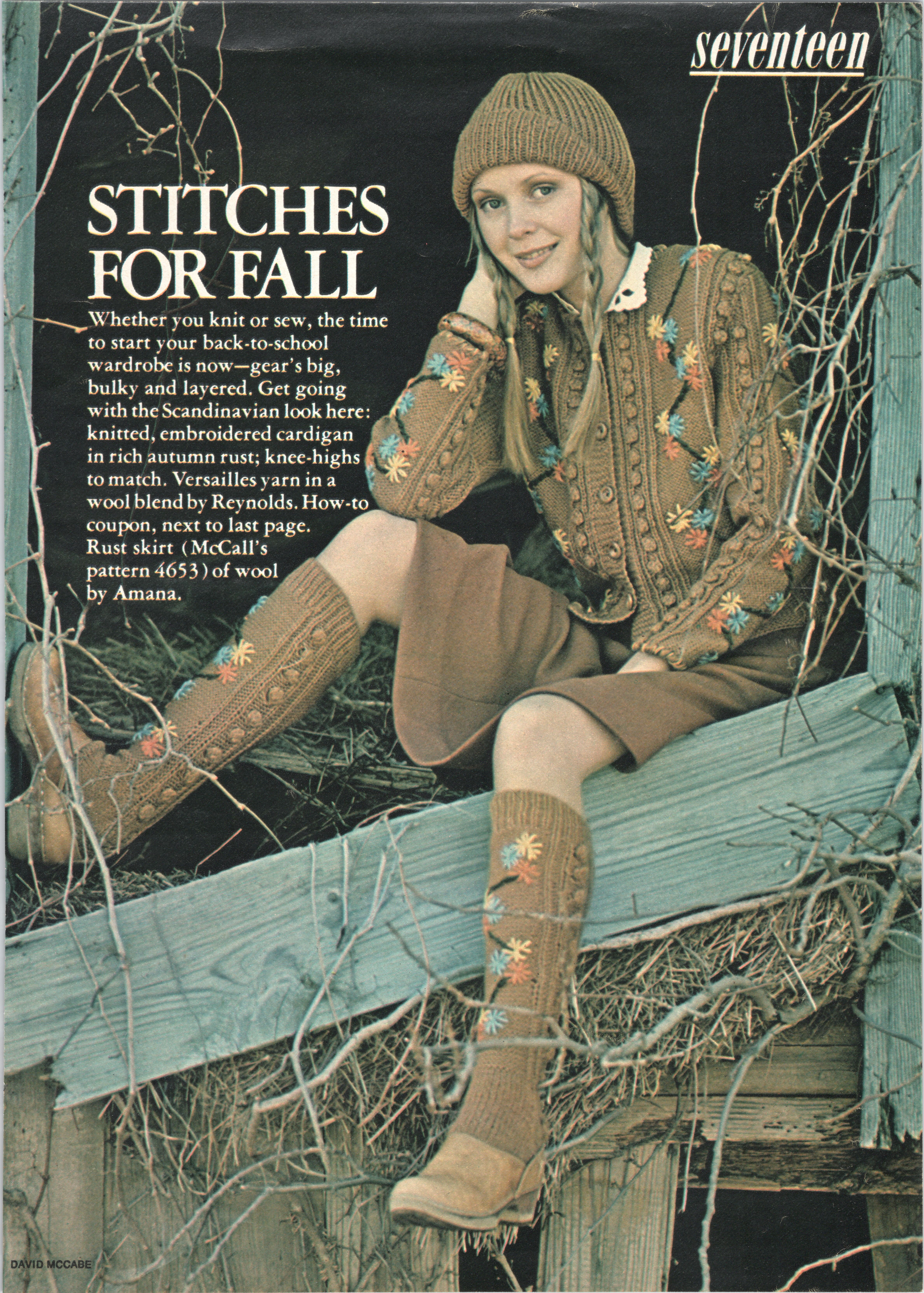
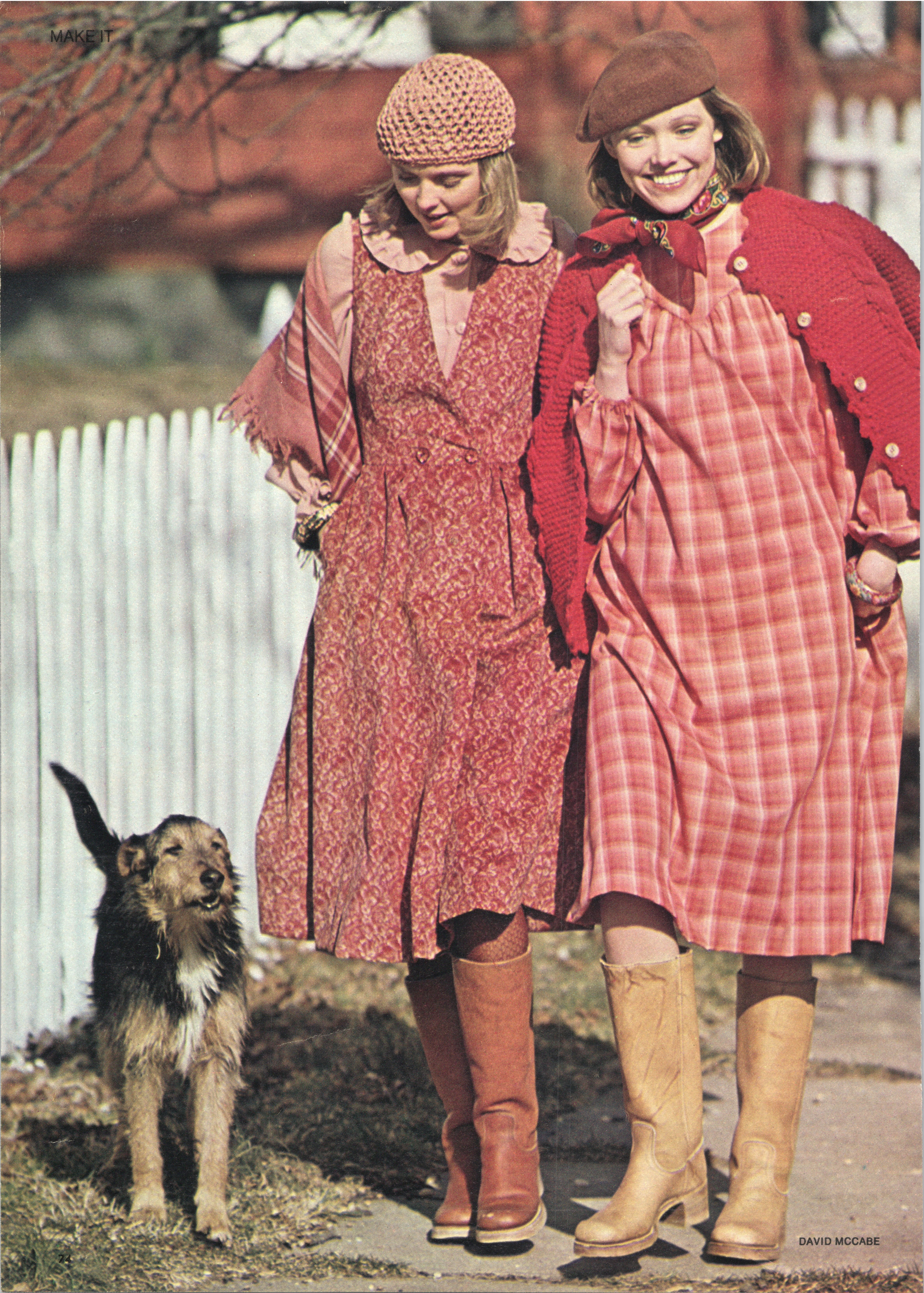


STITCHES FOR FALL

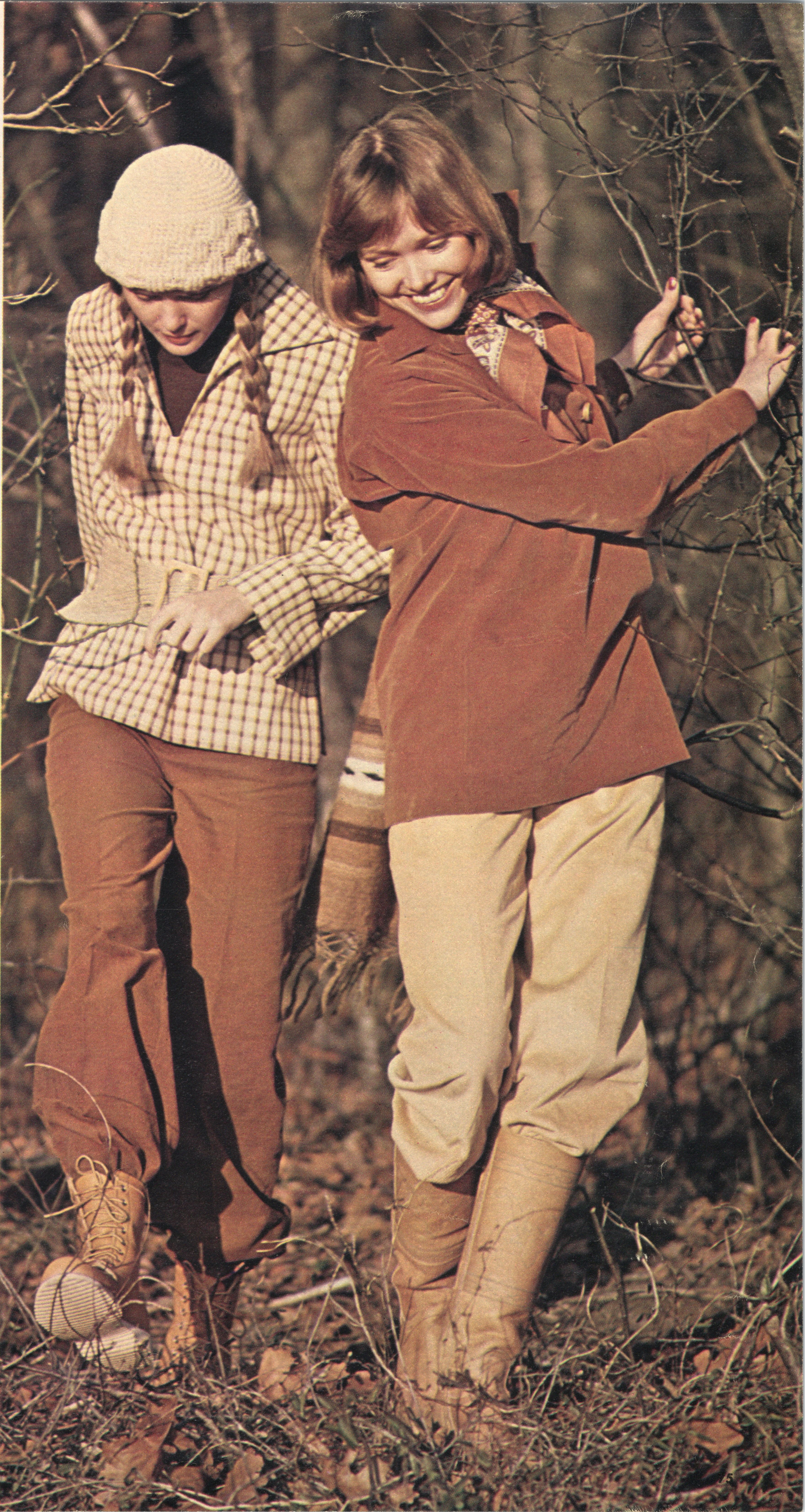
Whether you knit or sew, the time to start your back-to-school wardrobe is now—gear's big, bulky and layered. Get going with the Scandinavian look here: knitted, embroidered cardigan in rich autumn rust; knee-highs to match. Versailles yarn in a wool blend by Reynolds. How-to coupon, next to last page. Rust skirt (McCall's pattern 4653) of wool by Amana.

DAVID MCCABE

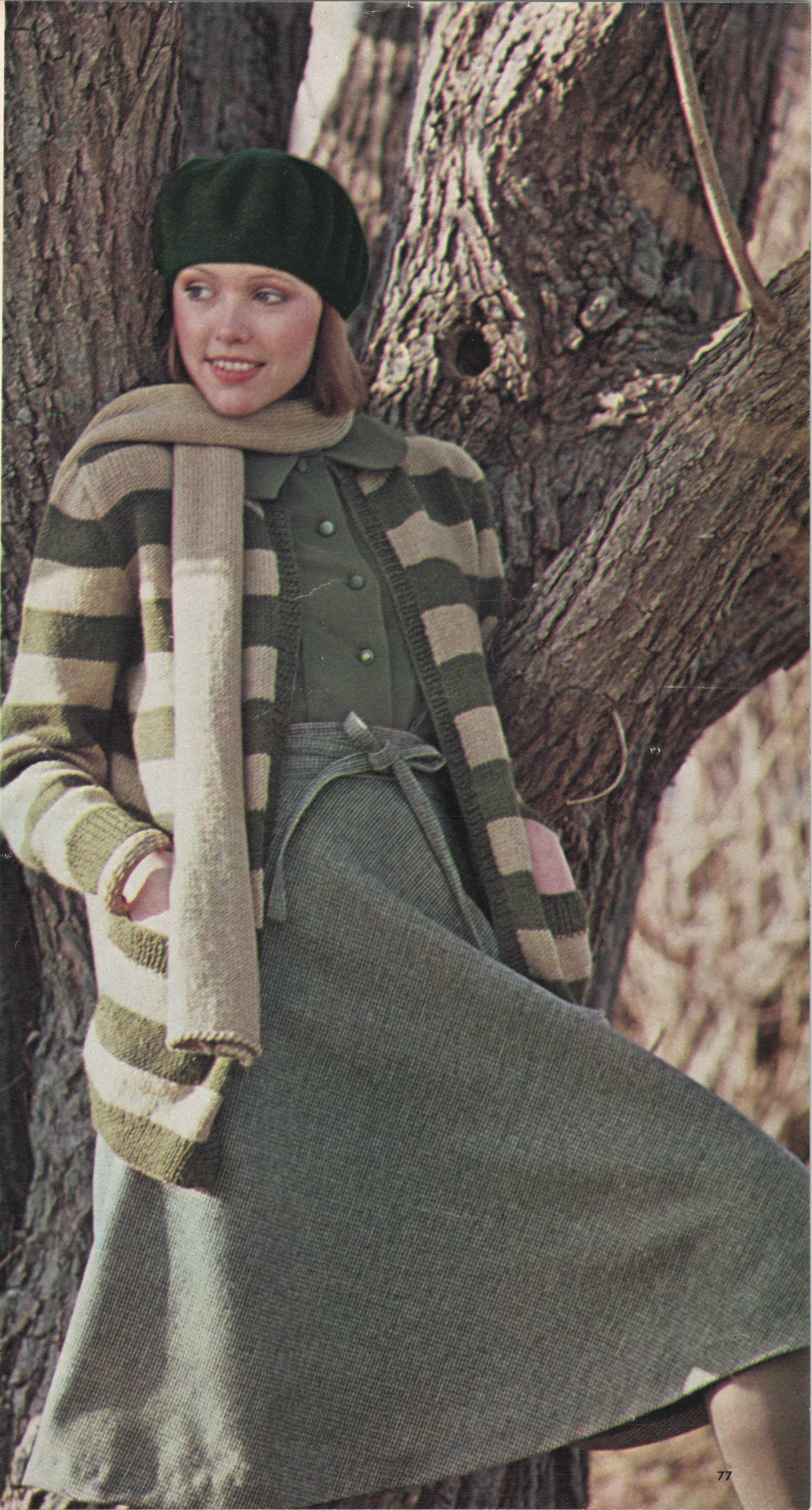


DAVID MCCABE

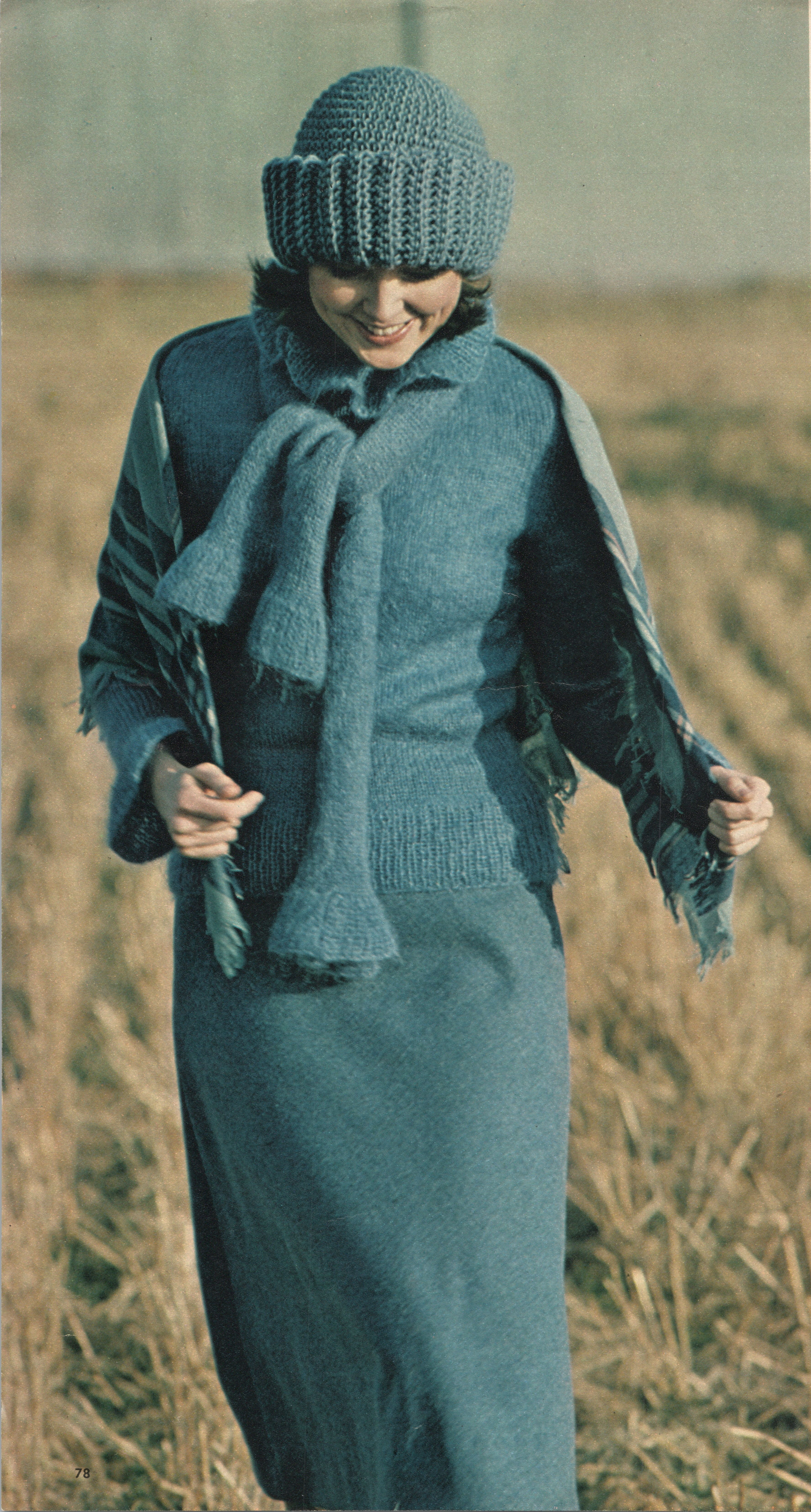
Country colors go to town this fall in a mix of marvelous shades. A taste of wine, far left: printed corduroy jumper (McCall's 4550) of Crompton Richmond polyester/cotton; $3.60 a yard. It's the berries, near left: cabled deep-cranberry cardigan of Reynolds Orlon yarn. How-to coupon, next to last page. Ombré plaid bigdress (McCall's 4562) of Dan River polyester/cotton twill; $2.50 a yard. Ruza scarf, Frye boots. Autumn woods, near right: toasty plaid topper of Cone polyester/cotton; $2.50 a yard. Pinwale corduroy pants of Dan River cotton; $2.50 a yard. Both: McCall's 4645. Dunham boots. Far right: soft, suede-look top (McCall's 4656) of Ameritex rayon; $3.98 a yard. Corn-husk corduroy pants (McCall's 4433) of Crompton Richmond cotton; $2.90 a yard. Echo scarf. Fabric, pattern and accessories info, next to last page. Beauty bit: For contouring, far left, Frances Denney Real Moisture Powder Blush in Ginger Peachy.



DAVID MCCABE



Turning green: quilted jacket, far left, of polyester/cotton by Peter Pan; $3.50 a yard. Deep green corduroy pants are tucked into boots. Of cotton, by Crompton Richmond; $2.90 a yard. Both, McCall's 4259. Frye boots, Catherine Stein hat. Soft olive bigdress, near left (McCall's 3512), in brushed flannel. Of cotton, by Carletex; $3 a yard. Plaid layer: a shirt (McCall's 4502) of polyester/cotton by Ameritex; $1.69 a yard. Olive and celery striped sweater, right; of wool-blend yarn by Reynolds. How-to coupon, next to last page. Wrap-skirt sensation (McCall's 4641) of polyester by Ernest Einiger; $5 a yard. Eva Graham bangle. Fabric, pattern and accessories info, next to last page. Hairstyles, these and preceding two pages: Donald Blakely Cole of Roger Thompson. Makeup: Sandra Linter. Beauty bit: For lasting shine, Elizabeth Arden's Great Color Glossy Lip Makeup. Right: Go-Lightly Red.



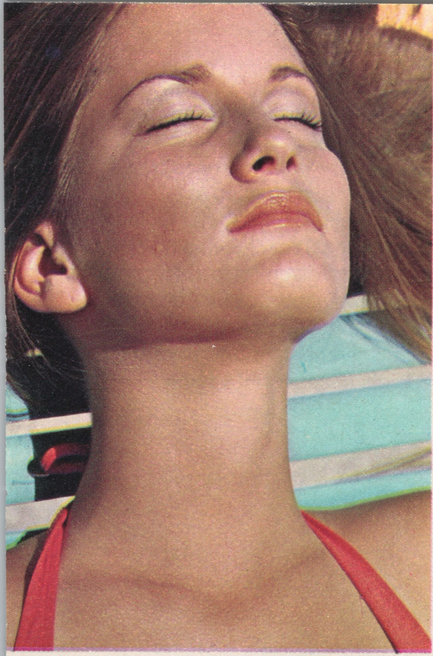
Winning slate blue mohair sweater, left, with ruffled neck and cuffs and matching scarf. Of Reynolds yarn. How-to coupon, next to last page. Blends-of-blue skirt (McCall's 4650) of wool/nylon by Ernest Einiger; $6 a yard. Hat by Betmar. Plum pitches in, near right: bell-sleeved peasant dress (McCall's 4472) of floral-print cotton by Concord; $1.95 a yard. Wrights lacy trim. The pick of the grapes, far right: the jumper (McCall's 4535) is back in brushed flannel; wear it your way. Of cotton by Carletex; $3 a yard. Buttons by Lidz Bros. Dress blossoming underneath (McCall's 4647) can be worn alone. Of polyester/cotton by Ameritex; $1.98 a yard. Red Cobra beret, Frye boots. Fabric, pattern and accessories info, next to last page. Beauty bit: Accent fall with Bonne Bell's Golden Lipstick in Golden Brown (left).

Fashions (pages 73-79) photographed at Sound Shore Hotel, Greenport, Long Island

DAVID MCCABE

SOME LIKE IT COOL!

DAVID MCCABE



As the temperature soars, you have to be creative to keep your cool. For starters, think cool about the way you dress, eat, sleep—everything you do this summer. If you can spend lots of time by the beach or pool, do it! And don't forget all the light, zingy fragrances you can splash on and on. Most of all—treat suntanned skin to the smooth cool of a moisturizing body lotion. Kelly Hogarth, sixteen, of Lake Park, Florida (opposite), stays cool by swimming every day (it's the ideal summer exercise) and using water-resistant, no-fuss makeup. First she coats lashes with waterproof mascara, then she uses shimmery Skin Life Deep Moisture eyeshadow cream in Old Sterling. Both by Helena Rubinstein.

Lee Ann Wilson, seventeen, of West Palm Beach, Florida (photos this page), knows how to get a super tan—and be anything but hot and bothered! She suns for one-half hour using Coppertone's Shade suntan lotion, then makes a mad dash for the pool! Her makeup? Waterproof Great-Shadow in Plum Brown and black Look Natural Comb-On Mascara. Both, Maybelline. Makeup by Robert LaCourte.

Lee's instant refresher (center photo): a sand-pail shower of icy water. If you want to go all out, try dousing your head with cold club soda (rinse afterward)—it's super tingly. Then lie down in the shade with thin slices of fresh cucumber on lids, a tall thirst-quencher within easy reach.

For the cool-hand look of gleamy nails (bottom photo), forget those fiery, red polishes and choose clears or pastels. First, file nails from each side to center, filing in one direction. Apply polish in three quick strokes—down center of nail, then down sides. Don't forget toenails that are on display! Clip straight across, smooth edges, apply polish. For a free nail care guide, write:

The Cutex Nail Care Clinic,
415 Madison Avenue, New York 10017.

Final cool notes . . .

- Fragrant premoistened towelettes clean and refresh hot skin.
- For an invigorating lift nothing beats a cooling facial. Ice Mint Mask by Charles of the Ritz does its stuff in five fast minutes.
- Have an aloe plant? Split one of the leaves and apply the moist jelly to a sun-warmed nose, chin or forehead.

LOVE'S FRESH LEMON BODY MIST
Blue Jeans
Charlie

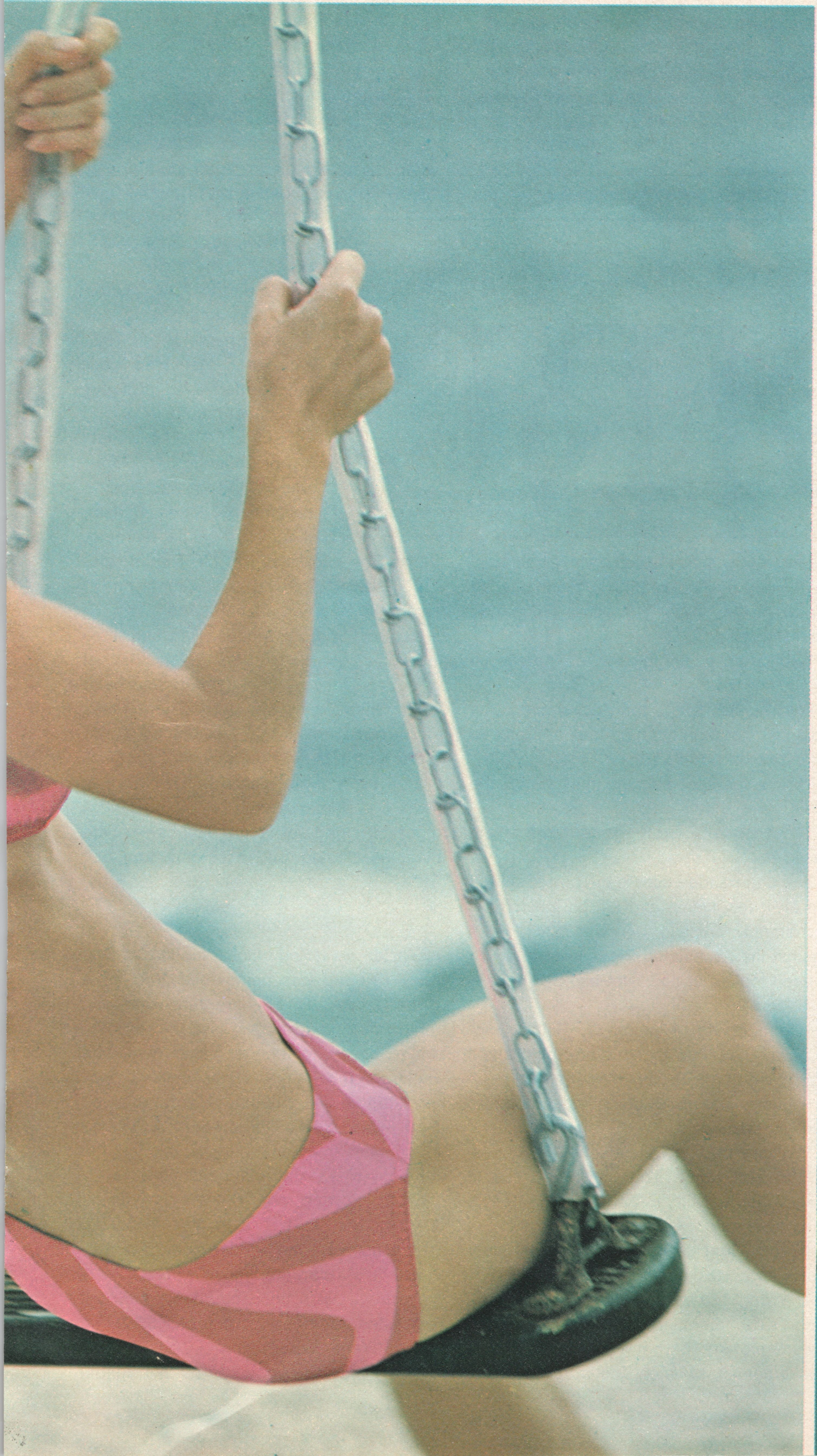
Fragrances on ice above, clockwise from one o'clock: Love's Fresh Lemon Body Mist, Yves Saint Laurent Rive Gauche spray cologne, Blue Jeans cologne mist by Shulton, Ambush solid cologne by Dana, Cachet bath oil/skin perfume by Prince Matchabelli, Revlon's Charlie splash-on cologne, Calandre parfum purse spray by Paco Rabanne, Miss Dior perfume atomizer, Chanel No. 19 eau de toilette spray, Aliage sport spray by Estée Lauder, Cool Spell spray cologne by Coty, White Shoulders beach and travel atomizer by Evyan

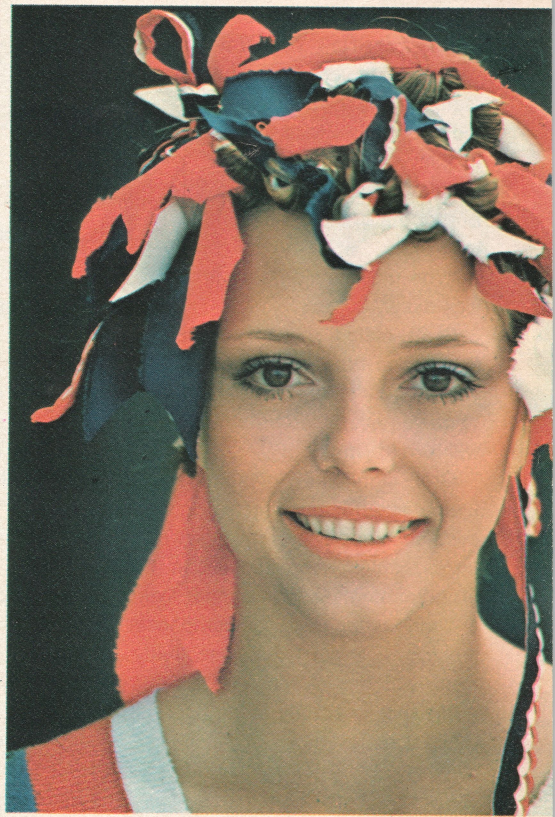
Photographed at The Fountains of Palm Beach, Florida

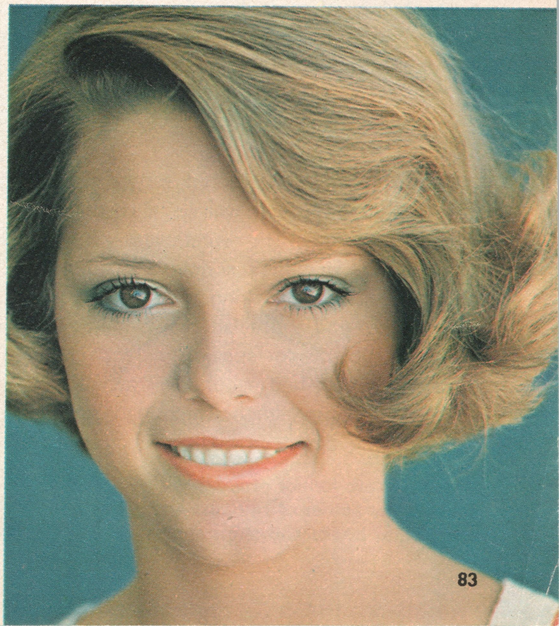
Ever notice well-groomed hair and think, "I wish mine looked like that"? "For summer cool, the proper cut and care is a must. Hair should be worn short or up off the neck," says Randy Rick, style director of the Glemby International Salon at Jordan Marsh in Miami, Florida. Glemby color stylist Nicholas Guerrand recommends a scalp massage before washing: "Lie with your head over the side of your bed; starting at the hairline, make small circular motions with your fingertips." Swinging cover girl Lee Ann Wilson (below) followed his advice, then used Ogilvie Conditioning Shampoo. To bring out the shine, she brushed her hair dry. Thick hair like Lee's needs a stiff natural

DAVID MCCABE

bristle brush. Fine hair? Use a soft one. Monika for Elon bikini, Max Factor waterproof makeup. Get it together like Kelly Hogarth (inset, below): Pull towel-dried hair into a chignon; pin at nape. Let dry; unpin. Brush well for a smooth center-parted crown and neat, bouncy ends. Her makeup: Cover Girl. Sixteen-year-old Cheryl Wood is a water buff from Palm Beach, Florida. Randy gave her a blunt cut that ends just below the ears. Cheryl's set for summer waves with ribbons! Each is tied close to the roots of a strand of hair and twirled around it. The ribboned hair is coiled and tied again at roots. (For a curlier effect, twist ribbons tightly.) Her hair dried as she socialized pool-side; whisking out the ribbons, she brushed up the waves. Eye-catching: Tussy protein-enriched waterproof mascara. Makeup, these pages: Robert LaCourte.







An unforgettable story about a mangy old mutt who was almost human

A SPECIAL SUMMER NOVELETTE

GIRL

by Gerald Green

Alan Groff, the producer, smelled the visitors before he saw them. He looked up from his electric typewriter, on which he was writing questions for an interview with a senator, and saw an old man and a dog. The musty odor was laminated, multilevel. The man smelled of barns, compost heaps. The dog smelled like an old dog.

"Yes?" Groff asked.

"This here the Don Derry show?"

"Do you have an appointment?" Groff, a Phi Beta Kappa from New York University, a starved, trembling man, was always polite to the oddballs, losers and misfits who managed to sneak into the office. There, but for the grace of network television . . .

"The lady outside said it was okay."

Groff called the receptionist and bawled her out.

"I couldn't help it, Alan," the girl said. "You've never seen an act like he has. Don will love it. That *dog!*"

Groff sighed. Everyone was a producer. Everyone auditioned acts. He prided himself on knowing Don Derry's mercurial tastes, anticipating the star's notions of programming. At the moment Derry was in a "serious" phase: breast cancer, impotence, ecology. Groff was fairly certain Derry was not interested in a white-headed bum and a scruffy mutt. But he was a tolerant man.

"Okay. What do you do, Mr. . . . ?"

"Riddle. This dog is named Girl. She has a vocabulary of more than four thousand words. Taught her myself. This dog understands the English language."

Liz Willis, the script girl, got up from a rear desk and walked toward the front of the office. The writers and secretaries stayed with their scripts and phone calls. An old man, looking like a disreputable Santa, and a grayish brown mongrel were not subjects for special interest. Two days ago a man had escorted in an enormous squawking ostrich which had defecated on the director's desk.

"Convince me," Groff said.

"Certainly. Girl, listen to me."

The dog, slouched against Mr. Riddle's leg, struggled to a standing position. She was about the size of an Airedale and was covered with tight brown-gray curls. Her muzzle and the hairs around the eyes were white. She had floppy white paws. The dog yawned and her jowls trembled, as if the effort were too much for her tired old head.

"We're waiting," Liz Willis said politely.

"Girl, show me the pretty lady in the green dress with all the papers in her hands."

The dog walked over to Liz and placed a paw on her thigh. The script girl patted Girl's head.

"Girl, show us the telephone. The one on this man's desk."

With no hesitation, the dog turned away from Liz, stood on her hind legs and placed forepaws on Groff's phone.

"Show me the machine that sends the news," Mr. Riddle said.

"Impossible," Groff said. "She can't know that."

The dog padded across the office, sniffed the air a few times, and as the junior writers stared, pressed her wet black nose against the Associated Press teleprinter.

Groff looked at Liz. "Not bad. It's a trick, of course."

"Conditioning, I suppose. Reinforcing. The way they train pigeons and chickens." Liz smiled at Mr. Riddle. "What else?"

"Ma'am, just about anything, so long as Girl understands."

"Will she obey anyone else?" Groff asked.

"I'm afraid not. You see E. J. Riddle trained her, and it's E. J. Riddle she obeys. Girl, there's two young men in the back of the room. Find me the one with the funny yellow sweater that goes around his neck."

The dog turned from the AP machine. With slow dignified steps, she walked toward the writer who was wearing a yellow turtleneck sweater. The writer, a young man named Jackson, laughed and patted the dog on the head.

"Show me where they are making coffee," Mr. Riddle said.

Girl swiveled her head. The eyes, Groff noted, were luminous and bright. Lights winked in the liquid brown.

"I said the coffee, Girl."

The dog walked toward Liz Willis's filing cabinet, on top of which an electric coffeemaker rested. Unable to reach the top, Girl whimpered and pointed her muzzle upward, as if apologizing.

"Not bad," Groff said. "Even if it is a trick."

"It's no trick," Mr. Riddle said. Girl returned to her master. She sat at Mr. Riddle's feet. Her long pink tongue darted in and out of the wet mouth.

"But you must be signaling or directing her," Groff said. At NYU he had studied psychology, behaviorism, theories of animal learning.

"No. She understands," Mr. Riddle said.

Liz asked: "Are you professional entertainers? Are you an animal trainer?"

"Me and Girl are friends. Had her since she was a pup. We get around. Pass the hat at county fairs. Getting ready to head south, when I seen Mr. Derry a few weeks ago with that rabbit that tap-danced. Heck, I said, Girl is better than that."

Groff got up. He looked at Liz. "Don is down on animal acts," he said. "But it might be good for some laughs—maybe after the debate on vasectomy tonight."

Inside his lavish offices, the star of *Don Derry Tonight!* was being measured for a scuba diving suit. The program was soon going to originate from Nassau, in the Bahamas. Derry, a slender, pale man with wheat-colored hair and tiny features concentrated in the middle of a long-jawed head, was in his underwear. A tanned young man from an undersea exploration company was taking his measurements.

Groff knocked and peeked in. "Don? Can I bother you with a trained dog act?"

"It's no act," Mr. Riddle said cheerfully to Liz. "It's a dog that knows words."

Derry was in a good mood. He had just negotiated a ten-year contract for $350,000 a year. "Yeah, yeah."

Groff held the door open for Mr. Riddle

Gerald Green, former producer of TV's *Today* show, is the author of *The Last Angry Man* and many other books and short stories.

and Girl. Derry's nose recoiled as the old man and the old dog entered.

"This is Mr. Riddle and his dog, Girl," Groff said. "Go ahead, Mr. Riddle."

"That there is Mr. Don Derry, Girl. We see him from time to time on the television. How do, sir."

"Hi, Dad."

"Girl, show us Mr. Derry's suit what he took off."

Derry's three-hundred-dollar suit was draped on a silent valet in the corner. His hundred-dollar shoes nested beneath the knife-creased trousers and the flared jacket. Girl placed a furry paw on the pants.

"Show me his shoes, Girl."

The paw moved down to the crocodile loafers.

"Alan," Don Derry said wearily, "I don't want dogs. The show's growing up, dig?"

"Where's the man in his underwear, Girl?" Mr. Riddle asked.

Girl padded across the orange carpeting and nuzzled Derry's white silk shorts.

"What is this?" Derry laughed. "A fag dog?"

"Don, the dog is fantastic," Liz said. "Mr. Riddle says she understands four thousand words. We could use a few laughs tonight."

"No dog," Derry said. "Besides, he's moving the mutt with signals."

"It ain't signals, Mr. Derry," Mr. Riddle said. "Girl understands me."

"I've seen this number before. Easy stuff—window, chair, clothing, man. He moves the dog. Whistles, something." The TV star held his hands high up while the underwater expert measured his chest.

"Girl, find me the underwater equipment in this room."

Resting against the coffee table was an Aqua-lung, a mask and flippers. Girl walked over to the gear and put a paw on the yellow oxygen cylinders.

"The mask, Girl."

The dog touched the black rubber mask.

"The things for the feet."

The dog put her paw on the black flippers.

"Girl, listen to me. Where is the man going to wear those things?"

Liz raised her eyebrows and looked at Groff. "Oh, no. Not a magician also."

"Or a hypnotist," Groff said. "She'll make us all think we're in a swimming pool."

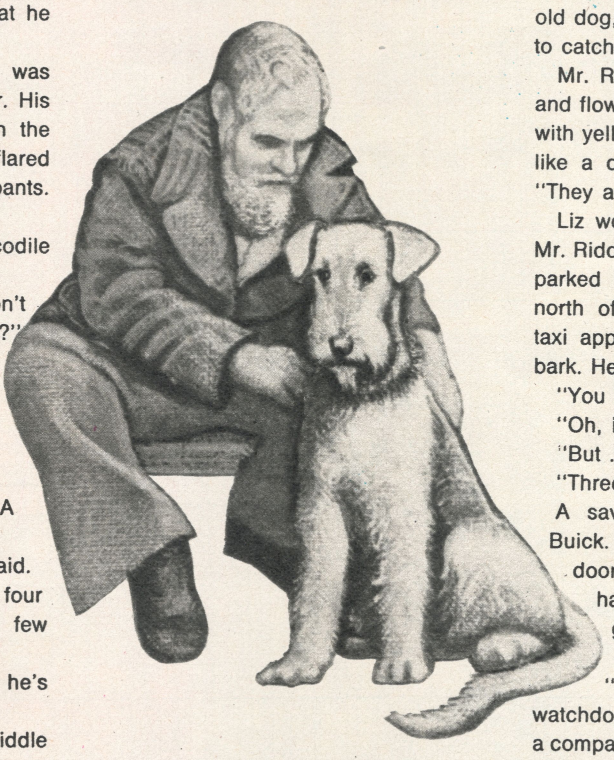
The dog looked puzzled. She moved forward a step and stared at Mr. Riddle. The shaggy tail wagged happily.

"Girl, you listen to me," the old man said. "You find me what Mr. Derry uses that equipment in."

The large head turned. The intelligent brown eyes rested on a tank of tropical fish on the window ledge. Girl trotted to the tank and licked the glass.

Everyone except Derry applauded.

"Don, the show's pretty heavy tonight," Liz said. "What can we lose?"



Derry made a gesture of surrender. "Okay, okay. Alan, hang around, please. Liz, sweetie, get them cleaned up, huh? Baths, new clothing. That dog has halitosis of the fur."

Mr. Riddle did not seem insulted. He and Girl left with Liz. On the way out, Derry could hear the old man saying: "Girl, I want you to thank this young lady by nodding your head three times."

"Alan," Derry said craftily, "We'll expose the old guy. It's a fake. Get me some books on animal psychology. We'll let them do their number and then hang them, dig?"

"A nice old guy like that?"

"It's phony."

The man from the underwater firm agreed with Derry. "I believe Mr. Derry's right. I've worked with dolphins. It's all done with rewards. That dog is nothing special."

Groff, feeling sorry for Mr. Riddle and Girl, sent his secretary out for some books on animal training and the complete works of B. F. Skinner.

For their television appearance, Mr. Riddle and Girl were cleaned up. Liz Willis got a hotel room for the old man, but he used it only to bathe and change into a clean blue flannel shirt. He still wore his red suspenders, baggy brown corduroy trousers and heavy work shoes. He combed Girl and dusted her with deodorant powder but refused to give her a bath. "Girl's an old dog, miss," he said. "Don't like for her to catch a chill in this New York weather."

Mr. Riddle agreed to have his long hair and flowing beard, snowy white but stained with yellow, combed out by a barber. "Feel like a dang trapeze performer," he said. "They are the most fussy kind of people."

Liz worried about where he would stay. Mr. Riddle took her to a rusted green Buick parked under the West Side Highway north of Columbia University. When their taxi approached the Buick, Girl began to bark. Her tail wagged violently.

"You live in the car?" Liz asked.

"Oh, it's fine for us."

"But . . . the two of you?"

"Three. There's Alex also."

A savage barking exploded from the Buick. Girl leaped against the rusted doors, whimpering, pawing at the handle. She was no longer the sedate genius. She was just a friendly mutt.

"Alex?"

"Yep. He's with us. Alex is sort of a watchdog. He isn't too smart, but Girl needs a companion as we travel around." His eyes vanished as he chuckled. "Nothing 'tween 'em, miss. They're both too old. Besides, Girl is an old maid, if you get my drift."

From the rear of the car, where the seat had been removed to create a dusty pit, a squashed canine face bared its fangs and barked, then stopped as Mr. Riddle opened the door and let Girl in.

"I think we'd better get back to the studio. You and Girl will want to rest up for tonight."

"Don't need no rest for doing what we just do as man and dog."

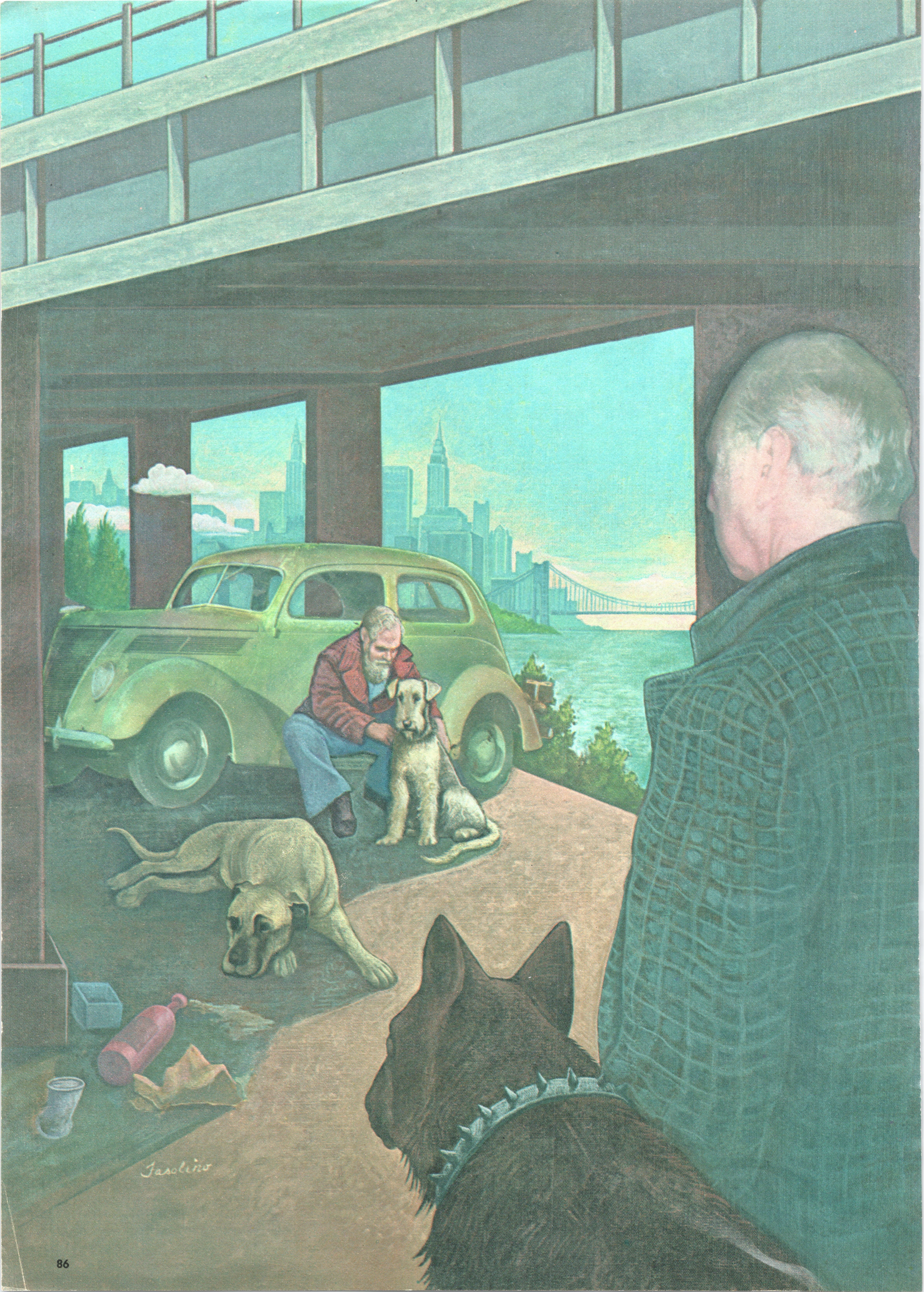
"Can I buy you dinner?"

"A bowl of chili will do fine for me."

Normally we don't go along with this kind of thing," Derry said. He had, sitting around him in the familiar semicircle, a busty French actress, a country music singer in a suede suit and boots and an elderly male bit player who had written his autobiography.

"Animal acts are usually the same old gimmick. We'll

(continued on next page)


Fasolino

let the audience judge this one themselves."

"You let an animal on and you're asking for trouble," the bit-player author put in. "Look how that monkey took over *Today.* They had to fire him, he got so famous."

There was more show biz chatter while Mr. Riddle waited backstage with Girl at his side and Liz holding his arm. He did not seem nervous.

"So welcome, Mr. Riddle and the wonder dog Girl!" Don Derry shouted. He got up and led the applause. Lutz Meminger's orchestra played *How Much Is That Doggie in the Window?* The audience laughed. The old man looked like a poorhouse Santa Claus out of uniform. The dog was obviously old, feeble and friendly.

"Tell us something about Girl, Mr. Riddle," Derry said.

"This here dog has a vocabulary of four thousand words. Taught her since she was a pup."

"I don't want to be rude but my psychologist friends say that's impossible. A dozen words, twenty, okay. But four thousand?"

"That's correct, sir. This is no plain dog."

The director was taking audience reaction shots. People were smiling and nudging one another. They liked Mr. Riddle and Girl before they had done anything.

"Convince me," Don Derry said.

"Glad to. Girl, show us the drummer in that band, the man who plays the drums."

Girl looked about. She walked to the rear of the stage and placed a paw on the bass drummer. Everyone applauded.

"Fantastique," the French actress said.

"The man with a trombone," Riddle said.

The dog surveyed the band with loving eyes and found a trombone. This time she jumped up and put both paws in the musician's lap.

"The man with a saxophone, Girl."

Without leaving the trombonist's lap, she leaned sideways and licked the saxophonist's hand.

"Right on, Girl." The saxophonist laughed.

The applause was deafening.

"I have to say it's a good act," Derry said.

"It's no act, sir," Mr. Riddle insisted.

Girl picked out the bass fiddler, the flutist and the vibraharp player.

"That's no dog, that's a member of Local 802," Derry said. The audience did not laugh. "Mr. Riddle, can she double on clarinet and sax? Wear a size 37 suit?"

"I don't make no fake claims for Girl. She's just a dog, age fourteen, who learned a lot of words. Girl, there's a lady sitting in the third row and she is wearing a black dress with pearls and has a lovely head of red hair. You show her to me."

The woman to whom Mr. Riddle referred was Mrs. Fassnacht, the mother of the network's vice-president for programming. She adored Don Derry and never missed one of his shows. Girl padded off the stage. The cameras turned and found Mrs. Fassnacht. Gently, Girl put her head in the woman's lap. The dog did not drool or rest heavily or make a nuisance of herself. She rested her head a moment, withdrew it, and appeared to be smiling at Mrs. Fassnacht. The woman smiled back and patted Girl's head. Girl offered a cushion-like paw.

The applause was overwhelming. People were standing and cheering.

"Okay, okay," Derry said. "Now we'll find out how it's done. There's got to be a gimmick. There always is in these animal acts."

There were murmurings in the audience. In the wings, Liz Willis nudged Alan Groff. "The boss is making a mistake. People want to believe. They believe in that dog."

Groff grimaced. "Don is no dope. He's figured out every magic act. He exposed that medium who claimed she heard voices."

"Alan, this is a smart dog," Liz said.

"Not only that, she's topping him."

Derry had gotten up, amid much giggling from the other guests, and was inspecting Mr. Riddle's beard. "There's a whistle hidden in here," the star said. He raised the two clouds of snowy hair so that the old man's face was covered.

"Nothing up his beard, nothing in his sleeves," Derry said.

"He needn't have looked. Right, Girl?"

Girl nodded. This time the audience gasped. There was something poignantly human about the way in which Girl had agreed with her master.

"It isn't a whistle only a dog can hear?" Derry asked.

"No whistle."

"Your false teeth."

"No, sir. I mean, yes, I got a set of false teeth, but it don't mean a thing to Girl." Mr. Riddle clacked his teeth.

"Take them out and give her orders," Derry said. "It's the teeth. I heard them clacking. They're the signals he uses to move the dog one way and another."

"I didn't hear anything," said the singer. He turned to the other guests. "You hear anything?" They were on Mr. Riddle's side.

Derry appealed to the studio audience. "Who wants to see Girl take orders without Mr. Riddle's teeth?"

The applause was marginal. Mrs. Fassnacht was tsk-tsking.

With a sigh, Mr. Riddle took out his teeth. His lower face collapsed. The beard looked like a batch of stained feathers.

"Give her an order," Derry commanded.

"Girl," Mr. Riddle said, "show ush the lady washin ush yonder offa stashe."

Girl trotted to the wings, took Liz Willis's skirt in her tender mouth and pulled her into view. The audience knew Liz. Derry often joked about her as the "den mother" or "Big Mama."

"It's Liz!" Mrs. Fassnacht shouted. She turned to her neighbors in the audience. "It's no trick. The dog is a genius."

"Girl, bring ush a mushical shcore Mr. Meminsha ushin."

Girl walked to the podium and looked at Lutz Meminger for his approval. Meminger secretly hated Derry. Derry had refused to pay for the new orchestrations. "Sure, Girl, you can have it," Meminger said. The dog put her mouth around the sheet music. Like a retriever bearing a mallard duck, she brought it to Mr. Riddle and dropped it at his feet.

"You're whistling silently," Derry said. "You're moving the dog somehow."

A teen-ager in the audience booed. A half-dozen voices joined him. The French actress was explaining to the singer that the dog had supernatural powers and that Derry would get into trouble if he insisted on challenging her.

When the show was in its final ten minutes, Derry stood Mr. Riddle behind a screen, with only his voice to direct Girl. The audience hooted again.

"It's no fake," a fat man called. "It's real."

"He proved it, Don, stop already," Mrs. Fassnacht shouted.

From behind the screen, Mr. Riddle called out: "Girl, go to the sixth row and show me two Japanese gentlemen. One is in a gray suit, one is in a brown suit and both have cameras."

It took Girl eight seconds to walk down the aisle, raise her head and sniff out the Japanese tourists. The dog remained frozen between them, her tail flailing madly. The Japanese convulsed in laughter.

From behind the screen, Mr. Riddle's voice issued forth: "Girl, get back on the stage and thank Mr. Don Derry for being so nice to us."

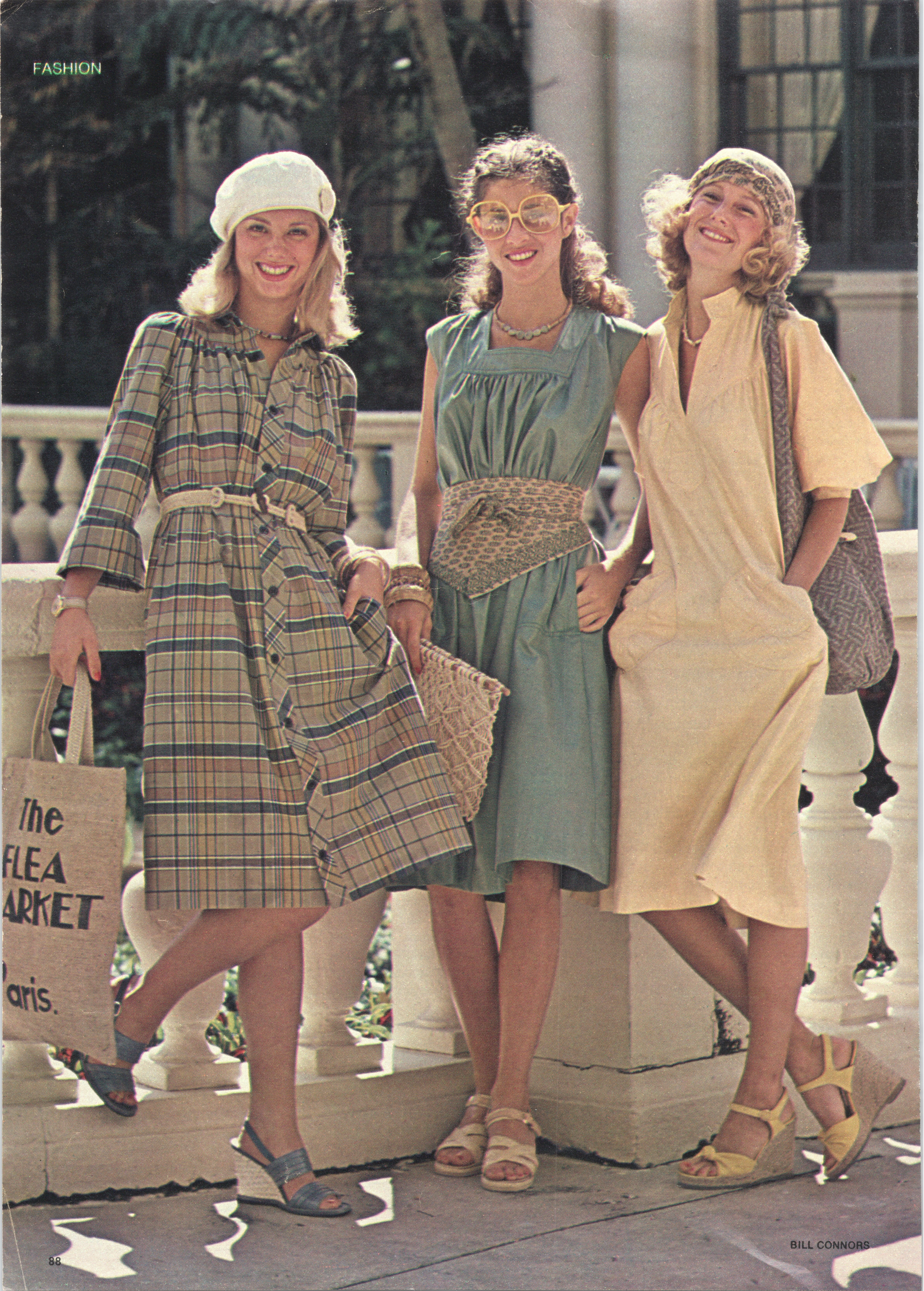
Girl returned and rested her shaggy head in the star's lap. The French actress was on her knees, hugging the mongrel. The audience rose and gave the dog and her master a thunderous ovation. It was the most sustained applause on *Don Derry Tonight!* since the time Frank Sinatra and Senator Howard Baker appeared together in support of a Danny Thomas charity.

"Biggest mail pull in the seven-year history of the show," Alan Groff said to Liz Willis and two writers.

"And the biggest phone response," a writer said. It was four days after Girl and Mr. Riddle had made their TV debut.

"But Don won't allow an encore," Liz said. "He's full of excuses. Like we shouldn't have cheap acts. He wants us to book Rabin and Sadat on split screen with himself as mediator."

Groff passed a hand over his pale face. "Has he seen *(continued on page 104)*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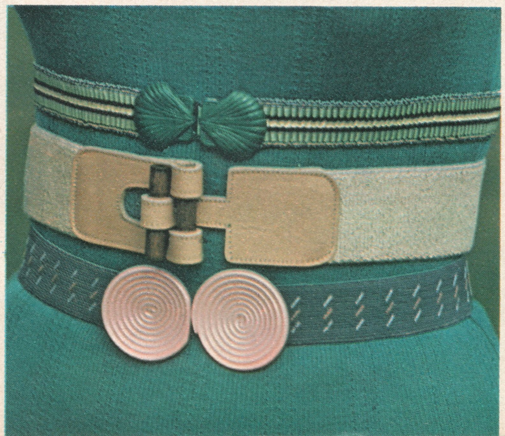


BIG-DRESS KNOW-HOW

Have a new bigdress? Our seventeen-year-old models, all realgirls from Florida, show how to handle it like a pro. The secret's in getting the right proportions. Try nipping your waist with a cinch belt, sash or scarf. Then give your head the neat, smaller look with a beret, scarf or braided hair—the contrast is just right for big clothes. What about bags, shoes, other extras? Clunky is out, streamlined is in!

A madras plaid smock with deep cuffs and pockets (Diane Gilman for Cabal; $29) is tops with Vicci Schneider. Extras here: elasticized jute cinch by Dame Belts, beret by Red Cobra, Columbia Bag & Belt Co. tote, Latinas wedgies, KJL watch.

Think green, feel cool. Dely Tomeu does, in a floaty, square-necked dress (Try Us; $22). Her waist trick: a large square scarf wrapped and tied (Sona). Marcus clutch, Newthings by Cassidy beads, Ultimate Spectacle specs. Eva Graham bangles, Kinney shoes. (Note Dely's neat braids!)

A full-sleeved V-neck (Plain Jane; $27) goes beltless for Lisa Johnson. Slimming down her look: Sona head scarf, cotton pouch by Capezio, Newthings by Cassidy beads, Maruca 5th Ave. shoes.

Zeroing in on more ways to work with the bigdress, this page, left to right:

Try an armful of colorful wooden bangles (Catherine Stein; each $3) and a macrame bag (Ruza Creations; $8).

A wide, obi-style sash flatters your waist. Catherine Stein; $9.

Neck bits: nature's own mother-of-pearl in a choker by Abbe & Bob Ginis and longer necklace by Capri.

More bag news: a close-up of Lisa's roomy Capezio pouch; $18. Eva Graham two-tone wooden bangles; each $6.

Last word in bags! Summer straw striped in punchy colors. Richmark; $10. Conrad Bell sand-filled bangles; each $3.

Latest waist whittler: the elasticized cinch. From top: striper by Red Cobra; elasticized cinch by Omega Belts, $6; deco look by Medusa's Heirlooms, $10.

Stores and accessories: next to last page. Hair, makeup: Elizabeth Arden.

Wrapping it is one of the best things you can do for your head this summer—and you can take it from there! Take it to an easy bosom wrap. Take it as far as an ankle-length pareu (the native Tahitian wrap) to fling on in the sea breeze. Our realgirl model, eighteen-year-old Daryl Mabry of North Palm Beach, Florida, shows you how.

1. Wrap up a head with an oblong scarf, starting in front and keeping it low over the brows. Cross in back, bring ends around, twist once, knot in back. Daryl did this one with a seventy-inch cotton gauze float. Glentex; $5. Her shades by Ultimate Spectacle.

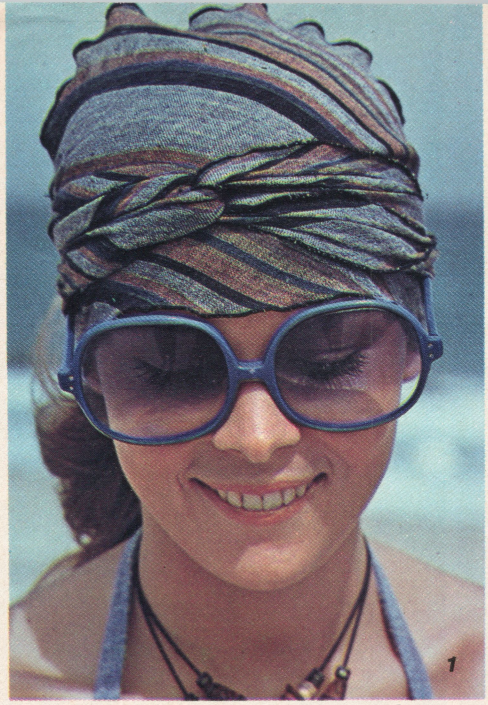
2. Take three cotton squares, braid them into a thick, squashy headband. Echo; each $5.

3. Bosom wrapping makes a quick beach cover-up using the oblong shown in photo 1. Wrap around front of body, cross in back, bring ends to front and tie. On her head: a cotton gauze square by Glentex; $2.50.

4, 5. The new twist covers summer's coolest heads! Daryl wraps a yard-square scarf, then rolls ends together in front and tucks them in. Sona of India, in cotton gauze; $5.

6. Wrap up a skirt look for the beach or just about anywhere. See Daryl in the inset photos as she does her thing with a two-yard length of madras. First she twirls it around herself, resting it on the hipbones. Holding one corner firmly in front, she wraps the other end across it and completely around, finishing up by tying the two ends in front. Cotton gauze fabric by Sona of India; $3 a yard. Lavender terry swim separates: halter top, bikini bottom; each $12. By Huit. On her head, the striped square by Glentex. Straw bangles, Magda K; all bead and shell necklaces, Newthings by Cassidy. More information, next to last page.

Beauty bit: Trying new makeup shades is fun! Daryl slicks on ultra-shiny lip colors: rosy/tawny Cocoa in photo 2 and ripe watermelon Pink in photo 4. They're Regime Lip Cremes by Germaine Monteil. Hair and makeup, both pages, Robert LaCourte.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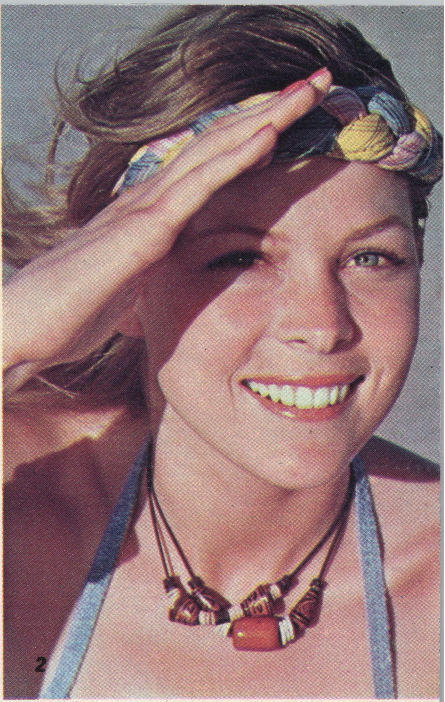
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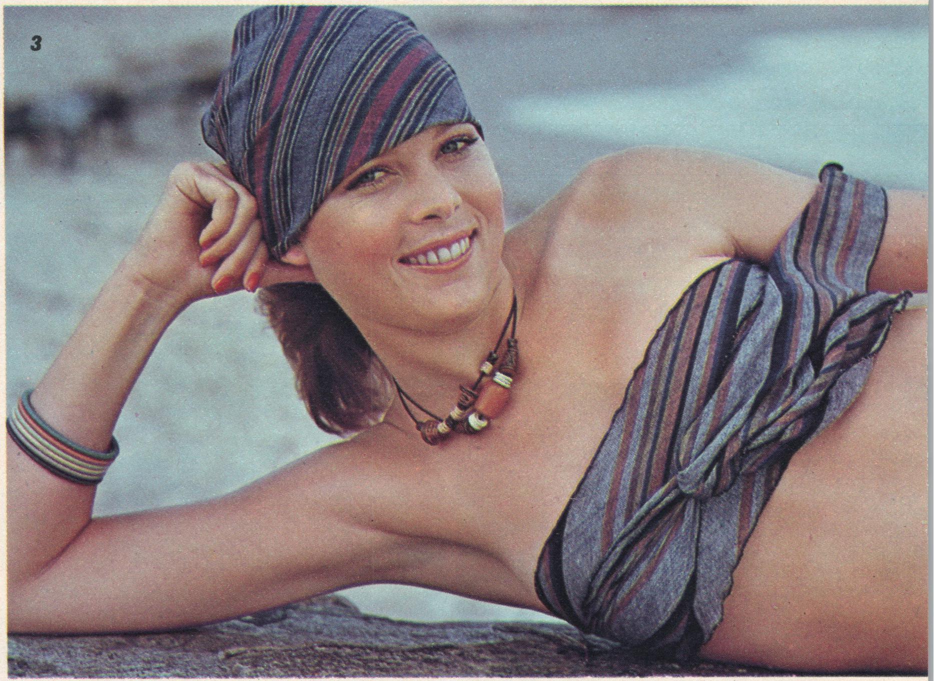
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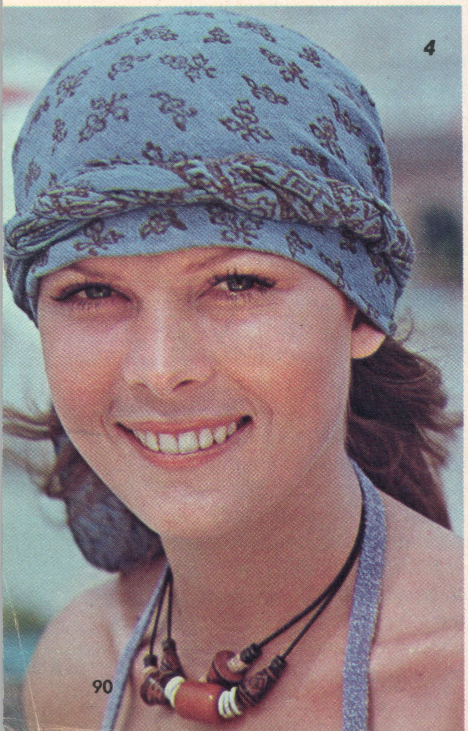
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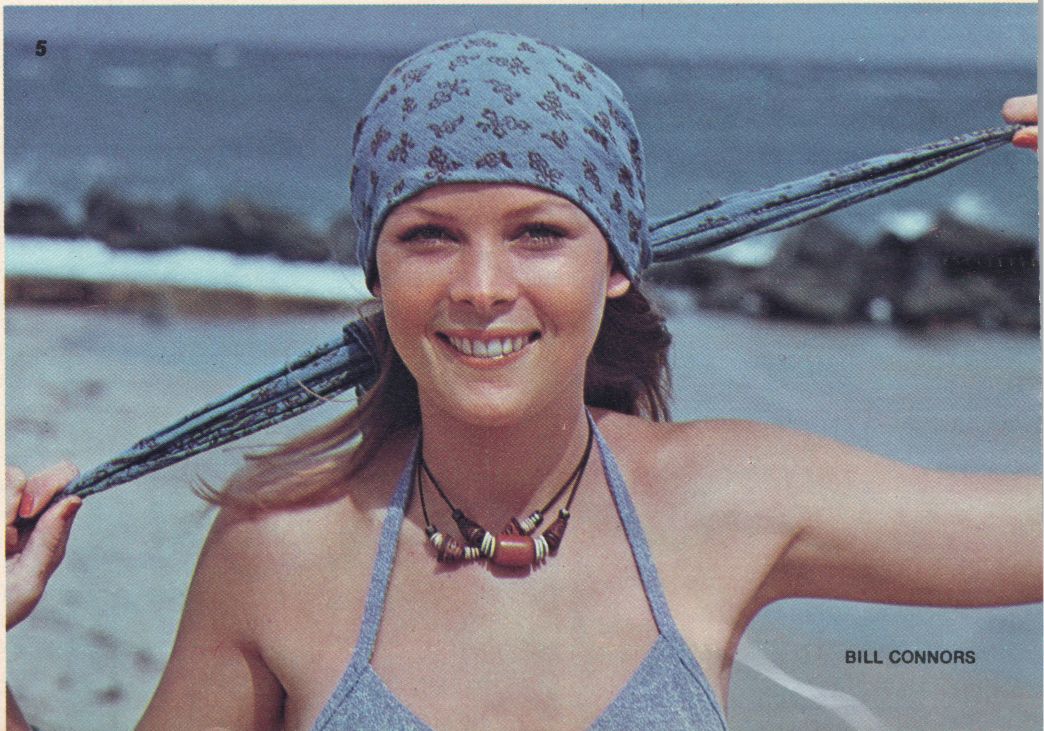
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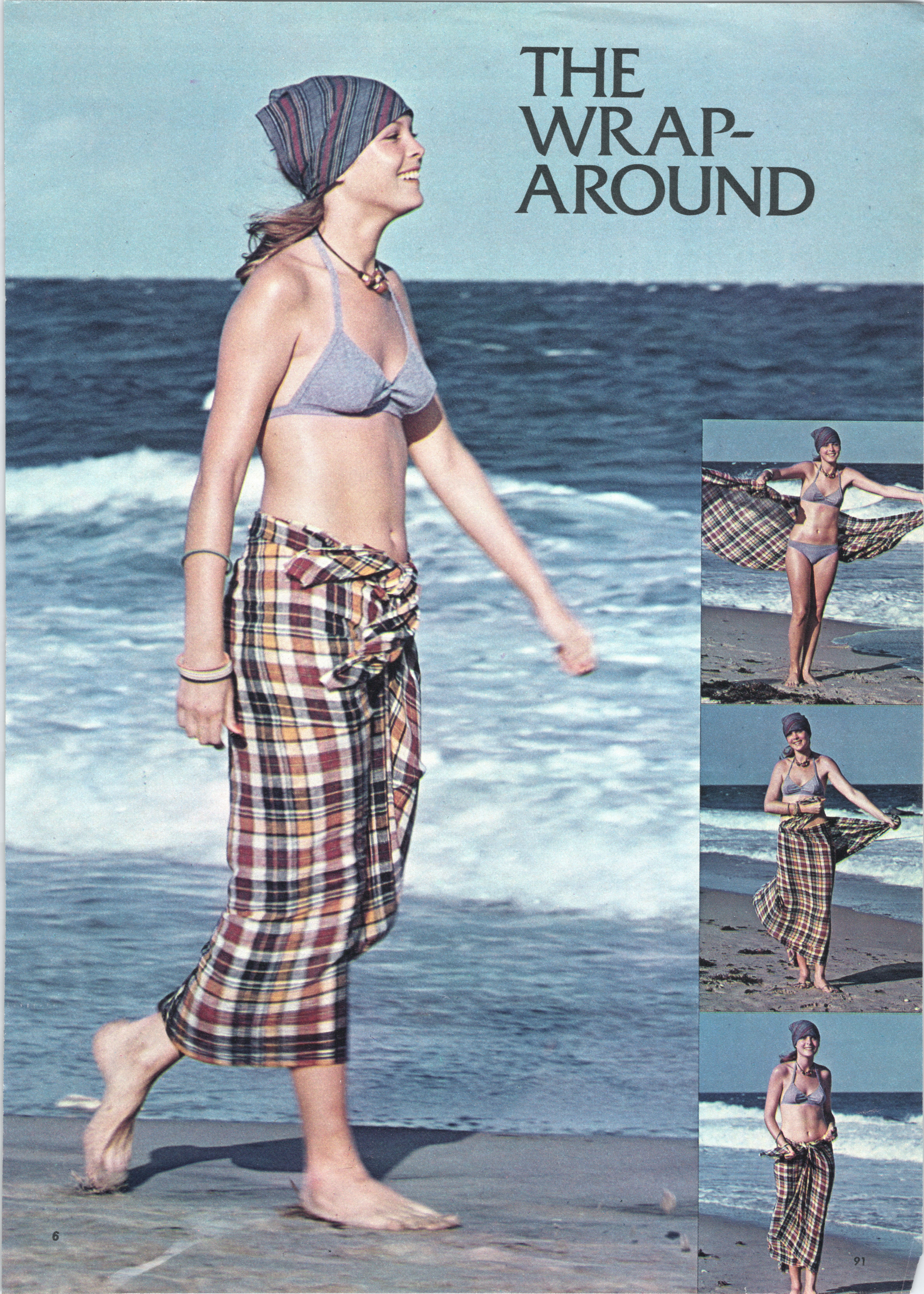
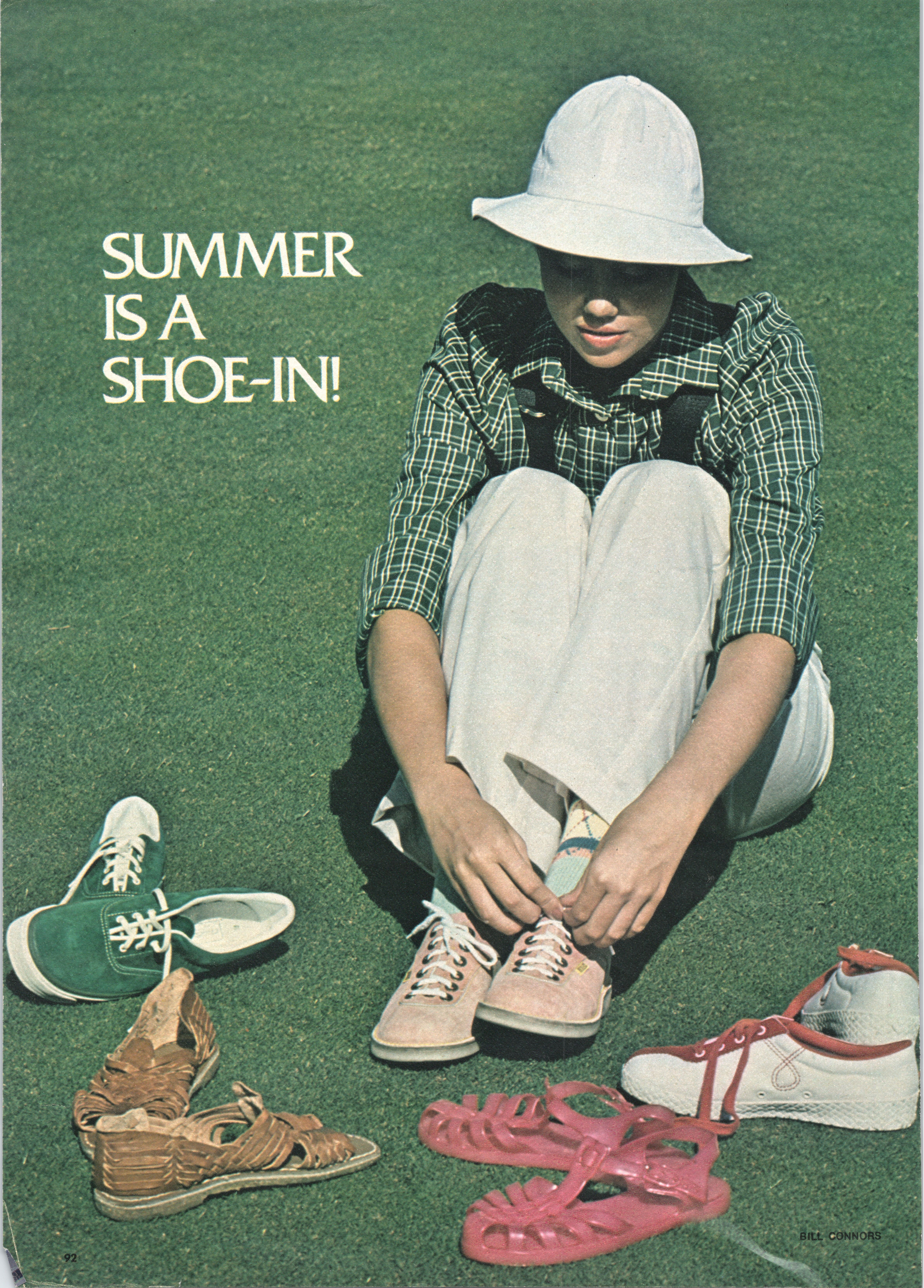
BILL CONNORS

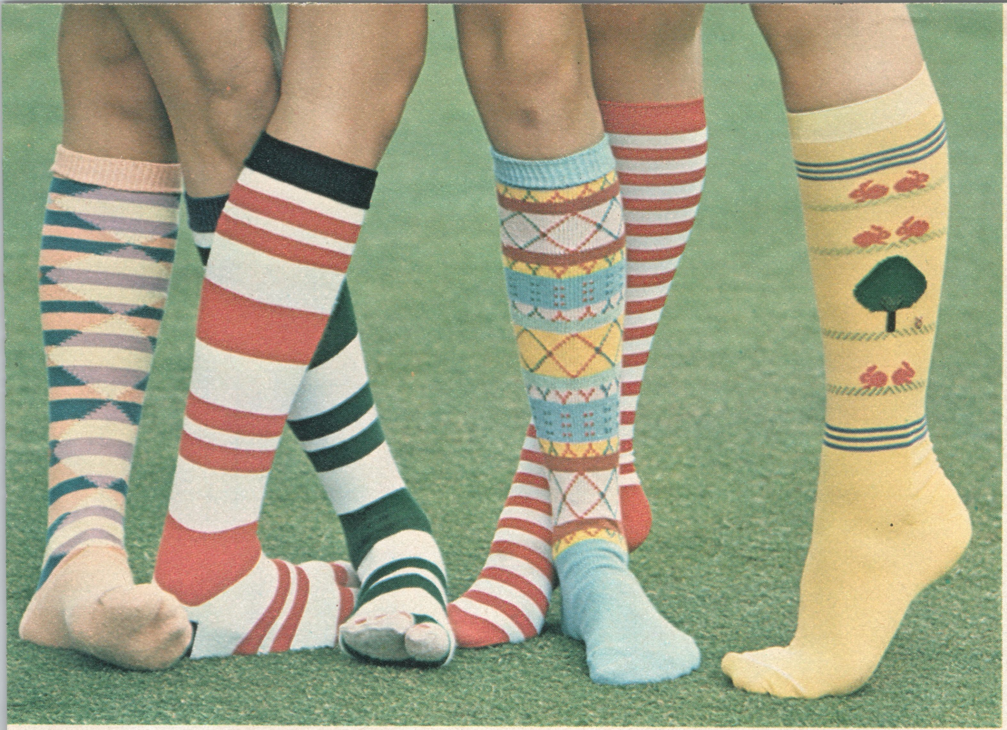
THE WRAP-AROUND

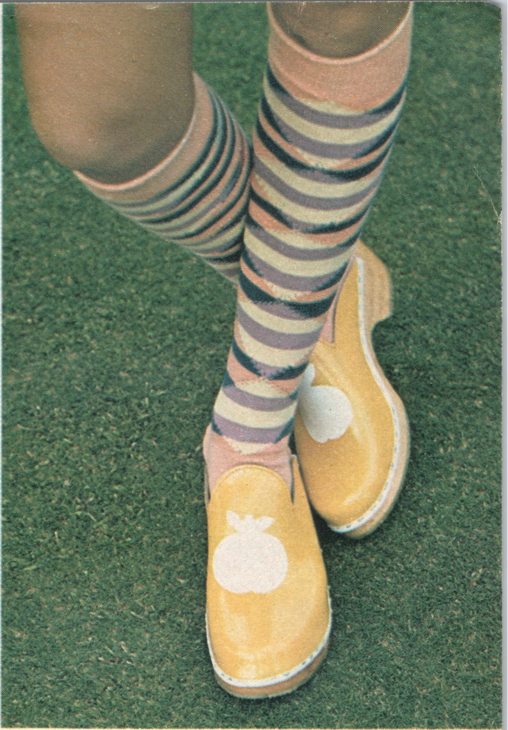


SUMMER IS A SHOE-IN!

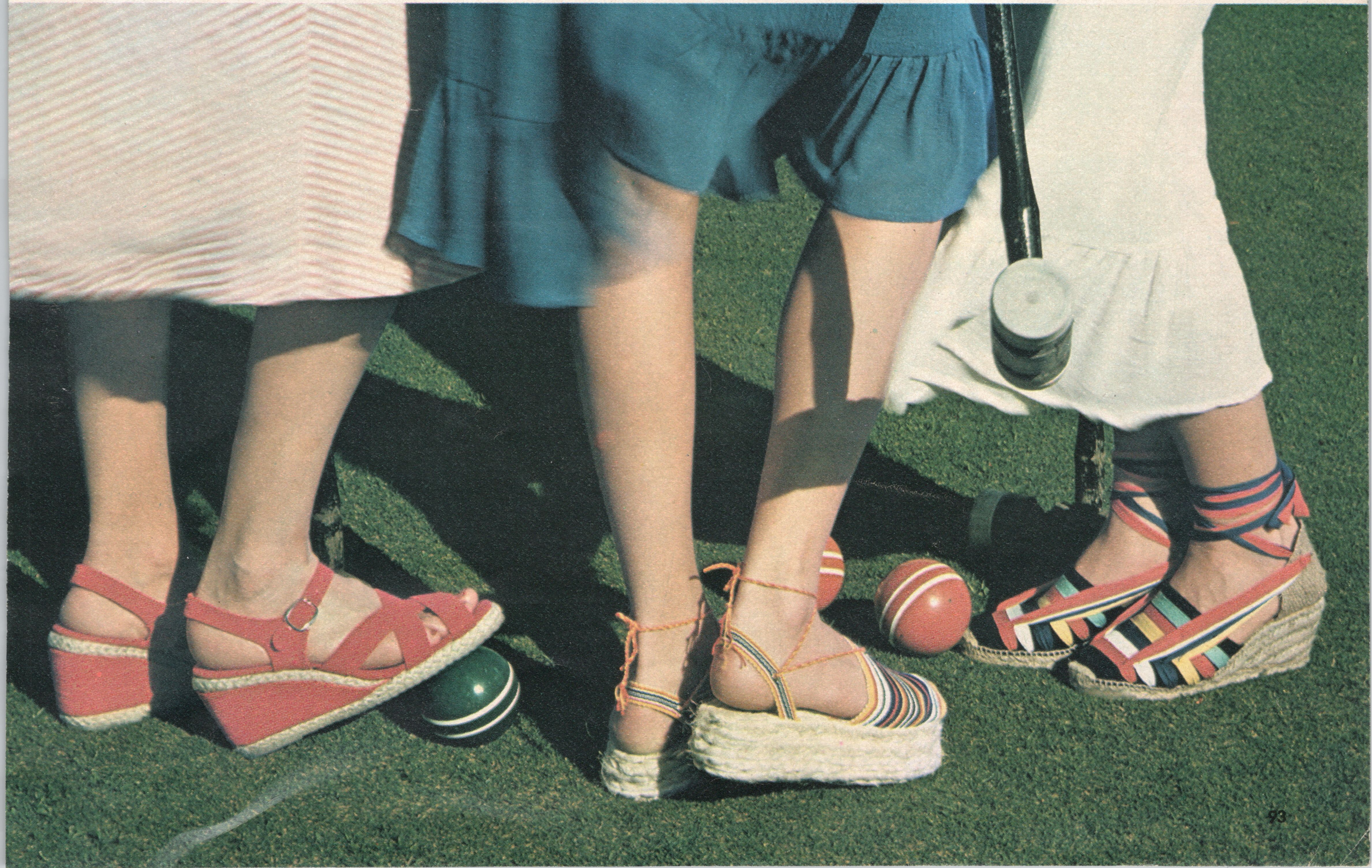


BILL CONNORS

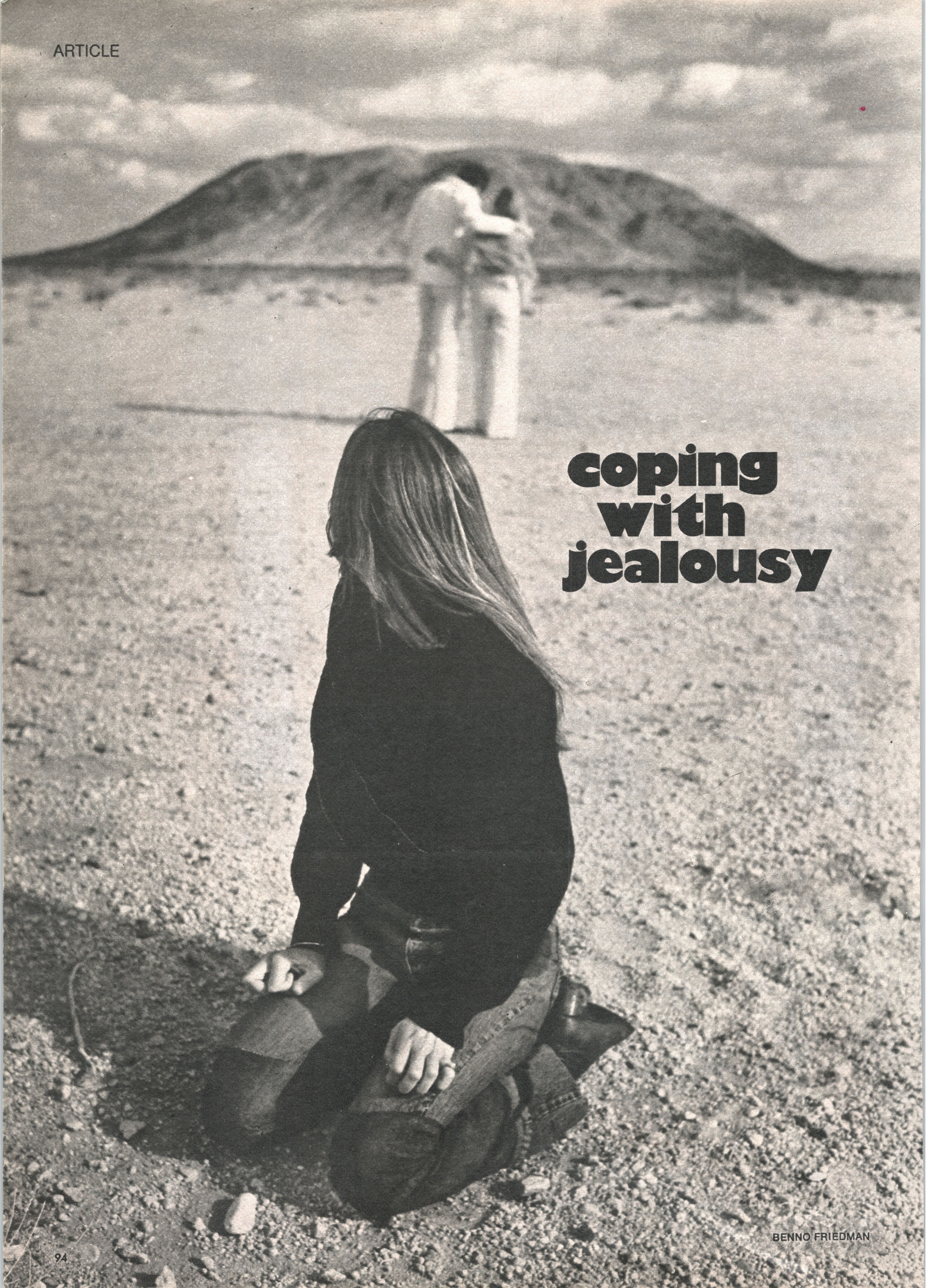




Sock it to summer in footgear that keeps kicking all year long! **Floored by flats,** opposite: Connie Beaudoin, sixteen, of Lake Worth, Florida, laces a buck-suede sport shoe in faded pink; crepe sole for extra walking comfort. Kickers; $25. Cabal shirt, Time & Place pants. Accessories Place tennis hat. Emerald suede tennis shoes laced with white: a hit on or off the court. Criss Craft; $24. Brown leather huaraches are grounded on crepe soles. Sandler of Boston; $14. French fisherman's sandals in fun-time fuchsia; of polyethylene and rubber. Hot Sox; $10. Get up and go in white nylon action flats with red laces and trim on uppers. Sportlites; $15. **Plenty of sox appeal,** above, left to right: Diamond setting—pastel-stripe knee socks by Hot Sox; $3.50. Fourth of July highs, with a polished look right down to the toes! Also in camp green, white and navy. Bonnie Doon; $3. Scandinavian cross-stitching goes to the knee; sure footing in baby blue. Hot Sox; $3.50. Rugby player's knee-highs in candy stripe; solid heel and toe. Mary Quant; $1.50. Up a tree on yellow nylon stretch socks. Thom McAn; $1.25. **Something clogged,** far right, in sunshine patent with peachy white trim and design. An easy slip-on for dressing up or hanging around. By OlofDaughters; $16. Hot Sox knee-highs; $3.50. **On the ball,** below: Red-hot canvas crisscrossing on a wedge. Jacques Cohen; $19. Lift your spirits on a jute platform; rainbow topping of handwoven cotton. Pampero; $12. Ribbon-ankling reaches a new plateau: multistripe canvas sandals up on a wedge. Pankin International; $27. Shopping info, next to last page. **Beauty bit:** Connie gets cover, color and shine with Helena Rubinstein's Skin Life Deep Moisture lipstick (Pure Poppy). Pages 88-93 photographed at The Breakers Hotel, Palm Beach, Florida.



coping with jealousy



BENNO FRIEDMAN

You don't need to be overwhelmed by this powerful and often painful emotion—once you understand its causes

by Greta Walker

"When my boy friend started to go with another girl, I thought my life was over. I looked at the new girl friend and she seemed to have everything anyone could ever want. Then I looked at myself and I was the dregs of the earth. Going to school became an agony. I slunk around the halls. I avoided all the other kids because I was sure they would find me repulsive. When I was home I'd sit in my room examining my ugliness in the mirror. 'I hate you,' I screamed at my image. 'You're ugly and fat and no one loves you.' Then the tears of self-pity would come. I'd throw myself on the bed and sob until my eyes were puffed and red. I kept torturing myself with mental pictures of my boy friend and his new girl friend together, and then I wanted to kill them, to kill myself. I felt such a rage inside, I thought I would explode.

"It was the worst period of my life and it lasted two months. I was sure I would never come out of it, that I would live in terrible depression and paralysis forever. But it did end. I became normal again. It's funny, it was as if I had been sick those two months and had finally gotten better."

This is the actual experience of Diane H., a high school student. She is talking about jealousy, one of the most intense and painful and universally felt emotions.

Through the ages the destructive power of jealousy has been recognized in life and in literature. Shakespeare's Othello lived in an agony of unfounded jealousy, which led him to murder his innocent wife, Desdemona, the person he loved above all others. In history, powerful people have given in to jealous rages. Queen Elizabeth I sent her favorite suitor, Essex, to a fruitless war in Scotland because she feared a rival. In more recent times, jealousy prompted the princes of Czar Nicholas's court to murder Rasputin, a favorite of Czarina Alexandra.

While jealousy doesn't drive most people to homicide, it does evoke a wide range of disagreeable physical and emotional responses. According to Dr. Howard O. Bowman, a Los Angeles internist, such symptoms as headache, indigestion and nausea can result from jealousy. But an equally disagreeable aspect of jealousy is the idea that something is wrong with you for feeling that way in the first place. This has been reinforced by parents who are fearful of strong emotions. Most likely they have experienced uncomfortable jealous feelings of their own and have gone to great lengths to suppress them. Now they see these same emotions erupting in their children. "You're old enough to stop being jealous" or "Nobody likes someone with all those bad feelings," they say impatiently and anxiously.

To set the record straight, there are no "bad" feelings or "good" feelings. There are just feelings. Jealousy may make you miserable but it is not sinful. Dr. Theodore Isaac Rubin writes in his best-selling book, *Compassion and Self-Hate,* that jealousy is a function of insecurity and low self-esteem, and "not the result of some kind of basic human evil." Jealousy is normal and experienced by almost everyone.

New York psychotherapist Doris Pfeffer, who works extensively with young people, maintains that jealousy is felt most intensely during the teen years. "This is the time when young people are pulling away from the family, where they have experienced tensions and rivalry," explains Ms. Pfeffer. "The feeling is that things weren't great at home, but I will find that *one* true girl friend or the *one* true boy friend who will make everything perfect. Then, when things don't work out, it can be devastating."

Psychologist Emanuel Schreiber, principal of the Robert Louis Stevenson School in New York City, adds, "Many kids invest the best girl friend or the best boy friend with the qualities they wanted from their parents. So when a friend rejects them it's almost like being rejected by their mother or their father. That's why the pain is so intense. Other kids might say to them, 'But you only went with him for a month, how could you be so attached to him?' The truth is they didn't know him that well, but they could fantasize he was all the things they wanted him to be. The perfect parent."

Diane H. recalls that during her two months of intense jealousy she avoided her friends because she didn't want them to know her true feelings. "I wanted to look cool," she remembers, "but I was sure everyone could see the hideousness in me. I was never so lonely as I was then. I felt I had demons eating away at me. What can you do with that hate and meanness that churns around and won't let go of you?"

One thing you can do is talk to someone. Bruce Bernstein, a New York psychologist, says, "Being able to say you are jealous is a first step in getting over it." Not that you will stop having painful emotions by just saying "I am jealous," but it can be a great relief to get the feelings out in the open and to find that people don't faint with disgust. In fact, after hearing about your jealousy, they will probably want to share some similar experiences with you.

Most people feel their first pangs of jealousy over someone close to them. Sometimes jealousy is caused by a girl friend's slighting you in favor of another girl or ignoring you when she is with her boy friend. Again, talking can help. If you don't want to come right out and say you are jealous, you can let her know that the way she's treating you is putting a strain on the friendship. Many girls report that just discussing the problem is often a remedy.

With a boy friend, the situation is more complicated. If he has left you for another girl there is probably nothing you can say to him. But if a boy you are going with is making you jealous by flirting with other girls in front of you, there's no need to be a martyr and tell yourself you shouldn't be jealous. The truth is you are. Most people get jealous in that kind of situation. Respect your feelings and expect others to respect them too. Sometimes if a boy knows that it bothers you when he acts flirtatiously he will stop. If he doesn't, at least you didn't just sit around feeling wretched, pretending everything was great.

When you lose a boy friend to another girl, it's tempting to try to imitate your rival. Mary F. recalls such a situation. "I kept thinking he liked her because she's thinner than I am and because her hair is curly and she laughs a lot," Mary says. "Then I tried to copy her. I went on a big diet. I got so thin I was weak. I curled my hair every night and tried to laugh a lot. It was no good. I only felt stupid and it didn't get my boy friend back."

"The other girl's curly hair, thinness and continual laughter probably had nothing to do with Mary's boy friend's leaving her," comments Doris Pfeffer. "He was most likely responding to some need of his own unrelated to anyone else. People go through different stages and experiment with different relationships. If you understand that, you won't waste your time asking yourself what you did wrong or how you could be more like that other girl. You'll feel freer to move on to a new relationship of your own."

It also helps to concentrate on your own abilities rather than trying to copy your rival's. If the other girl is a superb tennis player, don't berate yourself for not being a second Chris Evert. Find whatever it is you are good at and develop that skill. This may be hard to do at a time when your ego is low and when, in addition, you are constantly distracted by a rival. But your success can come

(continued on page 134)

WHY ARE TEENS TURNING TO RELIGION?

Many young people are finding a vital new experience in traditional churches and a host of exotic sects from the East

by Kenneth and Elizabeth Woodward

For a young woman nineteen years old, Jennifer Webb has made a lot of "trips" in her life. There was the drug trip at sixteen, the sex trip at seventeen and several trips to a family counselor before Jennifer discovered what she calls "the ultimate trip." "It's God," says Jennifer, casually tossing her long blond hair back from her radiant face.

Jennifer is a freshman at a junior college in upstate New York, but if you ask her what she's into, she'll tell you it's religion. For more than a year now, she has been meeting three times a week and twice on weekends with a group of some fifty "born-again Christians," as they call themselves, for Bible study, intense prayer and cheerful spiritual counseling. Jennifer's bearded boy friend, Lenny, is in the group. So are all of her best campus friends. When she finishes her studies in speech therapy, Jennifer plans to devote her entire life to God, her family and her career—in that order.

Jennifer is one of millions of young Americans who have made the search for God in the 1970s what civil rights and the antiwar movement were to millions of equally restless, questioning students in the 1960s. Not all these young people are turning to Christianity or Judaism. Unlike their parents, they have a whole spiritual smorgasbord to choose from—various forms of Buddhism, Islam, Hinduism, as well as a host of minor sects and exotic cults. In fact, where missionaries from the United States once went abroad to convert others to Christianity, this country has itself become missionary territory for hundreds of gurus, self-proclaimed messiahs and other religious zealots anxious to feed many of the young people who have developed a genuine hunger for God.

To put the current religious scene into perspective, it is useful to remember that ten years ago a group of Protestant theologians shocked religious Americans with their dramatic announcement, "God is dead." What they meant was that the very idea of God had become irrelevant, unnecessary and uninspiring. At the same time, public opinion polls showed that increasing numbers of Americans were, in fact, staying away from church and losing confidence in organized religion.

Today, however, opinion polls seem to tell a different story. In its 1975 report on religion in America the Gallup poll discloses that religion, after a decade of decline, is regaining some of its influence—particularly among America's youth. Compared with 1970, the poll shows, twice as many young people between the ages of eighteen and twenty-four (37 percent) now believe that religion is "increasing its influence" in American society. Fully 55 percent of those surveyed told Gallup pollsters that they have a "great deal" or "quite a lot" of confidence in organized religion, while only 17 percent expressed "very little" or "none at all." And in a special comparative survey of young people from nine industrial nations throughout the world, American youth turned out to be the most frequent churchgoers; some 35 percent of them told Gallup pollsters that they usually attend religious services on weekends.

Even so, the youth movements of the sixties have produced enormous changes in the kind of religious services conventional Christian churches now offer the young. The Jesus Movement, which began outside the churches among college and high school students, has found a home in the seventies among Baptist and other conservative Protestant denominations, where ministers in long hair and modish clothes encourage young people to pour out their newfound faith through informal rap sessions and country-western spirituals like *Gospel Road*. A similar youth orientation is evident in the popular folk masses which have become a Sunday feature in many Roman Catholic parishes, and in the use of guitars, dancing and unusual visual art forms in many Episcopal and Lutheran churches. Among transplanted midwesterners in California, Mormon missionaries find whole families anxious to join the Church of Jesus Christ of Latter-Day Saints because of its emphasis on family togetherness. Meanwhile, some young Jews are rediscovering their own traditions in the synagogue and through roving bands of singing, dancing Hassids (members of a mystical orthodox sect) who often visit college campuses.

Pentecostal Christians join in a prayer huddle

NEW COVENANT MAGAZINE

Going to church, of course, is not the only or even the most useful measure of religious attitudes, especially among the young. "Young people are interested in ritual, but only if it helps them feel closer to God," says Father Andrew Greeley, the noted Catholic sociologist. According to a recent—and highly revealing—survey for the National Opinion Research Center, Father Greeley and his fellow sociologists found that a third of those surveyed have had at least one mystical experience in their lives—a religious experience that has nothing to do with going to church. Moreover, those under twenty were more willing to talk about those experiences than their elders. "Unlike a lot of older people," Greeley reports, "teens have not given up on a God who will make His presence felt in their lives. They think that is what religion is all about."

This search for religious *experience*, then, appears to be the main reason why so many teens are interested in religion. It also helps to explain why more than four million Americans, most of them young people, have turned to various forms of Hinduism, Buddhism and other oriental religions which emphasize spiritual techniques for developing a new consciousness of self, the world and God.

Perhaps the easiest of these techniques to understand is Transcendental Meditation. TM is a simple mental exercise taught by the Maharishi Mahesh Yogi, the bearded Indian guru who has counted among his disciples such well-known figures as the Beatles, football quarterback Joe Namath and cover girl Samantha Jones. Although the Maharishi does not call it a religion, TM is in fact a form of yoga, long practiced by Hindu holy men, which the Maharishi has packaged and presented (for a fee) through organizations such as the Students International Meditation Society (SIMS). In a ceremony redolent with incense and flowers, each initiate is given a personal mantra—a word picked from the Sanskrit language purely for its sound—and told never to reveal it to anyone else. Disciples are then instructed to sit comfortably, close their eyes and repeat the mantra silently to themselves.

The initial purpose of Transcendental Meditation is to relax the body so the mind can "naturally" ascend to higher levels of spiritual awareness. Merely by meditating for twenty minutes twice each day, the Maharishi promises, the mind will eventually transcend ordinary consciousness and rise to a level of "pure awareness," which the guru claims is the source of all creative energy and intelligence. What the Maharishi does *not* say—at least right away—is that this technique is based on classic Hindu theology and requires many years of devoted practice (and often thousands of dollars for advanced meditative training) in order to achieve the highest state of "cosmic consciousness."

Most young people, it seems, are initially attracted to TM as a way of combating physical and emotional stress. That's how Laura Pierce, seventeen, first got involved with TM two years ago, but that's not why she is still meditating today. "At first I was just looking for an easy way to calm myself after big hassles at home or in school," says the thin brunette from a San Francisco suburb. "But then it got to be an energy thing, like spiritual jogging. The more I meditated, the more I found my whole life changing." After a summer spent mostly on weekend meditation retreats where she joined other students in studying the Maharishi's books, meditating and eating only vegetarian meals, Laura has decided to enroll at the Maharishi International University in Fairfield, Iowa, where students follow a regular schedule of studies augmented by daily meditation exercises.

What often surprises

(continued on page 111)

Girls who want to be models often admit to me, 'I know I'm overweight, but I'll go on a diet,'" says Eileen Ford. "I tell them right from the start to avoid any fad diets. Although a fad diet may help you lose weight, it won't give you the proper nutrients and offers little variety." When planning her model diet for losing weight gradually and safely (about two pounds per week), Eileen consulted Dr. Fredrick Stare of Harvard's nutrition department. "The idea," says Eileen, "is to develop proper eating habits so they become a way of life for you. Learn to eat slowly and have smaller portions of a variety of foods. If you're a snacker, you can eat five small meals—even ten tiny meals—and still stay on my diet! But you must snack on the right things like raw vegetables, not sweets. Why is it mothers condition children to want sweets by giving them lollipops when they are good? Why don't they give them a carrot instead?"

When dieting, Eileen stresses taking a multivitamin pill plus 1,000 units of vitamin C daily to make sure you're getting all the necessary vitamins and minerals. She also suggests you weigh yourself every day at the same time. And exercise to develop the muscle tone that's essential for a good figure.

MODEL'S DIET

Eileen Ford, head of the Ford Model Agency in New York, shares with you the diet from her book, *Eileen Ford's Book of Model Beauty* (Simon & Schuster; $9.95). Our dieter here? Ford model Stephanie Yost, seventeen.

FORD MODEL DIET

Breakfast: Orange or grapefruit juice or half a grapefruit or cantaloupe. One or two boiled or poached eggs. Coffee or tea without sugar.

A.M. snack: Raw carrots, celery stalks, mushrooms, tomatoes, watercress, cauliflower, lettuce.

Lunch: Broiled hamburger, two eggs, plain yogurt or cottage cheese. Tomatoes, carrots.

P.M. snack: One cup bouillon, raw veggies.

Dinner: Tomato, vegetable or grapefruit juice. Broiled steak, lamb chop, liver, fish, chicken or hamburger, or roast lamb, beef or chicken. String beans, spinach, tomatoes, carrots, cabbage or broccoli (no butter). Salad with lemon juice and fresh pepper dressing or garlic wine vinegar and a little oil. Half grapefruit, slice of watermelon or half cantaloupe. Coffee or tea.

"I believe that as you lose weight you'll develop a new way of thinking. When you have a good figure you really look and feel your best. A compliment has never hurt anyone, and you will find there are compliments coming your way you never dreamed possible!"

Sitting trim and pretty for our photographer, model Stephanie Yost, above, told us she recently lost nine pounds following the Ford Model Diet, doing yoga and ballet exercises and riding her bike to and from appointments. "I'm five foot nine and find my best weight is 123 pounds," says Stephanie. When beginning her diet, she followed it carefully but added two glasses of skim milk per day. This is a good choice for dieters according to SEVENTEEN's consulting nutritionist, who feels that dairy products are necessary for teens even while they try to lose weight.

Pleased with her new figure, Stephanie finds she's less rigid with her diet but still watches calories, especially since her hobby is cooking. Often she can be found in the kitchen whipping up a "simple but nutritionally balanced" dinner for friends. "Lucky for me," says Stephanie, "I grew up preferring fruits and vegetables over sweets, so it's easy to pass up dessert." For low-calorie recipes, flip the page.

HENRY WOLF

TASTY THINK-THIN COOKING

Who says diet foods have to be dull? At right, just a sampling of our low-calorie alternatives to fattening favorites: the breadless sandwich, veggie yogurt, a fish taco and strawberry/cottage cheese roll-ups

BREADLESS SANDWICH

Try our delicious low-calorie cheese filling or your own favorite spread on a raft of crisp iceberg lettuce.

- ½ CUP LOW-FAT COTTAGE CHEESE
- ⅓ CUP SHREDDED CHEDDAR CHEESE
- 1 TABLESPOON MINCED SCALLION
- 1 TABLESPOON LOW-CALORIE ITALIAN SALAD DRESSING
- ¼ TEASPOON SALT
- ⅛ TEASPOON PEPPER
- 9 TOMATO SLICES
- 3 ONE-INCH-THICK SLICES ICEBERG LETTUCE

In a bowl, combine cottage and cheddar cheeses, scallion, salad dressing, salt and pepper; mix well. Place lettuce slices on a baking sheet; top each with three tomato slices then with a third of cheese mixture. Broil a minute or two, just until cheddar cheese is melted. Makes three large servings, 92 calories each.

Note: For a light snack, toast a slice of thin white bread; top with a tomato slice and a sixth of the cheese mixture. (You can refrigerate any extra cheese mixture.) Broil. One serving, 85 calories.

VEGGIE YOGURT

Pass up high-calorie fruit-flavored yogurt for this refreshing, nonfattening lunch idea.

- ½ PINT UNFLAVORED YOGURT
- 2 TABLESPOONS MINCED PARSLEY
- ¼ TEASPOON INSTANT MINCED ONION
- ¼ TEASPOON GARLIC SALT
- ⅓ CUP CHOPPED CUCUMBER
- ⅓ CUP CHOPPED GREEN PEPPER
- ⅓ CUP SHREDDED CARROT
- ⅓ CUP CHOPPED TOMATO, OPTIONAL

Combine all ingredients in a bowl, mix well. Cover and chill to blend flavors until ready to serve. Makes one serving, 186 calories.

STRAWBERRY ROLL-UPS

Good for a healthy breakfast or dessert, our cottage cheese and fruit roll-ups are low in calories, high in protein and taste as tantalizing as they look!

- 2 CUPS SLICED FRESH STRAWBERRIES
- 4 TEASPOONS SUGAR
- ½ CUP LOW-FAT COTTAGE CHEESE
- ⅛ TEASPOON VANILLA
- ⅛ TEASPOON GROUND CINNAMON
- ⅛ TEASPOON GROUND NUTMEG
- 1 RECIPE PANCAKES (RECIPE FOLLOWS)

Place strawberries in a small bowl. Sprinkle with sugar; set aside. In another bowl, combine cottage cheese, vanilla and spices; mix well. Spread each pancake with a thin layer of cottage-cheese filling, add a few strawberry slices; roll up. Top each roll-up with more strawberries and a small spoonful of filling. Makes five roll-ups, 127 calories each.

Cottage-Cheese Pancakes

- 2 EGGS
- ½ CUP LOW-FAT COTTAGE CHEESE
- 2 TABLESPOONS FLOUR
- DASH OF SALT
- 1½ TEASPOONS BUTTER OR MARGARINE

Combine all ingredients except butter in blender; cover, whirl until smooth. Divide butter into five pieces; melt one in a six-inch skillet and pour in enough batter to cover bottom of pan with a thin layer (about one-fourth cup). Cook over medium heat until brown on bottom; turn to brown other side. Repeat with remaining butter and batter to make five pancakes; 72 calories each. Fill or serve on their own.

FISH TACOS

High in nutrition, low in fat, fish is an ideal diet choice. Try this south-of-the-border recipe for a real treat!

- 1 LB. FILLET OF SOLE OR FLOUNDER
- SALT
- PEPPER
- OREGANO
- GARLIC POWDER
- 2 TEASPOONS BUTTER OR MARGARINE
- 4 TORTILLAS
- 2 MEDIUM TOMATOES, CHOPPED
- ¼ TEASPOON INSTANT MINCED ONION
- ⅛ TEASPOON OREGANO
- 3 DROPS LIQUID RED-PEPPER SEASONING
- ⅓ CUP SHREDDED MONTEREY JACK CHEESE
- 2 GREEN PEPPERS, CUT IN RINGS

Sprinkle fillets with salt, pepper, oregano and garlic powder; roll them up and secure with toothpicks. Coat a shallow baking pan with vegetable spray; place fish rolls in pan and top each with a dab of butter. Bake at 350°F for twenty minutes. Wrap tortillas in foil and place in oven along with fish to heat up. While fish bakes, combine tomatoes, minced onion, oregano and red pepper seasoning in a saucepan; simmer a minute or two until tomatoes are soft. Spoon sauce over fish rolls; top with cheese. Bake five minutes longer. Place a tortilla on serving plate. Top with green pepper rings and a fish roll. Makes four servings, 208 calories each.

LOW-CALORIE DRESSING

A creamy substitute for mayonnaise or sour cream: try it in egg or chicken salad and on baked potatoes.

- ½ CUP LOW-FAT COTTAGE CHEESE
- 2 TEASPOONS MILK
- 1¼ TEASPOONS WINE VINEGAR
- ½ TEASPOON MIXED ITALIAN HERBS
- ½ TEASPOON SALT
- DASH OF PEPPER

Combine all ingredients in a blender; cover and whirl to a smooth and creamy consistency. Stop blender occasionally and scrape down sides with rubber spatula. Makes about half a cup, 10½ calories per tablespoon.

ZUCCHINI LASAGNA

Eileen Ford's idea for preparing fresh zucchini with the zesty flavor of homemade lasagna.

- 4 MEDIUM ZUCCHINI
- SALT
- ½ CUP TOMATO SAUCE
- ¼ TEASPOON MIXED ITALIAN HERBS
- ⅛ TEASPOON INSTANT ONION FLAKES
- DASH OF GARLIC POWDER
- DASH OF PEPPER
- ½ CUP SHREDDED SKIM-MILK MOZZARELLA CHEESE

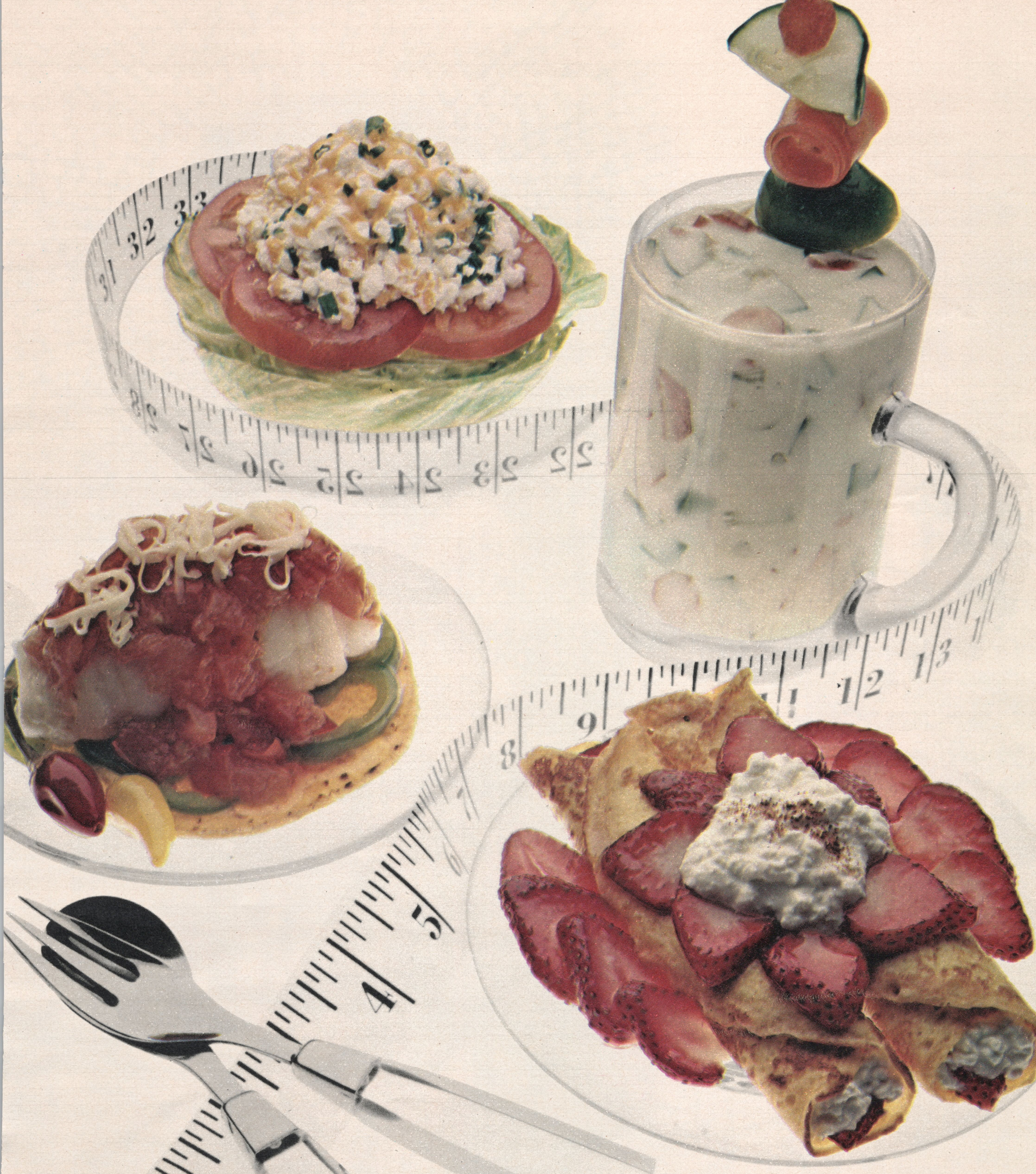
Cut each zucchini lengthwise in three slices; sprinkle cut sides with salt; let stand on a wire rack for fifteen minutes, then blot dry with paper towels. Coat a shallow baking pan with vegetable spray. Place zucchini slices in pan. Cut small slashes in surface of each slice. Mix tomato sauce and seasonings; spread two teaspoons of sauce over each zucchini slice. Bake at 375°F for ten minutes. Sprinkle two teaspoons of cheese over each slice; bake another ten minutes. Four servings, 55 calories each.

STEPHANIE'S SHAKE

Stephanie Yost created this frothy concoction so she could enjoy having a milk shake minus the calories.

- ½ RIPE BANANA
- ⅛ CUP FROZEN DRY-PACK BLUEBERRIES
- 2 LARGE STRAWBERRIES
- ½ CUP LOW-FAT MILK
- ½ CUP LOW-FAT PEACH ICE CREAM
- 2 ICE CUBES

Combine all ingredients in blender; cover and whirl at high speed until ice is crushed and mixture is blended. Makes two servings, 75 calories each.

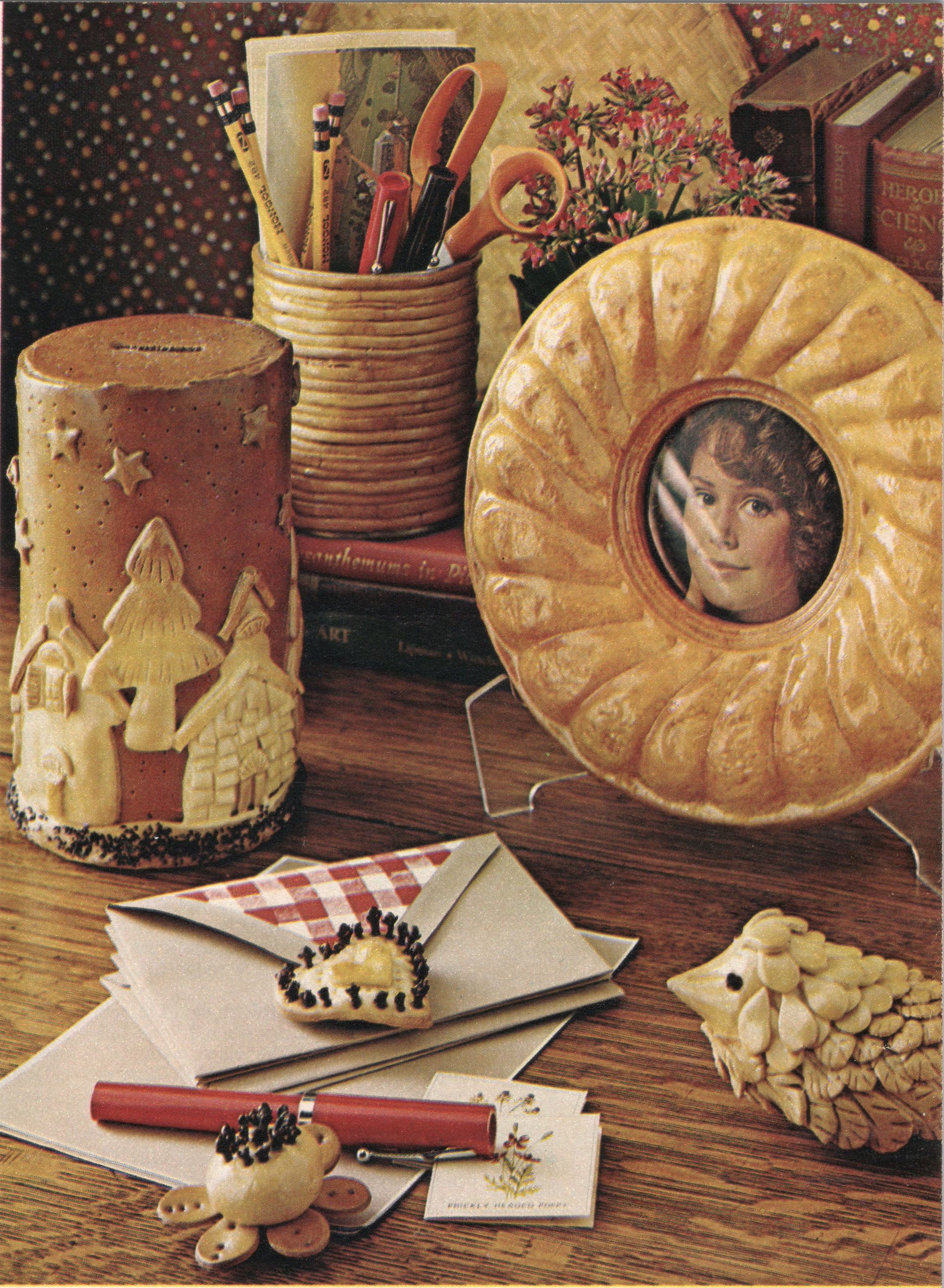


GEORGE M. COCHRAN

FRANCES PELLEGRINI

Baker's Clay

Shape and bake a batch of crafts using our easy dough recipe



Incredible, inedible baker's clay is the medium for the pretty things here. Don't think you're creative enough to make them? It's easy, even for beginners!

The recipe:

- 1 CUP SALT
- 4 CUPS ALL-PURPOSE FLOUR
- 1½ CUPS WARM WATER
- 2 OUNCES GLYCERINE (OBTAIN AT DRUGSTORES)

Mix together flour and salt; set aside. Mix water and glycerine (prevents cracks and bubbles); gradually stir into flour mixture (it should be gummy). If too dry, mist with water. If too wet, add flour. Place mixture on a floured board; knead for ten minutes or until it resembles biscuit dough. Put any clay you won't be using immediately in a plastic bag. Clay can be refrigerated for several days. Knead before using.

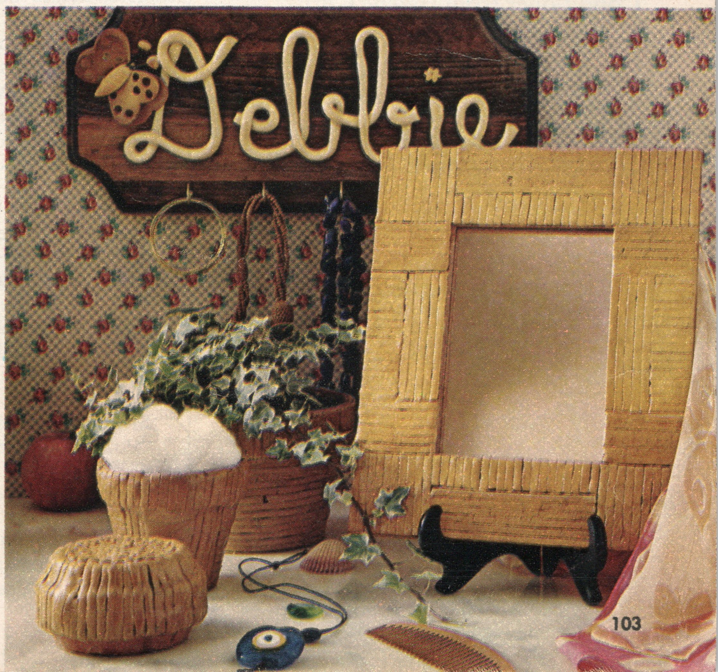
Sculpting: Roll out clay to desired thickness (one-quarter inch and up; if it's any thinner, dough is hard to work with) on a floured board. Begin with simple, flat shapes made with cookie cutters. To create a three-dimensional effect, layer pieces; moisten surfaces with water to join. To wrap clay over shaped surfaces like oatmeal boxes, small tins, flowerpots, brush container with a mixture of equal parts white glue and water; cover with clay; join edges by moistening with water. Note: Never use glass—even a mirror—as a base; it can explode during baking.

Baking: When a piece is ready for baking, prick back or underside with a pin. Place all pieces on a lightly oiled cookie sheet. Bake at temperatures from 250° F. to 350° F., depending on size and thickness of piece. Baking time will vary from one-half to three hours. When clay is fully baked it will be quite hard. Complicated designs like our bow-topped box (opposite) are baked in stages (which gives the two-tone coloring). The clay-covered box was baked first, then the bow was added and the entire piece baked again.

Sealing: After your work is baked and cooled, preserve it with varnish. To waterproof, varnish inside and out.

Additional hints for baker's clay:

- ● Ordinary kitchen things like pastry wheels, bottle caps and garlic presses make interesting textures; or add cloves or seeds.
- ● Keep edges of flat pieces from warping by weighing them down with a cookie sheet immediately on removal from oven.
- ● To order a book of how-tos, see page 106. (All designs here by Joe Bevacqua.) Want to sell your crafts? See page 66.



The first conditioner to use when part of your hair is in bad condition.

And part is in good condition.

First, a fact: Hair grows approximately six inches a year. So if you're a girl with long hair, the ends of your hair can be as much as five years old.

And five year old hair gets dull and dry. It really needs conditioning.

But the top part of the five year old hair is new and oily. And it doesn't need conditioning.

What you need is a product that conditions the old hair, but doesn't goop up the new oily hair.

That's Everynight Long Hair Conditioner from Helene Curtis.

EVERYNIGHT
Helene Curtis
Long Hair Conditioner

Everynight Long Hair Conditioner. It conditions only what needs to be conditioned.

GIRL

continued from page 87

the ratings? And the audience surveys?"

"He's seen them," Liz said. "He says we've been building audience and the dog happened to hit us when we peaked."

"A five-point jump in the Nielsen?" one of the young writers asked. "Look how it happened. The first half hour, our usual rating. Then people must have started calling their friends. Spread effect. By the time he put the old man behind the screen, we were doubled."

Groff popped four mints and drained a glass of soda water. "Liz, should we try? I think he's in the wet suit again."

Groff and Liz confronted Derry in his office. He was in the diving suit, wielding a spear gun.

"The dog," Groff said. "People want her back."

"Don, she was beautiful," Liz added. "Not just a dog. A loving, intelligent mutt. You should read some of the mail."

"Funny you should mention it," Derry said. "I've been doing a little investigation. Waiting for a call from Professor Morcom of NYU. Expert on animal psychology. He's checking his schedule to see if he can come on with Riddle and expose him."

In a few minutes the professor called. Yes, he would be delighted. Yes, most of these trained animal acts were based on conditioning and reinforcing. Reward the dog, it performs.

"So you want Girl again?" Liz asked.

"And the old man."

Groff twisted his scrawny neck. "It may be tough. They're all after him. Cavett, Carson, Griffin, *Today*. Educational TV wants him to moderate a show. Liz, can you deliver him?"

"Mr. Riddle is loyal to us," Liz said proudly. "He told me when I took him back to the Buick the other night we'd always have first call on Girl, because we believed in him."

"*You* believed in him," Derry said.

Professor Morcom examined Girl for hidden microphones, buzzers, sensors or other electronic equipment. She licked his hand. She rolled on her back and raised her forepaws in surrender. Mr. Riddle sat on the last chair in the semicircle of singers, actors and other celebrities and squinted through his steel-framed specs. Liz had bought him new suspenders and made him get his hair and beard washed and set. The snowy hair rose around his wrinkled face like a corona of cotton.

"All in order," Professor Morcom said. "I've looked Mr. Riddle over too. He's clean."

"Tell us how it's done," Derry said. "There's got to be a gimmick."

"Girl," Mr. Riddle said. "Which hand was that man poking you with?"

Girl licked the professor's right hand.

"Girl, there was a lady in a black dress and pearls here last time. I don't know where she's sitting tonight, but you find her for me in the audience."

Morcom was shaking his head.

"Puzzled, Professor?" Derry asked.

The audience buzzed. People looked for Mrs. Fassnacht, the vice-president's mother.

"This is uncanny," Professor Morcom said. He tugged at his goatee and adjusted his bifocals. "You mean, the dog picked this woman out four days ago, and he's sending her to find her again, with no other instructions?"

"Prof, you're the expert on animals," Derry said.

It took Girl thirty-seven seconds to find Mrs. Fassnacht. Once again she placed her shaggy head in her lap. Mrs. Fassnacht kissed Girl's matted head.

"Girl, two rows back there's a young man in a black leather jacket."

Girl found him in as long as it took for her to walk the two rows.

"Show me the nearest exit door, Girl," Mr. Riddle called.

The dog walked down the carpeted aisle and stopped at the door. The network pages applauded.

"I wish they'd both take it," Derry said. The audience did not laugh. "I mean, they're so smart they make me feel like I have a learning disability. An over-achieving dog. A goal-oriented dog."

"There's an empty seat in the fourth row from the back, Girl," Mr. Riddle said. "If Mr. Derry don't mind, please go sit there and be still till I call you. When I call your name, go to the young man in the blue uniform with the gold braid, the one who just made goo-goo eyes at the young lady in the uniform."

The dog sniffed her way to the empty seat, crawled into it and sat down. She did not seem out of place as a member of the audience.

"Okay, Professor, how's it done?" Derry asked.

"I'm not sure."

"Signaling."

"If it is," Professor Morcom said, "it's the best signaling system I've ever seen. Even chimpanzees . . ."

Derry was silent. Chimpanzees. The one that had almost taken over the *Today* show. Talking horses. Derry's parents had been in show business. On his deathbed, Derry's father had warned him never to compete with a kid or an animal.

"Go ahead, Girl," Mr. Riddle called.

Girl slid from the seat and walked to the giggling pages. She sat between them, pawing the young man's blue trousers, then the girl's blue skirt.

"Animal conditioning is a relatively simple thing," Professor Morcom said. "Chickens can be trained to walk a tightrope. Rabbits will play a piano. They do this for rewards. This dog is a bit more complex. There is a trusting relationship between master and dog. A kind of understanding."

"I'm not her master. Girl is my friend."

"That's right," Mrs. Fassnacht shouted from the audience. She led another round of applause.

"Girl, come back here and take a rest," Mr. Riddle said.

"How does he do it?" Derry persisted.

"I haven't the faintest idea," Professor Morcom said. "All I can tell you, Mr. Derry, is that Girl is a very smart dog."

The mail and phone response was even greater after Girl's second appearance. The program was inundated with requests from owners of brilliant parrots, genius armadillos, ponies who could do square roots. Derry sulked in his office. He was glad that the show was going off to Nassau. Undersea life, reefs, girls in bikinis. Often the program went on the road because Derry was bored and needed sun, water, women. And he would be able to shelve the dog and the old man.

Fassnacht, the vice-president, called Derry one afternoon and explained how the ratings had nearly doubled. Four dog food companies wanted Girl to appear in their commercials. Two wanted exclusive contracts with her. Where had Mr. Riddle gone? Who could find him?

"Fass, I made this show," Derry said. "It's me, Don Derry, with my new style, my combo of entertainment and journalism, that created the audience. I don't need a dog act."

"I'm afraid it's more than a dog act. My mother says it's like a spell comes over the audience. People love that dog and that old man; they're rooting for the mutt to get it right, to find the guy with the green tie or the saxophone."

"But it's the same number every time. I can't let a dog dominate a major communications complex. That's what this program is, Fass. We deal in ideas, trends, important people."

"That dog is important. My mother says . . ."

"Okay, okay, just once more. Before we take the show to Nassau."

"Wonderful, wonderful, Don."

"I'll fix all of you." Derry grinned. "I'll find a porpoise down there who'll make that pooch look like a moron."

To publicize the week in the Bahamas, the cast of the Don Derry show appeared in costume. It was the Friday before they would fly to Nassau. The band wore island regalia. The guests were given flowery shirts. Derry himself wore his black wet suit and demonstrated the Aqua-lung, the underwater leads and the spear guns.

But the audience wanted Girl. When Mr. Riddle and the dog appeared, everyone rose. People cheered and whistled. Derry did not applaud. Behind the diver's mask he was scowling.

"Girl," Mr. Riddle said. "Some person on the stage is holding a weapon in his hands, a kind of long spear he can kill fish with. Show us that weapon."

Unhesitatingly, Girl walked toward Derry.

Derry cocked the weapon. It had a pistol grip and a trigger. He had used spear guns before. Once he had accidentally winged a seal when they were broadcasting from the seaquarium.

The audience gasped. Fassnacht, sitting with his mother, got to his feet. "What . . .? What's he . . .?" He could not believe it. Not their lovable Don, their superhappy, supernice host.

"Ping," Derry said out loud. "One squeeze, and right between the eyes."

There were boos and hoots from the audience. A man was shaking his fist.

"Only kidding, folks," Derry said. He aimed the gun at Girl's furry brow for a second, then raised it. "Only kidding."

"Go on, Girl," Mr. Riddle said, "show us that gun for fish. It's only for fish."

Girl put a paw on the spear gun.

"Mr. Derry is right, folks," Mr. Riddle said. He stroked his beard. "He was only fooling. Wasn't he, Girl?"

The day after the Don Derry show arrived in Nassau, Derry and Alan Groff each received a copy of a telegram signed by Roy Fassnacht and by the network president. The star was sunning himself by the pool, reviewing the evening's guests. He would interview the head of the department of tourism, a troupe of Goombay singers and the world's champion underwater divers, who would kill groupers for him.

Groff, Liz and the writers noticed that he was more relaxed in the sun. The change of scenery was good for him. The show would travel more, do more light features, use more humor. Derry was wrong to try to be an Alistair Cooke, an educational TV type.

The telegram upset him terribly.

KNOW YOU WILL UNDERSTAND THIS DECISION BUT WE ARE BOOKING GIRL AND MR. RIDDLE AS REGULAR CAST MEMBERS TO APPEAR NIGHTLY ON YOUR RETURN TRIP STOP REACTION YOUR ANGER WITH DOG APPARENT TO MILLIONS VIEWERS AND MAIL IS DROWNING US ONLY WAY MAKE UP IS TO HIRE DOG AND KEEP AROUND AS SHOW MASCOT ET CETERA BESIDES RATINGS ARE STILL POOR STOP WE FEEL SHOW NEEDS A COUNTERWEIGHT TO YOU LIKE TREACHER WAS TO GRIFFIN OR MACMAHON TO CARSON REALIZE THIS IS MAJOR STEP BUT DOG AND RIDDLE SIGNED FOR THIRTEEN WEEKS REGARDS

"It's only for thirteen weeks," Groff said placatingly. "The public will get tired of the dog. Same act every night, same old guy."

"Get my lawyers," Derry said. "Get my agents. They didn't consult me on this."

"We need that dog for a while, Don. Roy Fassnacht is no gambler. He thinks Girl can save us. You know, we aren't the first talk show that got into trouble because it got too heavy. Look at Frost, Cavett."

Derry's long jaw went rigid. "I'll be second banana to a dog," he said. "Me, a graduate of Wyoming State College."

Derry went through the show listlessly that night. When they did the porpoise act, the audience kept shouting that they wanted Girl.

After the program, Derry found one of the writers and asked him about another dog feature they had done a year ago. A guest who trained special dogs. Where was he? Somewhere in Florida? The writer remembered. He even remembered the guest's name.

At dawn Derry was on a chartered plane for Orlando, Florida. He hired a car at the Orlando airport and, after a few false starts, found a sagging frame house with a rusty cyclone fence around it. In the unkempt yard were abandoned auto parts, fenders, chassis, bumpers. On the chained gate was a sign:

STAY OUT
DANGEROUS DOGS
THIS MEANS YOU
J. B. HUGG

Derry looked for a bell, found none, then called Mr. Hugg's name a few times. A sonorous, savage barking rose from the house. It was a fearful noise. At length a stumpy man with a pot belly came out of the house. He wore a vest over his naked torso. He stepped hesitantly down the broken porch steps. The man carried a glass of soda in one hand and a short whip in the other. *(continued on page 106)*

The first conditioner for hot heads.

Electrical appliances do more than style your hair. They put heat into your hair. And heat isn't good for hair. In fact, heat can dry hair and make it dull. Now you can put a layer of protection between your hair and the heat.

With Everynight Extra Body Conditioner , you get a special formula that gives a layer of protection to hair already damaged by heat, and protects the hairs that haven't been hurt—yet.

And no, it won't give your hair that gooped up and greasy feeling.

New Everynight Extra Body Conditioner from Helene Curtis.

If you're a hot head, you need it.

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Helene Curtis
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Conditioner

Everynight
Extra Body Conditioner.
Extra Protection
for Heat-Styled Hair.

"Mr. Hugg? J. B. Hugg?" Derry remembered him. He had been slicked up for the TV appearance in a suit and tie.

"What you hootin' and hollerin' this early fer?" Mr. Hugg asked. "Had us a match last night, biggest of the year."

"It's me, Mr. Hugg. Don Derry, from television."

"Shoot. Why, it surely is. How yew, Mr. Derry?"

"Fine, fine. Look . . . can we go in? I have a private matter to discuss with you."

They sat in Hugg's kitchen and sipped coffee. Hugg offered Derry a glass of bourbon to go with the coffee, but the star refused. He was getting a migraine. The house reeked of dog excrement.

"You know what it is to put out a contract?" Derry asked.

"Like the Mafia and all that. How them mobs kill people."

"Right."

"You got troubles? Ah ain't the man to see. Got me enough troubles with the humane societies, all them sissy-boys."

"I don't want to put out a contract on a person. I want to put out a contract on a dog."

"Dog?" Mr. Hugg poured a half-tumbler of bourbon down his throat.

"Yes. Do you ever watch my program?"

"Can't say as ah do."

"That doesn't matter. This must be done in absolute secrecy. I want your best dog. Your champion of champions. He will be our hit man. That's another Mafia expression."

"Hit man. That's good. And what do we get for this?"

Derry gave him a crisp thousand dollar bill. "This right now. Your expenses come out of it, and you can keep the rest. When the contract is filled, I'll give you another two thousand dollars. You'd have to win an awful lot of fights to make that kind of money."

Mr. Hugg scratched his bald head. "Waaall. They's a small problem. We don't use our fightin' dogs to git after untrained animals. Can't even use 'em as watchdogs, 'cause they kill too good."

"This will be a favor for me. You and I will be the only ones who will ever know. I'll give you two thousand now. And three thousand more after the hit."

Mr. Hugg was mixing dry dog food with water in a metal pail. He laced it with cod-liver oil and ground fish heads.

"Reckon you got a deal. Two thousand now, three when we do the job." He scowled at the thick mush. "Don't seem right, somehow. Contracts, hit men. Sounds furrin."

Derry took from his coat pocket a map of Manhattan. Liz Willis had told him about the Buick parked under the West Side Highway. It was a car that could not be missed.

"Know what a Buick looks like?" the TV star asked Mr. Hugg.

"Ah surely do." Mr. Hugg tucked the bills into his vest pocket. "Ah'll use me Wanda Sue. Ain't no dog in the world can fight that ole gal."

Three days later, while the Don Derry show was still in the Bahamas, Mr. Riddle decided the time had come to move on. He had made a nice few dollars with his appearances on television. Miss Willis and Mr. Groff had promised him more work, but he had the old urge again. He missed the county fairs, the volunteer fire department clambakes, the carnivals, where he could set up at the edge of the dusty grounds, put Girl through her paces and pass the hat. That was real fun. Being close to people. Watching the children smile and jump around.

Mr. Riddle was studying a creased road map on the hood of the Buick. He would head south. It didn't matter where. At the sign of the first fairgrounds, he would stop.

Girl and Alex were sniffing in mounds of garbage.

Every now and then Girl would pick up an empty beer can or a cardboard box and shove it against Mr. Riddle's side. "Now, Girl," he would say, "stop that at once. Can't you see I'm concentratin'?" He was eighty-two and his eyes were going. "Girl, please throw that junk in the river."

Fifty feet from the car, the wintry Hudson River, iron-gray and scummy, flowed to the sea. Chunks of February ice gathered around the old wooden pilings. It was the dusk of a damp New York day. Mr. Riddle had decided he would not wait for another call from the television people but would move out that night. He knew what Don Derry was thinking. Girl knew. Ever since that business with the spear gun.

A shiny green Oldsmobile pulled up and parked about ten yards from the Buick. It had Florida license plates. Mr. Riddle, intent on his maps, paid no attention. Neighborhood people often brought their cars below the highway to wash them. Some recognized Girl and fussed over her.

But the man who got out of the Oldsmobile was not one of them. He was a short, fat man with a bald head, wearing a checked outdoor jacket and black trousers. He had a dog on a short leash.

It was a strange-looking dog, Mr. Riddle thought, long-headed, short-haired, with a twisty tail. It was dark gray in color and it had small slanted eyes. "Why, I'll be dipped in molasses," Mr. Riddle said. "That there is a Staffordshire terrier. Ain't seen one since they outlawed dog fightin' in Tennessee. Used to have them Sundays. Terrible how them dogs went for each other's throats. Howdy."

Hugg did not respond. His eyes darted to the river bank where, amid mounds of snow and refuse, Girl and Alex gamboled. Hugg was puzzled. Derry had mentioned only one dog, a gray-brown bitch the size of an Airedale. He had said nothing about a big yellow male, a sort of mastiff.

"The fightin' ones is all bitches, isn't that right?" Mr. Riddle asked cheerfully. "Feller told me once that the females is deadlier than the males. This looks like a proper fightin' terrier."

Mr. Hugg unhooked the leash from the Staffordshire terrier's collar. The collar was thick and studded. In professional matches they did not wear them. Throats were favored targets. But this, Hugg reasoned, was a hit. There was no question about fairness or wagering. Derry had explained it to him: contracts had no provision for giving an enemy a chance.

"Them's your dogs?" Hugg asked. The Staffordshire was quivering. Its snaky tail was pointing. It kept scratching its forepaws into the cobblestones. It made whimpering noises, not of fear, but as if suppressing an emotional outburst.

"That's Alex and Girl. Alex is the big 'un. Mister, you better leash that terrier or we'll have us a fight on our hands."

Hugg hesitated. He had contracted to kill one dog. He thought that Wanda Sue could kill both neatly and quickly. But it was a complication. Ganging up, if they were at all trained to attack, they might injure Wanda Sue, perhaps cripple her. She was worth over seven thousand dollars, an undefeated champion, a good breeder, a merciless fighting machine.

Alex, his back bristling, pranced forward a dozen paces. He stood at attention, growling, yellow hairs rising in a ridge along his back. His blunt head was high and his eyes gleamed. Girl sat on her haunches, motionless. Her eyes never looked gentler. Her old head drooped.

Hugg realized he would have to kill them both. He patted the terrier's rump. "Attack," he said.

The terrier sprang forward. Alex charged. Hugg saw at once that the mastiff-like dog, although brave, did not know how to fight. It came in with head too high and didn't use its paws for defense. The animals came together in a whirling, tumbling mass of legs, bodies, tails. Oddly, the terrier made no sound. It had stopped whimpering. It was intent only on Alex's throat.

"Stop 'em!" Mr. Riddle cried. "Dang you! Dang you, whoever you are! Police! Stop that! That's a fightin' dog! Alex, run away! Girl, come here!"

It was too late. The dogs parted, slavering and shivering. Not a sound issued from Wanda Sue's throat.

Mr. Riddle, shaking, his beard fluttering, ran toward the dogs. They were at each other again, teeth seeking throats, paws flailing, backs arching.

Hugg intercepted him and held him back by his suspenders. "Don't try it, Mister. I seen

(continued on page 108)

BAKER'S CLAY

For more information about the merchandise shown on pages 102-103, write to the addresses below

Page 102: Spanish Cork wall covering used as background (plastic coated and stain resistant, $25.65 a roll) by Armstrong, Lancaster, Pa. 17604. Initial seal and wooden handle (each 75¢) and green sealing wax (50¢) by Hallmark, 720 Fifth Ave., New York 10020. Large basket holding flowers ($2.49), from Azuma, 415 Fifth Ave., New York 10016.

Page 103, top photograph: Brown calico gift wrap used as background ($1.75 a roll) by Faroy, large round bamboo tray ($1.75), flower design gift cards with envelopes (each 95¢) and Lucite plate holder ($4.49) by Knobler, all from Azuma, 415 Fifth Ave., New York 10016. No Nonsense pen (available in eight colors in ballpoint, cartridge or marker form, $1.98) by Sheaffer, at Goldsmith Bros., 77 Nassau St., New York 10038. White-bordered kraft letter paper (box of twelve decorated sheets and red and white gingham-lined envelopes and eight plain sheets, $2.50) by Eaton Paper, Div. of Textron, Pittsfield, Mass. 01201.

Bottom: Country floral cotton fabric used as background (36 inches wide, $5 a yard) by Liberty of London, from Fabrications, 256 East 58th St., New York 10022. Enameled metal Indian bracelets (each 75¢), scented sandalwood choker ($6.50), Brazilian dyed natural horn necklace ($4.50), Japanese plumwood comb ($3.50), Greek Corinth evil-eye blown-glass pendant ($3.50) and Chinese green glass ring ($1.50), all prices postpaid, from the United Nations Headquarters Gift Center, 45th St. and First Ave., New York 10017. Teakwood plate holder ($1.95), beige printed chiffon scarf ($4.95) and silk tie-dyed scarf ($3.95), all from Azuma, 415 Fifth Ave., New York 10016.

For a booklet about baker's clay with information and designs, send 50¢ (check or money order) to: The Dough-It-Yourself Handbook, Box 8019, Dept. S, Chicago, Ill. 60680.

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your yeller dog start it. Let 'em fight it out."

Girl had gotten to her feet. She was sniffing the air, raising and lowering her old head, making crooning sounds.

"It's over, anyhow," Hugg said. "Your mastiff shouldn't have come at Wanda Sue."

In a swift, lizard-like move, Wanda Sue lunged for Alex's throat, for the soft skin beneath the jaw. She sank her savage teeth deep into the dog's flesh, through hair, skin, muscle, deep into veins and arteries. Blood spurted from Alex's neck. He staggered backward and coughed, drowning in his own blood. Then he collapsed.

"You kilt him," Mr. Riddle shouted. "You done that a-purpose! Who in tarnation are you? What do you want with my dogs?"

"Attack," Mr. Hugg said.

Wanda Sue's broad snout and jowls were red with Alex's blood. She pawed the ground again and fixed her eyes on Girl.

"Girl!" Mr. Riddle screamed. "Git away from that dog! Girl, come here!"

Mr. Hugg grabbed Mr. Riddle and held him against the side of the Buick.

Wanda Sue circled Girl warily. Her head was close to the ground. The tail extended behind the flat hard body like a baton.

"Don't fight her, Girl!" Mr. Riddle bawled. "Please, Girl, talk to her!"

Girl was retreating. She moved creakily, clumsily. Wanda Sue crept on her belly. She was accustomed to dogs charging, fangs bared, paws flailing. The aged bitch was not her idea of an opponent.

Hugg ran from the car. Mr. Riddle wobbled after him. Hugg brought the leash down on Wanda Sue's back. "Kill," he said.

Soundlessly, the Staffordshire sprang at Girl. The old dog waited until the last fraction of a second, then rolled on her side, flattening her shaggy form against the cobblestones.

Wanda Sue, saliva streaming from her bloody mouth, her flat eyes astonished, sailed smoothly over the prostrate dog and into the frigid Hudson River. She struggled briefly in the scummy cold water. Then the long, dull head vanished in a swirl of dirty ice. As she went under for the last time, she whimpered.

Hugg turned on Mr. Riddle. "That dog was worth seven thousand dollars. I got a mind to take it outen your hide." He raised the leash and advanced on Mr. Riddle. "Fact is, I am gonna take it outen your hide."

"Now, hold on, mister. You came here to kill my dogs. You got to take your medicine."

"That bitch of yourn put a spell on Wanda Sue. Ah seen dogs like that before. They put a conjer on other dogs."

"Girl never done no such thing. Girl understands, that's all."

Hugg was two steps away from Mr. Riddle's defiant figure, the old man standing at attention, hands at the sides of his trousers, when they heard Girl. She was walking toward Hugg. Her lips were peeled back, and Hugg could see the white sharp teeth and the crimson gums. He knew dogs. He knew when they could kill.

"Call that bitch off," Hugg said. "What's she doin?"

"You got her riled."

A low deep growl, full of something more than ordinary canine menace, issued from Girl's mouth. Hugg's raised arm froze. Girl was crouching, her legs tensed, her soulful eyes no longer gentle.

"Now look what you done," Mr. Riddle said. "Girl, it's all right, you don't need to get so mad. Please, Girl, listen to me. It's all over."

When the Don Derry show returned from the Islands, Liz Willis had difficulty locating Mr. Riddle. The network brass, unhappy with the ratings, wanted a big publicity splash about signing Girl.

Derry, getting fitted for a ski suit and custom-made ski boots—he had decided to move the show to Aspen for a week so he could learn to ski—smiled to himself. Liz would never find the old bum and the mutt. The man from Florida would see to that.

Fassnacht, the network president, Groff and several sales executives sat in Derry's office, pleading with him to take the dog on as a regular. Three times a week? Two? They were drowning in mail. It wasn't just the dog's intelligence, her mastery of language or whatever system it was Riddle used to make her perform. People liked Girl. She was sweet, kind, tolerant. The public craved gentleness.

"Okay, okay," Derry said. "I'll be generous. Twice a week, for a ten-minute spot. The writers will have to think up gimmicks. Listen to Donny. People will get bored. It's a good act, but it's only an act." He could be magnanimous. But why hadn't Hugg called? Why had he not come for his three thousand dollars?

There was a knock at the door. Liz Willis entered. "I found them," she said.

"Them?" Derry asked.

"Mr. Riddle and Girl. They were having the car fixed to go south. The mechanic at the garage called us. He wanted to see Girl on the show again."

"Hooray!" Fassnacht said. "Donny, we got us a deal!"

Mr. Riddle and his dog walked in. Everyone except Derry cheered.

"Nice Girl, nice poochie," Groff said. He got up and began to tickle Girl behind the ears, the way she liked it. But the dog ducked her head.

"You know we want you on the show regularly," Fassnacht said.

"Thank you kindly, sir," Mr. Riddle said. "But Girl and me are moving on."

"This is important to us," the network president said. "We'll make it worth your while. All the dog biscuits she can eat."

"Things have changed." Mr. Riddle's rheumy eyes sought the ceiling. "Someone tried to kill Girl. Yes, it's true."

"That's dreadful!" Liz cried.

"Why?" Groff shouted. "Who would dare——?"

"I have my ideas." The old man patted Girl's head. "Girl, there's a man in this room tried to have you killed by a bad dog. Show us that man."

"This is insane," Derry said.

Girl crouched, head resting on the carpet. Her dark lips curled. The bared teeth, the upturned muzzle, spoke of the ancient law of club and fang, a jungle response deep in Girl's psyche. Growling ominously, Girl crept toward Derry's ski boots. Then she *(continued on page 110)*

THE FEMAIL CLUB

From San Francisco's fashion world: a club for women who never join clubs.

We're the people who started the Generation Gap—one of the most exciting women's fashion boutiques on the West Coast.

Only one problem: You had to come to San Francisco to shop at our store.

Which got us to thinking. Why not send out catalogs that would let you order the same fashions we were selling in our store *by mail!* And since you'd be ordering by mail, we could pass on to you the money *we'd* save on rent, salaries, lights, etc.

Nice, eh? A club that saves you up to 20% and more on all the best clothes, cosmetics, jewelry and gift items.

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Woman does not live by clothes alone.

Even at 20% off, there's bound to be a limit to your clothing budget. And a girl's gotta swing a little. So we've arranged for card-carrying Femail Club members to receive special rates on vacation travel packages to places all over the world. Plus our San Francisco visitor's program, including personal invitations and special shopping discounts for our members who are visiting here.

So if you're ever wondering what to do once you've got all those great new threads on your back—this one feature of The Femail Club will make the whole thing worthwhile.

The old Free Gift ploy.

We'll not mince words. It costs $5.00 for a year's membership in our Club. BUT HANG ON—even that we can make palatable.

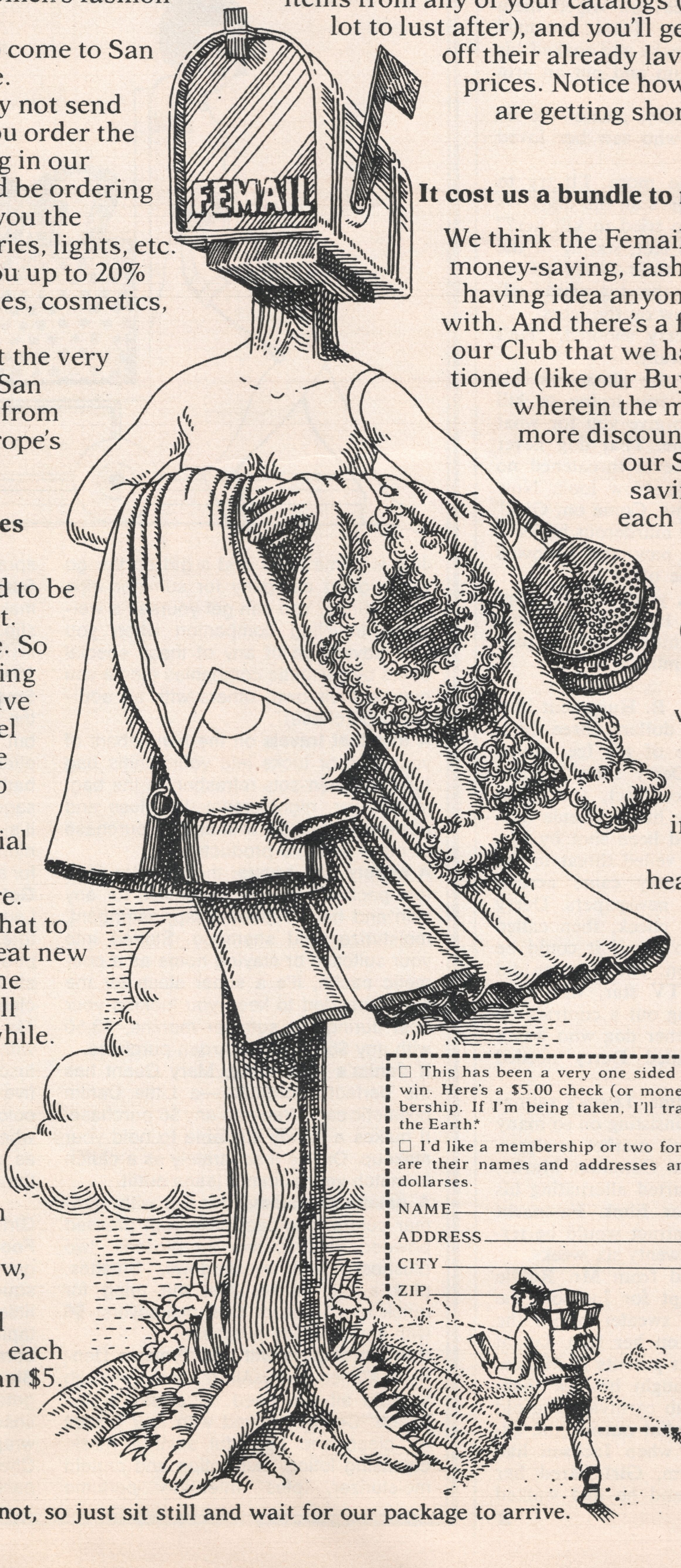
If you join the Femail Club now, you will be offered a choice of free gifts, from name brand cosmetics to designer jewelry, each with a retail value of more than $5.

Plus $5.00 in free "offs."

With your membership we're also going to give you $5.00 in gift certificates. So you can choose items from any of your catalogs (and you'll find a lot to lust after), and you'll get a total of $5.00 off their already lavishly discounted prices. Notice how the paragraphs are getting shorter? We must be near the end.

It cost us a bundle to run this ad. So...

We think the Femail Club is the best money-saving, fashion-buying, fun-having idea anyone's ever come up with. And there's a few things about our Club that we haven't even mentioned (like our Buyer's Bonus Plan wherein the more you buy, the more discounts you earn; and our Super Specials—savings up to 50% in each catalog). But we can't afford to hound you. You either join now (and enjoy later) or you turn the page. Later on, when you meet a slithery Femail winging off to the Med, wearing a devastating dress she paid heaven knows how absurdly little for...well, don't say we didn't tell you.



☐ This has been a very one sided conversation, but you win. Here's a $5.00 check (or money order) for my membership. If I'm being taken, I'll track you to the ends of the Earth.*

☐ I'd like a membership or two for my friends. Enclosed are their names and addresses and the additional five dollarses.

NAME________________

ADDRESS________________

CITY________ STATE________

ZIP________

The Femail Club
23 Grant Ave.
San Francisco
CA 94108

S-5

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*You're not, so just sit still and wait for our package to arrive.

stopped and placed a paw on the boot. Her eyes were burning.

"This is ridiculous," Derry croaked. "A mutt accusing me. Alan, get them out. Liz, get rid of them."

Girl kept her paw on the boot. Her angry rumbling did not cease.

"She won't hurt you, Mr. Derry," Mr. Riddle said. He sounded full of an old man's regrets. "She would never hurt nobody. You see, that was part of her intelligence. She had no meanness. Until, until . . ." He began to weep, then took off his steel spectacles and wiped them on his flannel sleeve. Tears streamed down his withered cheeks and soaked his beard. Liz came to him and put an arm around his shoulder.

"Mr. Riddle, don't cry, please. We all love Girl. Everyone who saw her loved her."

"It don't matter no more. I'll try to train her again, but she's an old dog."

"What *is* this? Who tried to kill her?" Fassnacht was on his feet, staring at the growling dog. Every time Derry pulled his booted foot back, the dog would advance, keeping one paw on the laces.

"Who knows?" Derry shouted. "He's crazy. They're both crazy."

Mr. Riddle placed the glasses on his nose. "I can forgive you trying to kill Girl. But I'll never forgive you for what you made her become. That dog never growled at no one, never threatened no one in her whole life. Now look. Now look what she's become. Come on, Girl."

Girl unloosed three murderous barks at Derry, removed her paw and followed Mr. Riddle out of the office.

"You book crazies, you see what happens?" Derry asked. He was trembling. "That's the end of animals on this program. Lousy vicious mutt."

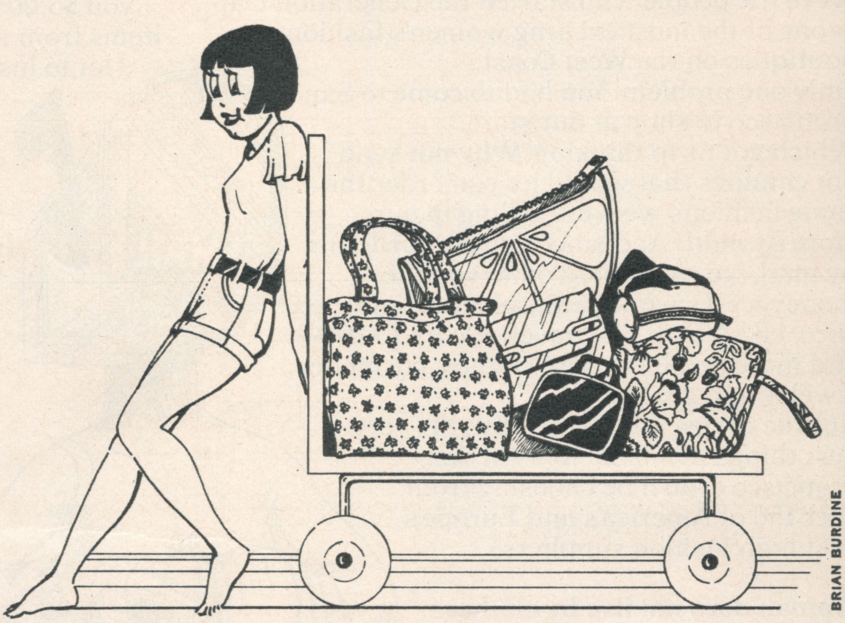
A few days later J. B. Hugg sent in a bill for ten thousand dollars, three thousand for the balance of his fee, which seemed strange to Derry since he had failed to fulfill the contract, and seven thousand for his prize bitch, Wanda Sue, whom he claimed had been shot by Mr. Riddle. There was a veiled threat in the letter that unless Derry came across, Hugg would tell the newspapers. Derry immediately wrote a check, then called his tax accountant to see if it could be claimed as a deduction. The tax man did not understand the TV star, who kept babbling about putting out a contract on a dog and about another dog who was a "hit man." He decided Derry needed psychiatric care.

In three month's time, Derry's ratings were so low—he kept insisting on so many "think" features: stock market analyses, geriatrics, obesity, the Common Market—that the network started alternating his show with old horror films. Fassnacht predicted that his contract would be terminated in another twenty-six weeks.

No one ever heard from Mr. Riddle and Girl again, except for Jackson, the writer in the yellow sweater whom the dog had picked out on her first day at the office. Visiting his parents in Macon, Georgia, Jackson thought he saw them once at a Rotary Club carnival. The old man was passing the hat outside the admissions booth. But when Jackson had tried to talk to them, Girl bared her fangs and growled, and he had walked away.

WHAT'S NEW

Stop here every month to catch up on the latest products and ideas



BRIAN BURDINE

July is prime time! And a girl on the go wants good company for summer trips and outings. You can get yourself a welcome traveling companion when you take advantage of any of these special offers by cosmetic companies (some you buy on their own, others with an additional purchase).

A tote that travels on the handlebars of your bike or tucks into your tennis bag for a between-sets refresher. In the bag: moisturizer, night cream, lip gloss and perfume spray; $4 with any $5 purchase of other Scandia products.

A beauty bag bonus: the Country Quilt tote packed with four essentials for any skin and hair routine—soap, astringent, moisturizer and shampoo. Stuffed into your suitcase or staying home as a cosmetic cache, it's a super stash for the extras needed to keep you looking your best during the summer months; $3.50 with any $5 Elizabeth Arden purchase.

If denim's your thing, Mary Quant has the perfect coordinate—a Little Denim cosmetic case, free with any $6 purchase. It makes a handy stuffable to hold your makeup. Or use it separately as a clutch to match your summer jeans outfit.

A palette of makeup for fun with summer colors: compact case with pressed powder, lipstick, two lip glosses, two blushes, three eyeshadows, brushes, plus a big mirror. Just the thing for quick touch-ups or total makeovers; $6 with any Shiseido purchase.

Sun worshipers will love Frances Denney's Calico Carry-All. It's large enough to hold all you need for a day at the beach. Comes packed with four basics for clean and beautiful skin: a mask, cleansing lotion, skin lotion and protein moisturizer, plus Interlude perfume spray; $5 with any $5 purchase.

Spritz on Charlie perfume spray and make any day special. Small enough to slip into a tote bag but big on elegance in its own suedelike pouch; ¾ ounce, $3 with any Charlie purchase. By Revlon.

Smart packers will want to take along the Touch of Naté plastic tote. It's slim but holds five mini-refreshers: towelettes, bubble bath, hand soap, afterbath friction lotion and moisture massage. For instant vacation pick-me-ups, it's the right combination. With convenient plastic bottles: makes a great gift for any traveling friend. Jean Naté; $2.75.

Get lavish with lemon: Love's Fresh Lemon Wedge, a zippered, waterproof tote, comes with friction cologne, shampoo, smoothing lotion and freshener—all the ingredients necessary for a cool, clean feeling after a day in the sun; $5.

Tie together your summer wardrobe with a terrific accessory. In a variety of luscious colors, Emilio Pucci's thirty-five-inch cotton square can double as a colorful head scarf or shoulder wrap when the sun goes down. It even works as a pretty tote when tied together at the corners; $10.

Girls on the go need rations for the road.

Food for thought: Del Monte's ready-to-go puddings. Only five ounces, to squeeze into the fullest backpack or a little tote. In four brand-new versions: tapioca, nut-flavored chocolate, strawberry, rice. Package of four, about 80¢.

Store up on kisses with bite-size nuggets of cheese. They turn an anytime snack into a protein treat. Individually wrapped; in two flavors: mild and tangy. Cheez Kisses by Borden; seven-ounce package, about 80¢.

...RELIGION

continued from page 97

American parents is the willingness—and eagerness—of so many young religion seekers to give up the freedoms and comforts considered essential to the good life, American-style. Nowhere is this self-denial more evident than among the youthful devotees of the International Society for Krishna Consciousness (ISKON), a rigid Buddhist sect founded ten years ago by His Divine Grace A. C. Bhaktivedanta Swami Prabuhpada, a retired Indian businessman from Bengali.

The sect's essential spiritual exercise is not much different from that of TM: instead of meditating silently, members chant their mantra ("Hare Krishna, Hare Krishna, Krishna Krishna, Hare Hare"), usually to the accompaniment of hand cymbals, clay drums and bare dancing feet. The chant is a form of "worship yoga" dedicated to Lord Krishna, a classic Hindu manifestation of God. The purpose of the chant, and of all the sect's rites and rules, is to develop Krishna's divine consciousness of "absolute reality" among all the sect's members.

What first strikes outsiders about the young followers of Krishna is their unusual costumes. The women wear multicolored saris and the men dress in saffron robes. All males, even infants, have the head shaved except for a single tuft of hair on the back of the skull which, so the legend goes, Lord Krishna may someday grab to yank them up to heaven.

When they are not out chanting and begging in the streets, devotees of Lord Krishna live frugally in their ashrams, or communes. Most are celibates. Those who do marry are permitted to have sexual intercourse only once a month at precisely the optimum time for conception, and even married couples must cease all sexual activity by the age of thirty. Couples who do produce children must give them up when they reach the age of five. At that point, all Krishna children are sent to the sect's Gurukula, a special boarding school housed in a former Christian church in East Dallas, Texas, where they are raised as wards of the entire community.

Why do some young Americans choose such an ascetic life? "To serve God and dwell in his consciousness," says Belinda, a shy young woman who refused to give her family name or exact age. "Once you realize Krishna Consciousness, you want it for your children too. We teach them to love God and avoid contaminated environments," she says, meaning most of the attractions of the conventional American way of life.

Along with mystical experience, many young people today also want religion to provide them with a total philosophy of life (something they apparently cannot find at home or in school) and an authority figure they can trust to show them what is right and wrong.

"I think this interest in religion has a lot to do with a rejection of parental permissiveness," says George Williamson, a college professor who has seen both his son and daughter leave home to live in separate religious communes. "I must admit that we raised our children without much religion," he acknowledges. "We left it pretty much up to them to decide what, if anything, to believe in. But what we really did, I guess, is train them perfectly for a religious guru who could give them all the answers."

For Williamson's daughter, Margaret, that guru turned out to be the Maharaj-Ji, the seventeen-year-old Perfect Master of the Divine Light Mission. Margaret lives in one of the Mission's fifty-odd ashrams in the United States, where she scrubs floors beneath a sign which reads "God is great, but greater is Guru because he holds the key to God." Like most gurus, the Maharaj-Ji teaches his devotees a special spiritual technique, which he calls The Knowledge. In a secret rite, initiates learn to see a dazzling white light, hear celestial music and feel ecstatic vibrations —a total religious experience called "blissing out."

In appreciation for what The Knowledge has given them, the guru's disciples devote their time and money to winning more followers for the Maharaj-Ji. But while his followers live simply in their ashrams, shunning sex, meat and most of the normal comforts of life, the Perfect Master enjoys chauffeured limousines, three separate estates and two airplanes which he uses to fly his "divine family" from one religious rally to another.

A third reason young people are turning to religion is the close family feeling they get from living in a religious group. Indeed, the newest and most bizarre religion in America is called The United Family, a strange mixture of oriental family piety and Protestantism that stresses a good marriage (including lots of children) as the only road to spiritual happiness. Instead of forming congregations, the sect's members (few of the estimated 500,000 United States members are over thirty) form interlocking family units, each devoted to promulgating the gospel of the sect's leader, Dr. Sun Myung Moon.

Dr. Moon is a mysterious South Korean evangelist who has somehow collected enough money to purchase three luxurious estates in New York, including a palatial mansion on the Hudson River for his own family. Wherever Dr. Moon preaches, he busses in thousands of young people who dutifully stand on street corners drumming up an audience for him. Every few years, Dr. Moon stages a mass wedding ceremony, where as many as 750 young couples come from all over the world to exchange marriage vows. This United Family, Dr. Moon teaches, is the advance guard for a new messiah who is to come soon to save the world. And in his lectures, the oriental evangelist makes it rather clear that this world savior could turn out to be Dr. Moon himself.

How can young people distinguish between genuine holy men and cunning rip-offs? Obviously, it isn't easy. But two warnings are worth keeping in mind: true spiritual growth takes a lifetime to achieve; perfect fulfillment is an illusion. What's more, traditional holy men have never lived handsomely off the devotion and offerings of their disciples but have set an example of disdain for creature comforts.

Despite competition from Eastern sects, the religion of most young Americans is still some form of Christianity. The search for mystical experience, a total philosophy of life and a

(continued on page 134)

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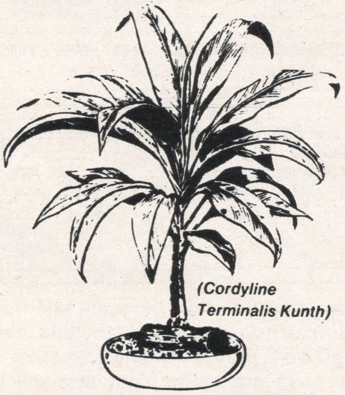

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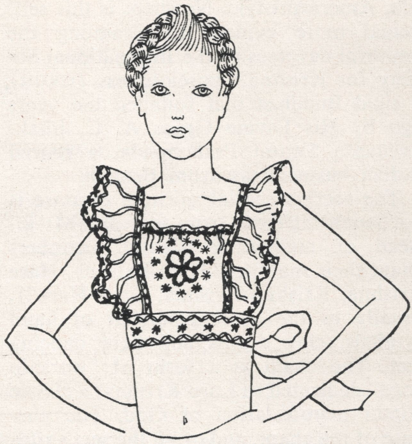
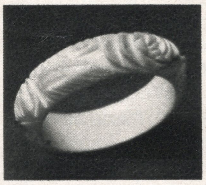
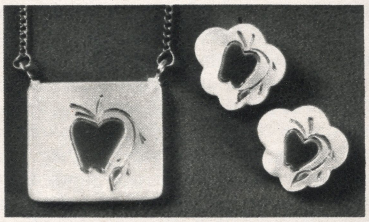


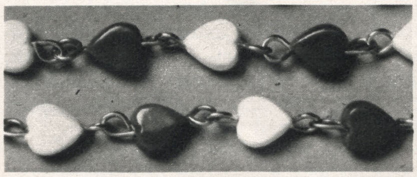
Sweet nothing for sun-bodies: lightweight cotton crepe top, ties in back. Colorful embroidery on natural, light blue or mint. Sizes S-M-L; $8.45. Sweet Willy, Box 5878, Grand Central Station, New York 10017



Blossom band in ivory with carved floral design. Sizes 5-7; $3. Jewelart, 7753 Densmore Avenue, Van Nuys, Calif. 91406



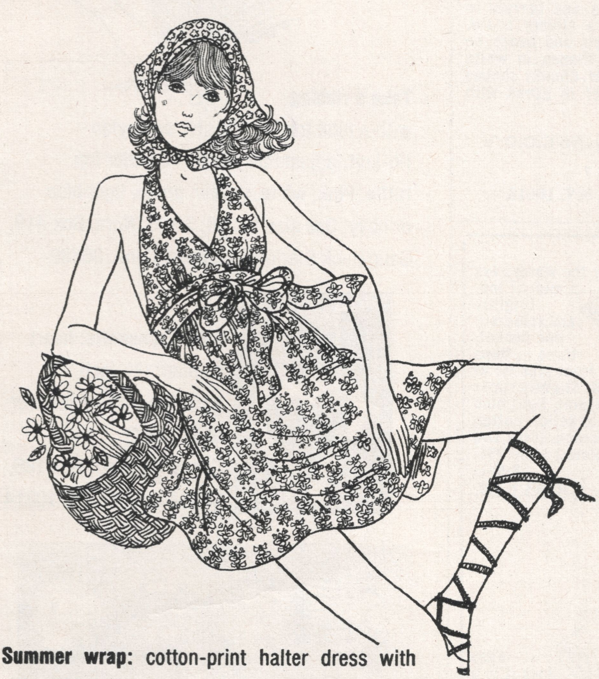
Really red apples painted on mock mother-of-pearl. Pendant, an inch wide, on a 15-inch gilt chain, $3.50; pierced or clip-back earrings, $3.50. Suzy Stevens, Dept. S75E1, Box 1400, New Springville Station, Staten Island, N.Y. 10314



Heart-line: from France, a necklace of enamel hearts in white with red or blue, 48 inches long; $4.30. Victorian Gee, 7 East 14th St., New York 10003

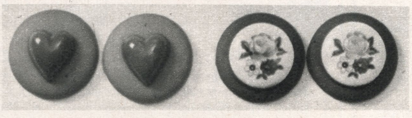
To order by mail, see page 123

A sea of clam shells, black and white, on a 16-inch black cord choker; $3.75. Ann's Artifacts, Dept. S75E, Box 292, Midtown Station, New York 10018



Summer wrap: cotton-print halter dress with adjustable neck strap, side pockets, wrap skirt; ties in front. Turquoise, peach, yellow or pink ground. Sizes 3-15, $14.60. Tantra Imports, Dept. S7, Box 489, Providence, R.I. 02901

Lone letter in brass on a sterling pendant half an inch wide. Specify initial. Silver chain, 16 inches long: $7.50. Marjorie Lynn, Dept. SE75, Box 1424, New Springville Station, Staten Island, N.Y. 10314



One on one: red hearts or flower-painted white disks sit atop blue button earrings, pierced or clip-back. An inch wide; each pair, $2. Nan's Place, Box 383, New York 10028

More on page 114

summer sizzlers from LILLIAN VERNON

that's all!

The message is vague, but the look is most definite! Natural wood, carved and stained to enhance the grain—stunning accent to a wall grouping, exciting on its own! About 11½x6½".

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Stunning stationery! Pick jet black, red or midnight blue, startle it with starry ink—even the postman will remember you! Set includes 20 sheets 5½x9½", envelopes, pen and bottle of silvery ink!

4164 Black. 1 Set $2.69
4165 Red. 1 Set $2.69
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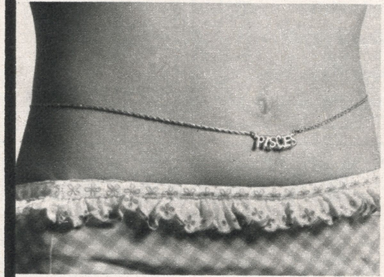

star-sign!

ZODIAC BIKINI CHAIN, matching necklace and bracelet, too! Gleaming Gold-finished metal, solid brass chains with protective lacquer. Give sign or birth date.

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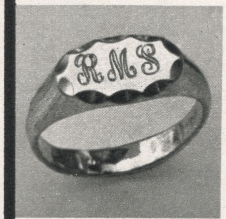
1259 Bracelet. $1.98
1260 All 3! 1 Set $7.50



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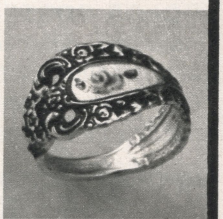

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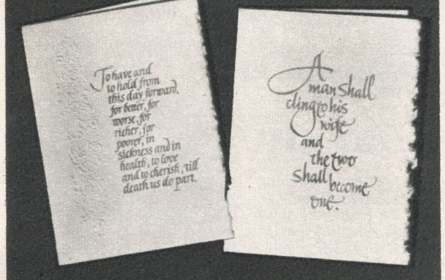
To have and to hold from this day forward, for better, for worse, for richer, for poorer, in sickness and in health, to love and to cherish, till death us do part.
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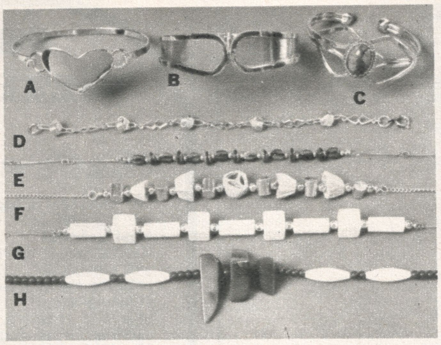

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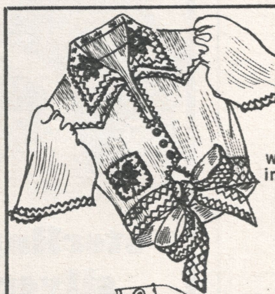
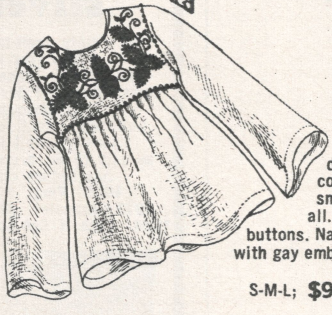


For the warm days —a midriff top, brightly embroidered, one pocket, three buttons at front plus tie at waist. Slightly super in natural, light blue or yellow cotton crepe. (Give two colors.) Style 235, S-M-L. **$8.95 ppd.**



Easy does it in a cotton crepe smock to top all. No ties or buttons. Natural color with gay embroidery on the yoke. S-M-L; **$9.95 ppd.**

Sweet Willy S7, 149-33 83rd St.
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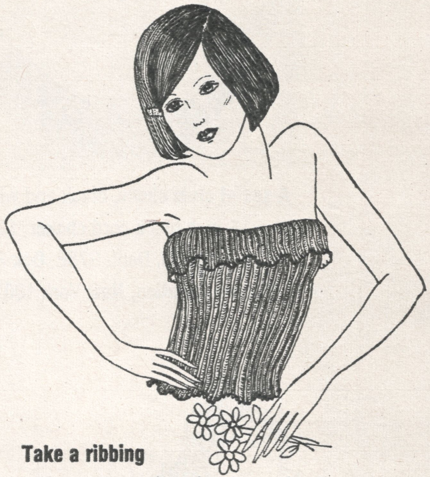
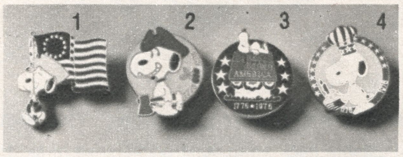


Take a ribbing with a tube top in polyester and nylon rib-knit; adjustable elastic tie under top ruffle. Pink, white, yellow, green, light blue or navy. One size fits all; $6.95. Nora, Box 419, Saugatuck Station, Westport, Conn. 06880

Silver silhouette: heart pendant (3/4 inch wide) on a 16-inch silver chain; $8.25. Gypsy Caravan, Box 186, Staten Island, N.Y. 10314



Snoopy enamel pins (an inch wide); each $2. Send style number. California Gift Shoppe, Dept. S4, 5046 Browndeer Lane, Rancho Palos Verdes, Calif. 90274

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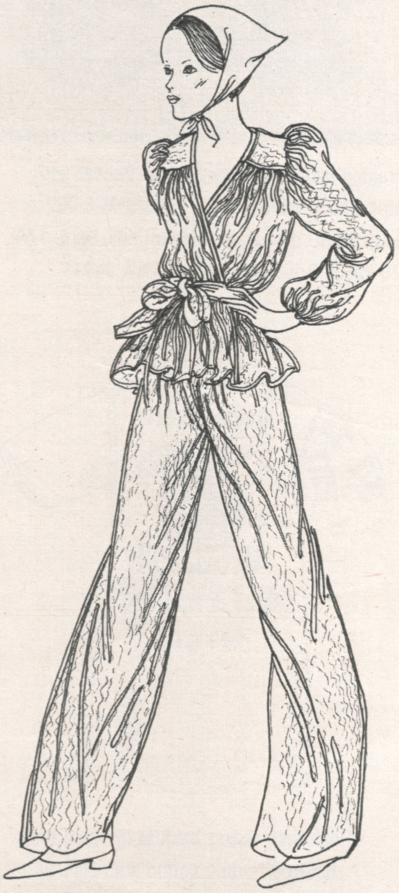
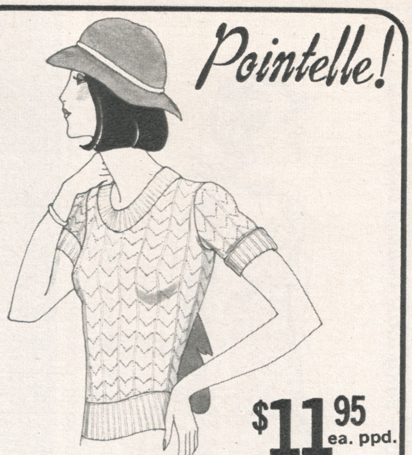
Swan's way: gilt pendant, 1½ inches long, on a 24-inch gilt chain; $4.25. Nat Pepper, Box 2628, New York 10001



Teammates: wrap top with elasticized waist and cuffs, tie belt; natural, $15. Drawstring pants in natural, olive, blue or rose, $10. Both of cotton gauze; sizes 5-13. Treasures of Asia, 13 East 30th St., New York 10016

Dime danglers, cent swingers: real coin pierced earrings (also come as clip-ons). The dime pair, $3.35; the pennies, $2.25. Terri, 39 W. 17th St., New York 10011

More on page 116



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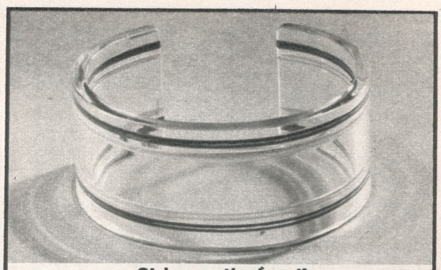
	Size	Color
Selection One		
Selection Two		

List additional items separately. S7



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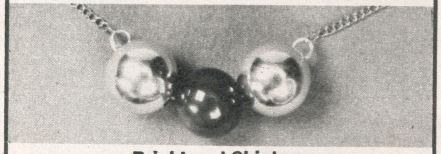

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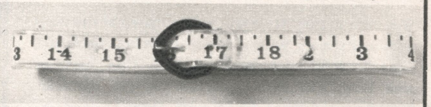

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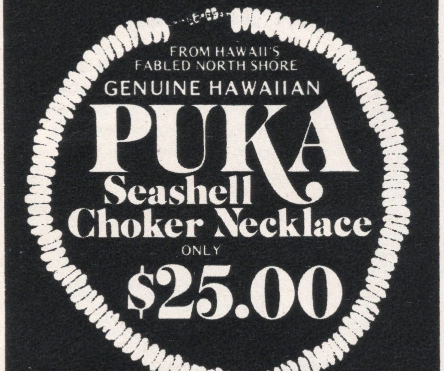

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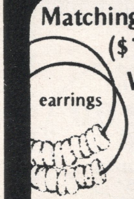

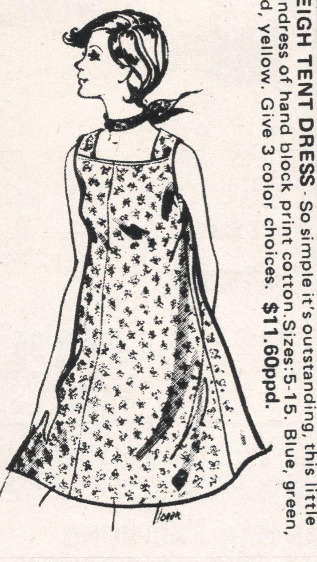

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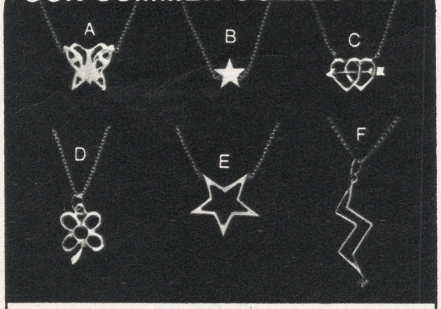

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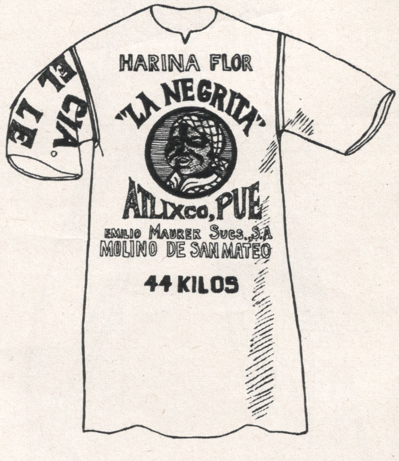

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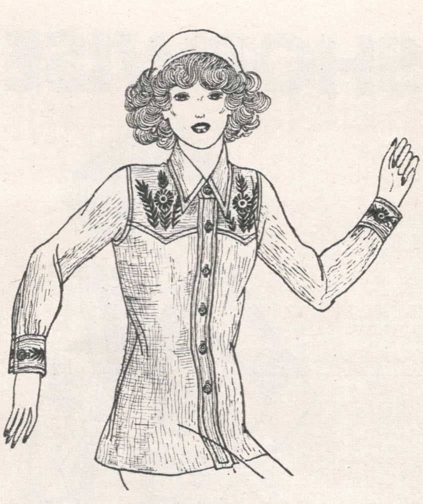
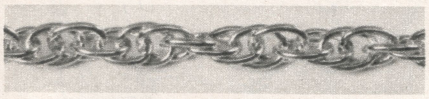
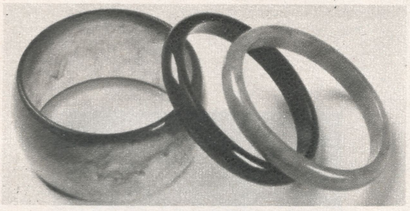


Painted posies, brightly colored, blossom on an off-white cotton crepe shirt. Sizes S-M-L; $12. Capricho Importers, 870 Broadway, New York 10003

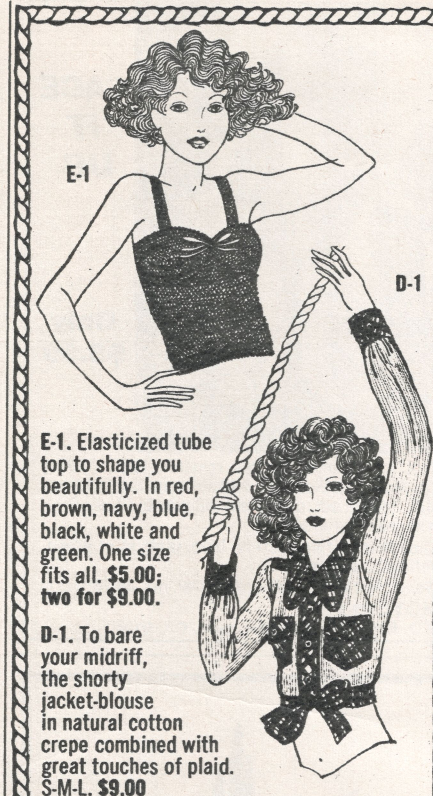


Simplicity plus: golden choker, 16 inches long; $2.25. Nat Pepper, Box 2628, New York 10001



Wrist interest: bracelets in mock tortoise, black or amber in cuff style (1½ inches wide, $7) or bangle (¾ inch wide, $4). Grove Gallery, 49 Grove St., New York 10014

More on page 118



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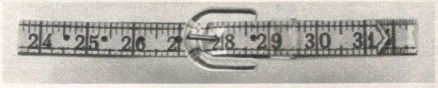

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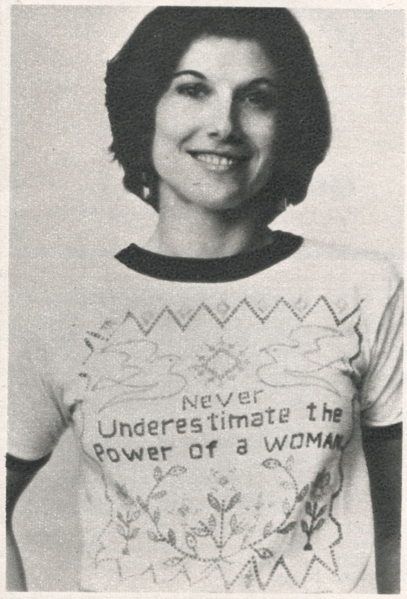
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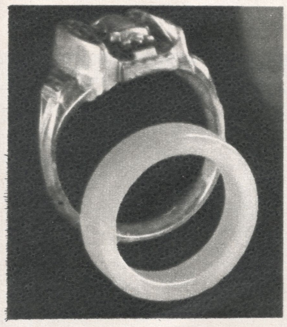

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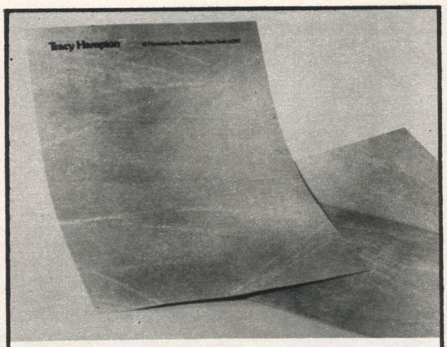

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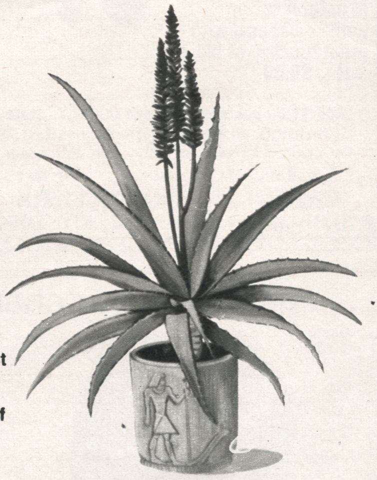

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You can actually use the Beauty Plant to sooth burns and sun burn. Just break off a leaf and rub the clear life juices on your burn. It feels so good! Keep your Beauty Plant in the kitchen for *Natural first-aid.*

It grows from a small rosette. It's easy. All you do is put it in a pot — water it once a week and watch it grow . . . up to two feet tall. The bigger the pot, the bigger it gets. Comes with easy instructions. *It blossoms* with spikes of large red flowers that last and last.

It makes a beautiful gift. Send Beauty to a friend. Guaranteed to Grow!

1 for **$2.00** 3 for **$5.00**

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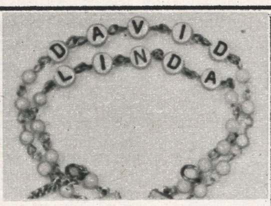
LOVEKNOT DANGLE RINGS — Handmade of 12K gold filled wire. Tarnish proof. Sizes 3-12. Specify dangle: Cloisonne heart — RH-1, Cross — RC-3, Star of David — RS-2. $3.00 each.

CLOISONNE DOUBLE HEART CHOKER — 6 Tiny simulated pearls adorn hand painted hearts on 18" tarnish proof adjustable chain. $4.00.



DOUBLE NAME BRACELET — Your name and his. Or for a mother or grandmother. Has room for 6 names. Girls' names are in pink and boys' in blue. 2 strands — $4.00. Each additional strand — $2.00. Specify names.

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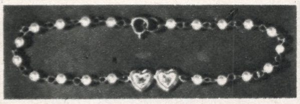
ROMANTIC TEENS — Gold or silver plate. Pierced or screwback earrings in 12K gold fill wire. $2.25. Pendant on 18" chain. $2.00.



CLOISONNE DOUBLE HEART ANKLE BRACELET — Delicate pink roses are hand painted on hearts. Tiny simulated pearls complete chain. $3.00.

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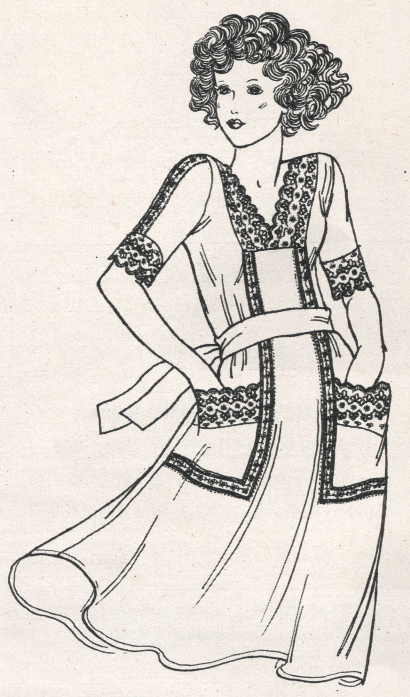
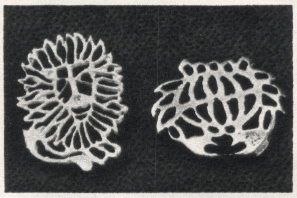
Now E Bonds pay 6% interest when held to maturity of 5 years (4½% the first year). Lost, stolen or destroyed Bonds can be replaced if records are provided. When needed, Bonds can be cashed at your bank. Interest is not subject to state or local income taxes, and federal tax may be deferred until redemption.

SHOPWISE



Naturalism: cotton dress with cotton lace trim, all in natural. Sizes S-M-L; $17.95. Country Scruffs, Dept. SE7, Box 40, Carlsbad, Calif. 92008

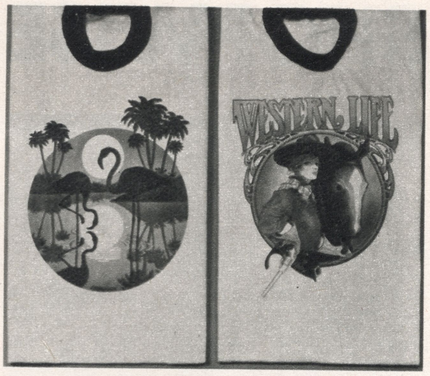


Silver sky signs with sterling 18-inch chains (not shown). Specify your zodiac sign. Each $12.95. Sabel, 210 Fifth Avenue, New York 10010

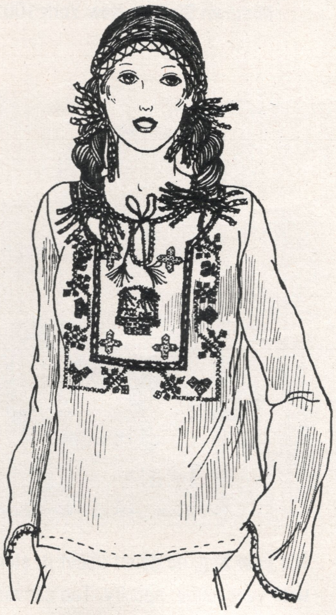
I SEE YOU READ T-SHIRTS ALSO

Shirt talk: the T with something to say for itself! Blue, yellow, black, brown or beige cotton, sizes S-M-L-XL; $6.50. Image East, Dept. SE, 30 E. 42nd St., New York 10017

To order by mail, see page 123



Serene scene, western life . . . bright designs on white cotton T-shirts, navy trim at neck and sleeves. Sizes S-M-L; each $3.95. Canyon House, Dept. AB-142, 466 Lexington Avenue, New York 10017



Embroidery embellishes an off-white cotton shirt; colorful design. Sizes S-M-L; $10.95. Superstar, Dept. S57E, 14729 Oxnard St., Van Nuys, Calif. 91411

More on page 120

BIKINI BELT

Show off your figure with an eye catching gold icicle chain bikini belt. Great with your hip pants and tie-tops too! New—latest style from Malibu Beach & Sunset Strip just for you—with easy adjustable clasp to flatter your figure. Order yours now for quick delivery **$4.95**

Matching cool sophisticated ankle chain for only **$3.50** and matching icicle chain earrings with natural nugget stone . . . . **$2.00 pr.** (specify pierced, screw or clip)

Please add 35¢ postage & handling. Sorry, no COD's. Calif. res. add 6% tax.

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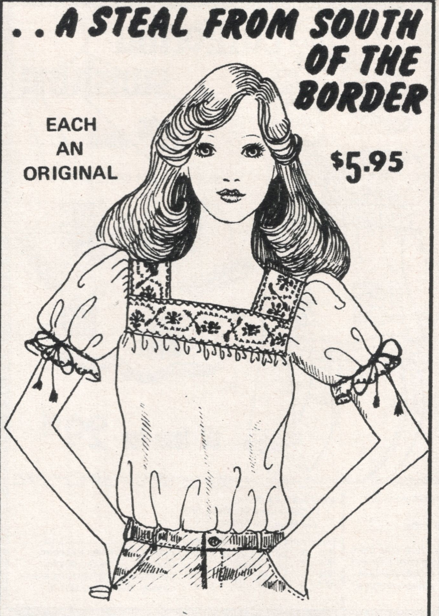
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Address________________
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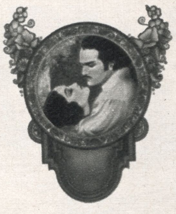
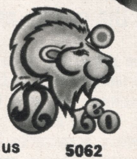


5039

5056 Aquarius
5057 Pisces
5058 Aries
5059 Taurus
5060 Gemini
5061 Cancer
5062 Leo
5063 Virgo
5064 Libra
5065 Scorpio
5066 Sagittarius
5067 Capricorn



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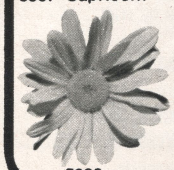

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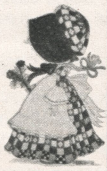

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Street________________
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Specify Design No.____________ Size________
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Enclose cash, check or money order. (Over $20, money order only) Ohio residents add 4% sales tax. Canadian residents add 10%. Make check payable to ROACH. Add 35¢ per shirt for postage.

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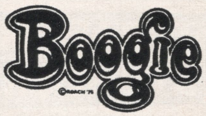
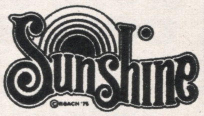
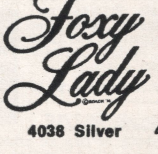


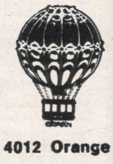
4046 Silver



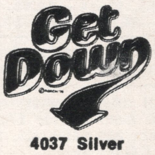
4048 Silver



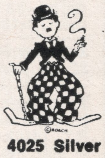
4038 Silver



4012 Orange

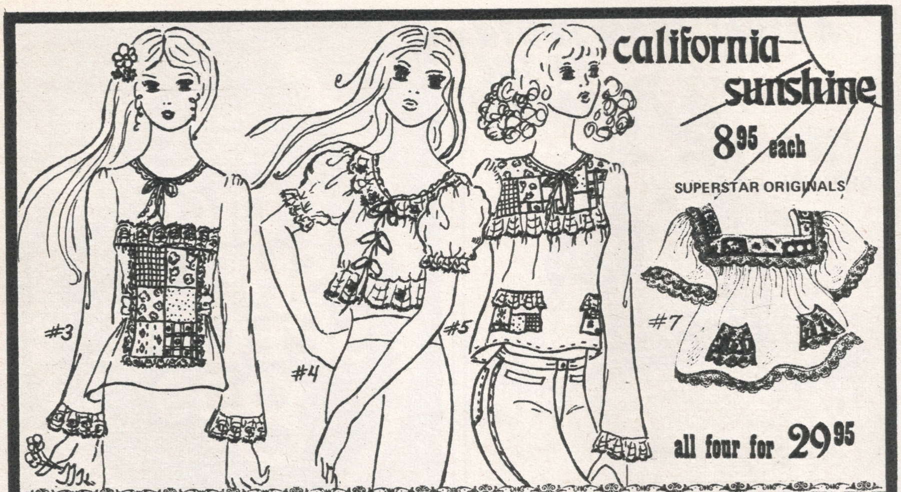


4037 Silver



4025 Silver

TM Trademark



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#4 S ☐ M ☐ L ☐
#5 S ☐ M ☐ L ☐
#7 S ☐ M ☐ L ☐

I enclose $ ____________
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☐ check ☐ M.O. 50¢ for complete new fashion and jewelry catalog. Sorry no C.O.D.'s.

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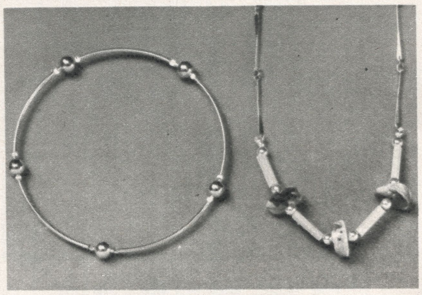

Shining like silver, a bangle bracelet, $3; bar link choker (16 inches long) with turquoise-type stones, $3.75.
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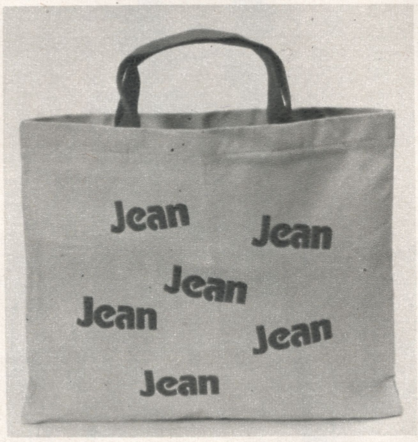
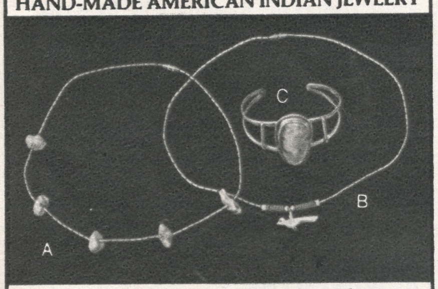


It's your bag, no doubt about it, stenciled with your name; specify. Tan canvas with red or navy letters and handles; 17 by 14 inches; $13.50. Your Own Bag Co.,
6235 S.W. 114th Street, Miami, Fla. 33156

To order by mail, see page 123



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A. 5 Nugget turquoise choker with silver tube beads $15
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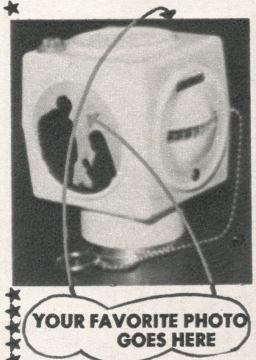

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Satisfaction guaranteed, or a prompt refund.

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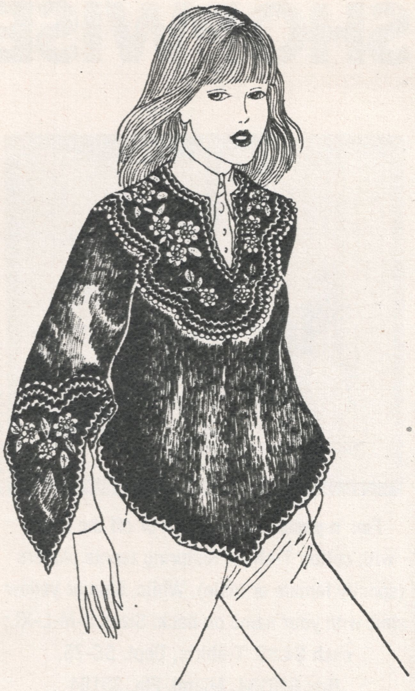
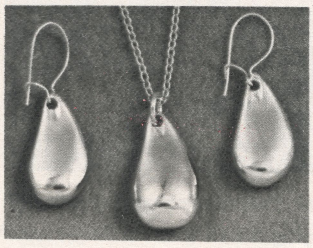


Festive flower embroidery on a blue denim top with scallop trim. Also comes in natural cotton; sizes S-M-L; $13.75. Cardozo International, 81 Morris Ave., Springfield, N.J. 07081



Teardrops to brighten up your days. Shiny silver or gold finish, each ¾ inch long. Pendant (16-inch chain), $6.40; pierced earrings, $3.35. Terri, 39 W. 17th St., New York 10011

More on page 122

Fancy Pants

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cuff protectors

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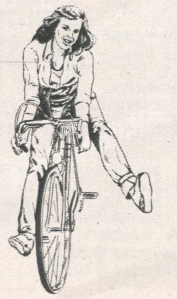

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$3.00 pair
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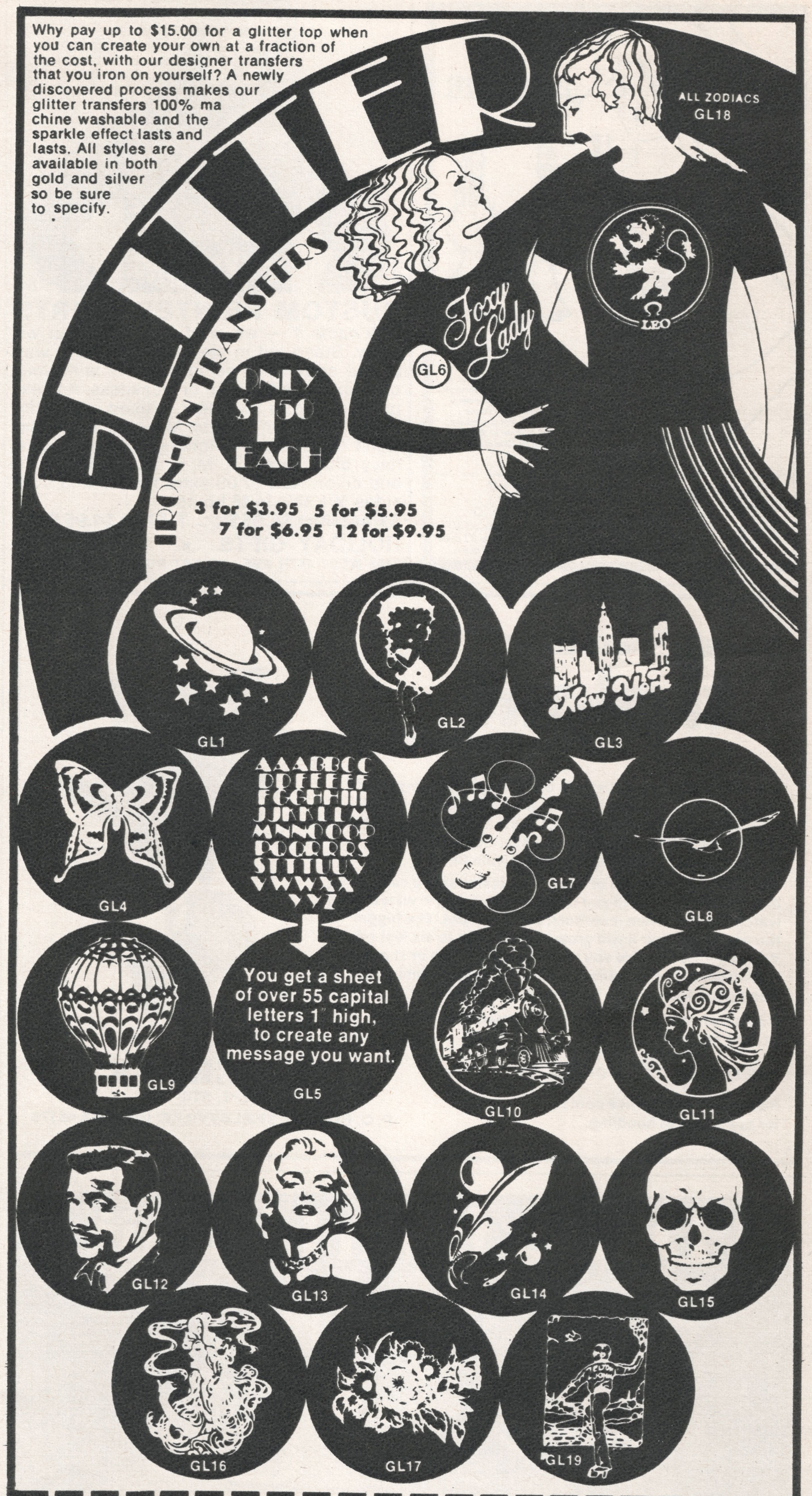

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Please send me the transfers ordered. If not completely satisfied, I may return them for a full refund.

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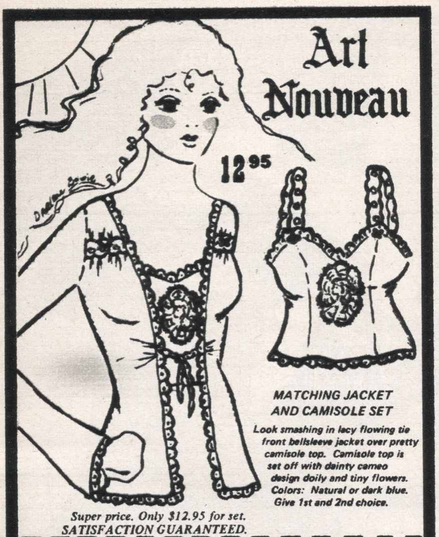
			☐ GOLD ☐ SILVER	
			☐ GOLD ☐ SILVER	
			☐ GOLD ☐ SILVER	
			☐ GOLD ☐ SILVER	
			☐ GOLD ☐ SILVER	
			☐ GOLD ☐ SILVER	
			☐ GOLD ☐ SILVER	
			☐ GOLD ☐ SILVER	
			TOTAL MERCHANDISE	$
			POSTAGE & HANDLING	.50
			TOTAL ENCLOSED	$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12.95

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AND CAMISOLE SET

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Super price. Only $12.95 for set.
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Please send me _______ blouses. S ☐ M ☐ L ☐
Color _______ 2nd Choice _______
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☐ M.O. 25¢ for complete fashion catalog. Sorry, no C.O.D.'s.

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Sweatshirt $6.95 Ppd. T-Shirt $4.95 Ppd.
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SHOPWISE

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Have love on hand: sterling rings with dangling charms (heart in ivory); specify. Send size. Each $7.95; in 14K gold, $18.95. Sabel, 210 Fifth Ave., New York 10010

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Hawaiian "Good Luck"
ti plant
Guaranteed to grow!

The native Hawaiians believe the Ti Plant has a mystical voodoo power. The leaves were worn to dispel evil. It is planted to bring GOOD LUCK, LONG LIFE and LASTING LOVE. The Ti Plant has been used for medicine, candy, food, alcoholic drinks, and the sexy Hula Skirt.

The Ti Plant grows out of a log — so fast that you can almost see it grow! All you do is put the Ti log in water and watch it grow! When it sprouts, put it in a pot. The bigger the pot, the bigger it will grow . . . from one to six feet tall. You can have the size you want. Grow it in sun or shade — it blossoms! The Hawaiian Ti Plant makes an ideal gift. Send good luck to your friends and loved ones.

Choice of red or green leaves; guaranteed to grow or free replacement!

ONE FOR $1.00 3 FOR $2.50

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DEPT. ST-8
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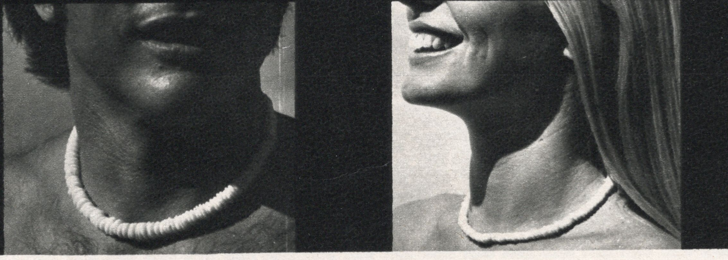
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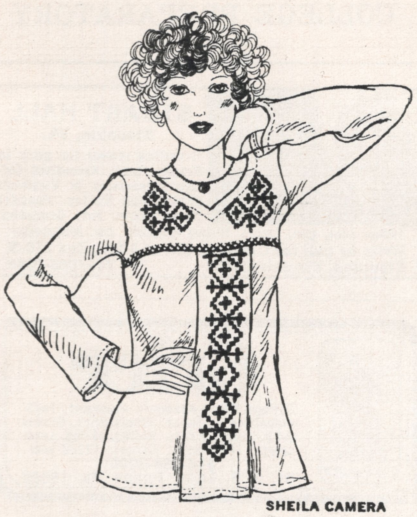

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ON THE COVER

Cool summer beauty Lee Ann Wilson, seventeen, holds the title of Miss West Palm Beach (Florida). For her first magazine cover shot, we twisted her shoulder-length hair into a neat side chignon with one strand left loose. Makeup that's light and right for this look: Sun-spun cheek gel in Sun-spun Red, SoftColor gel eye shadow in Verysoft Blue with Verysoft Taupe in the crease, waterproof mascara in Charcoal, with Teaberry Lovestick for lips. All, Love Cosmetics by Menley & James. Lee Ann's makeup by Robert LaCourte. Randy Rick styled her hair, Nicholas Guerrand colored it; both are with the Glemby Salon at Jordan Marsh in Miami. Our photographer: David McCabe.

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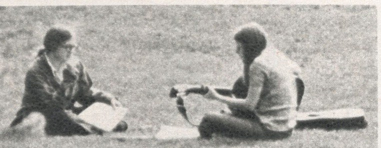

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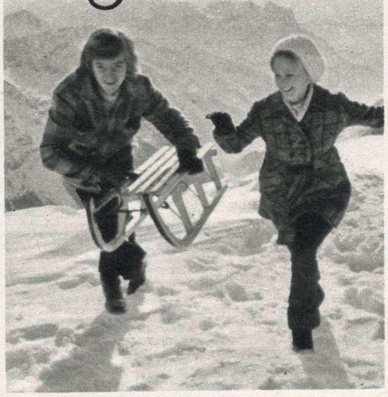

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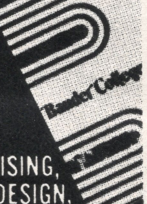

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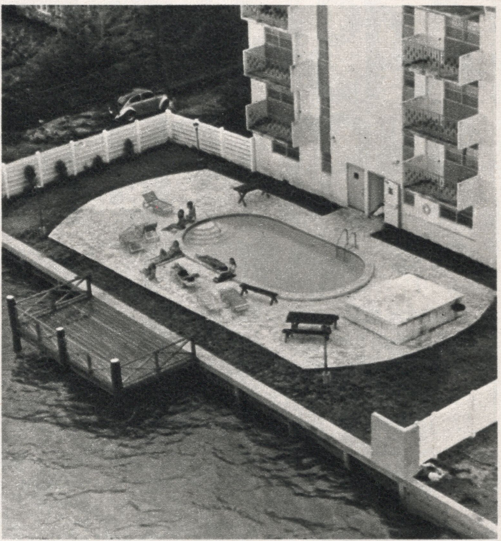

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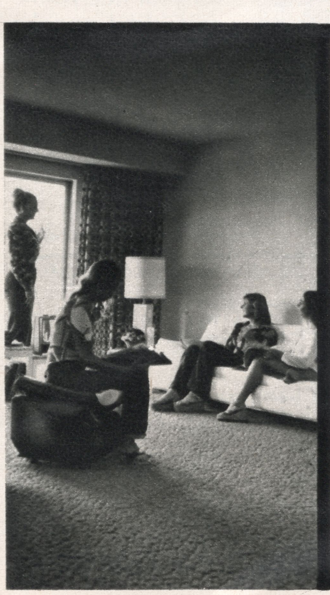

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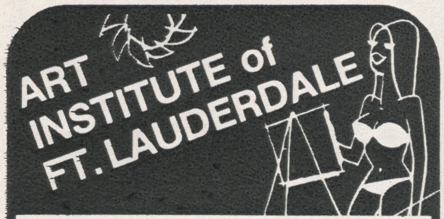

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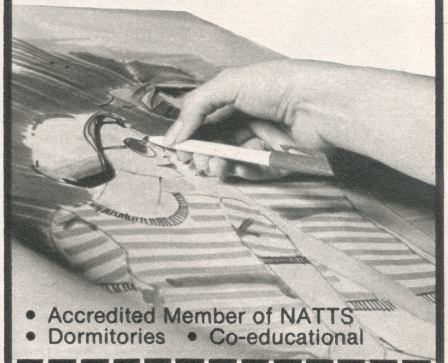

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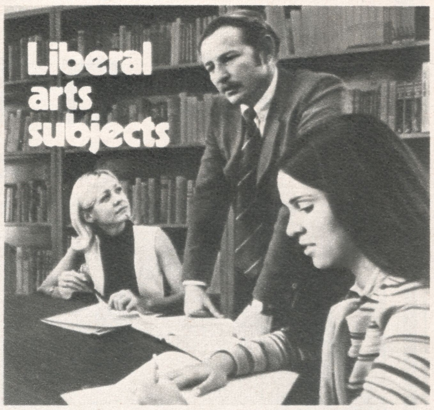

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WHERE TO BUY...

the fashions and accessories on pages 82-83 and 88-93

Pages 82-83

Monika for Elon two-tone fuchsia bikini top, $14, and matching bikini bottom, $10, both one size to fit all: Abraham & Straus, Brooklyn; Pomeroy's, Levittown; Sakowitz, Houston.

Pages 88-89

Diane Gilman for Cabal smockdress, sizes S-M: Bloomingdale's, New York; Clothes 'n Things, Great Neck; Sidney's, Roanoke; Bullock's, all stores.

Columbia Bag & Belt Co. jute tote, $4: Bloomingdale's, New York.

Try Us green square-necked dress, sizes S-M-L: Bloomingdale's, New York; Filene's, Boston; Higbee's, Cleveland; Younkers, Des Moines; Joseph Magnin, all stores; Jay Jacobs, Seattle.

Eva Graham two-tone straw bangles, each $3: Ann Taylor, all stores.

Kinney Shoes raffia sandals, $18: available at most Kinney Shoe stores.

Plain Jane yellow V-neck dress, sizes 5-11: Ups 'n Downs, all stores; Clothes 'n Things, Great Neck; Hutzler's, Baltimore; Chas. A. Stevens, Chicago; Traci's, Great Falls; Bullock's, all stores.

Capezio brown cotton pouch: The Outlet, all stores.

Maruca 5th Ave. Ltd. yellow canvas sandals, $24: Gimbels, New York.

Cathy & Marsha for Catherine Stein dyed wooden bangles: Foley's, Houston.

Ruza Creations macrame jute bag: Lord & Taylor, New York.

Cathy & Marsha for Catherine Stein obi sash: Gimbels, New York; Sanger-Harris, Dallas.

Eva Graham two-tone wooden bangles: Macy's, New York.

Richmark International striped straw bag: Foley's, Houston; Joseph Magnin, all stores; Frederick & Nelson, Seattle.

Conrad Bell sand-filled bangles: Saks Fifth Avenue, New York; Neiman-Marcus, all stores.

Omega Belts elasticized cinch: Bloomingdale's, New York; Judy's, southern California.

Medusa's Heirlooms for Monti-Filler deco belt: Medusa's Heirlooms, New York; The Broadway, all stores.

Pages 90-91

The Ultimate Spectacle sunglasses, $20.50: The Ultimate Spectacle, 1023 Third Avenue, New York 10021.

Echo woven cotton scarves: Bloomingdale's, New York; Sakowitz, Houston.

Sona of India cotton gauze scarf and cotton madras fabric: Sona of India, 11 East 55th St., New York 10022.

Huit lavender bikini top, sizes 32-36, and bikini bottom, sizes S-M-L: for stores, write Huit, 200 Madison Avenue, New York 10016.

Pages 92-93

Kickers buck-suede shoes: Bloomingdale's, New York; McAlpin's, Cincinnati.

Diane Gilman for Cabal cotton smock shirt, $18, sizes S-M: Bloomingdale's, New York; Clothes 'n Things, Great Neck; Traci's, Great Falls; Joseph Magnin, all stores.

The Accessories Place cotton tennis hat, $4: Shops for Pappagallo, B. Altman, New York; Hudson's, Detroit.

Chris Craft Footwear green suede tennis shoes: Tennis Lady, New York, Atlanta, San Francisco, and other stores; Thalhimer's, Richmond; Kate Frost, Houston.

Sandler of Boston brown leather huaraches: Joslin's, Denver.

Hot Sox fuchsia fisherman's sandals: Youtopia, New York.

Sportlites white nylon sport shoes: Selby Fifth Avenue, New York; Marshall Field, Chicago; Frederick & Nelson, Seattle.

Hot Sox diamond pattern and cross-stitch pattern knee socks: B. Altman, New York; Thalhimer's, Richmond.

Mary Quant red and white striped knee socks: Lord & Taylor, New York.

Thom McAn tree motif knee socks: available at Thom McAn stores.

OlofDaughters yellow patent clogs: OlofDaughters, New York; The Outlet, Providence; Royal College Shop, Lawrence.

Jacques Cohen Ltd. red canvas sandals: Joseph Magnin, all stores.

Pampero handwoven fabric sandals: Gimbels, New York; Houston's, Berkeley.

Pankin International multistripe canvas sandals: Right Bank Clothing Co., New York; Neiman-Marcus, all stores.

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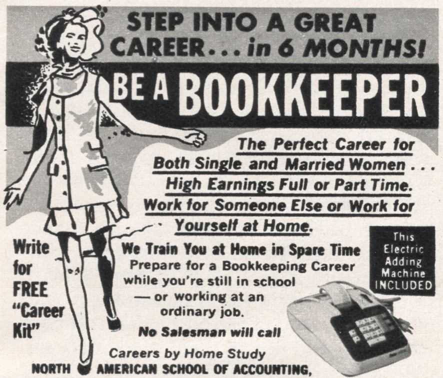

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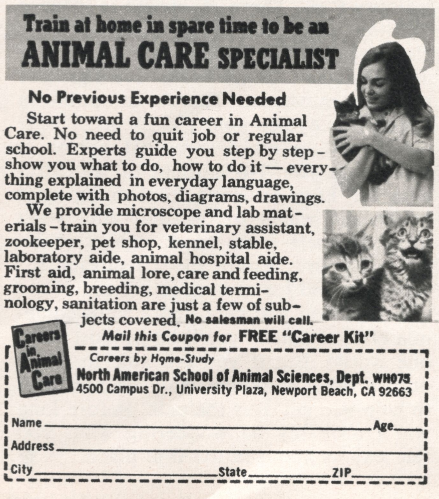

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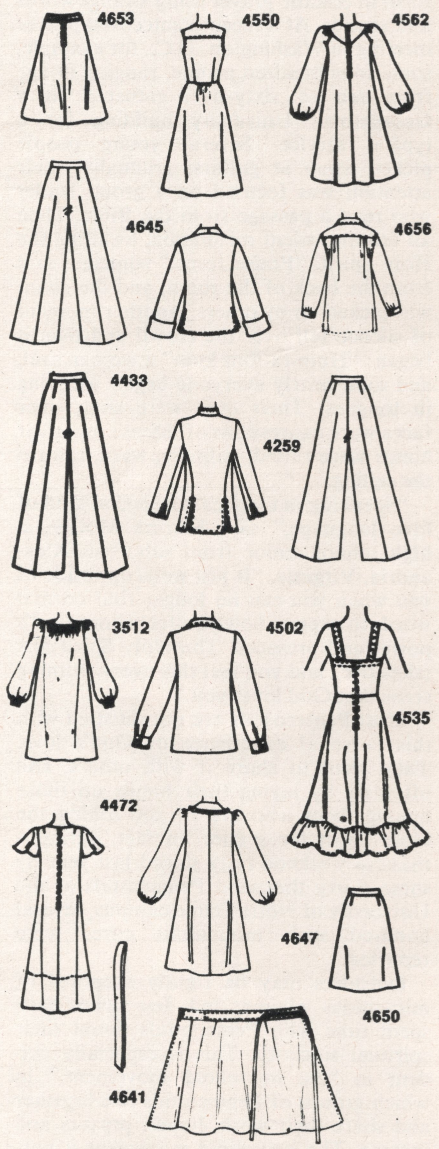
STITCHES FOR FALL

Pattern info, where to find fabrics, yarns for making the fashions on pages 73-79



Page 73

McCall's pattern 4653, $1.50. Sizes 8-16, 5-9. Skirt requires 1⅝ yards of 60″ fabric.

Pages 74-75

McCall's pattern 4550, $1.35. Sizes 6-16. Jumper requires 2⅞ yards of 45″ fabric.

McCall's pattern 4562, $1.50. Sizes 8-18. Dress and belt require 3⅛ yards of 45″ fabric.

McCall's pattern 4645, $1.50. Sizes 8-16. Top requires 2 yards of 45″ fabric; pants require 2⅝ yards of 45″ fabric.

McCall's pattern 4656, $1.50. Sizes 10-20. Top requires 2¼ yards of 54″ fabric.

McCall's pattern 4433, $1.25. Sizes 10-16, 7-11. Pants require 2⅝ yards of 45″ fabric.

Pages 76-77

McCall's pattern 4259, $1.25. Sizes 6-16. Jacket requires 1⅝ yards of 45″ fabric; pants require 2⅜ yards of 45″ fabric.

McCall's pattern 3512, $1. Sizes 8-18. Dress requires 3¼ yards of 45″ fabric.

McCall's pattern 4502, $1.35. Sizes 8-20. Shirt requires 1¾ yards of 45″ fabric.

McCall's pattern 4641, $1.50. Sizes 8-16. Skirt requires 1⅞ yards of 54″ fabric.

Pages 78-79

McCall's pattern 4650, $1.50. Sizes 8-18. Skirt requires 1½ yards of 54″ fabric.

McCall's pattern 4472, $1.25. Sizes 8-16. Dress requires 2⅝ yards of 45″ fabric.

McCall's pattern 4535, $1.35. Sizes 10-16, 7-11. Jumper requires 2¾ yards of 45″ fabric.

McCall's pattern 4647, $1.50. Sizes 6-16. Dress requires 3⅜ yards of 45″ fabric.

Unless otherwise indicated, yardages are approximate for size 10. McCall's patterns are sold in department stores in most cities. Or they may be ordered by mail. Send check or money order, size and pattern number(s) to: McCall Pattern Company, 615 McCall Road, Manhattan, Kansas 66502.

Page 73

Reynolds wool-blend yarn available at most knitting and yarn shops.

Amana Woolens rust wool: for stores, write Amana Woolens, 1407 Broadway, New York 10018.

Pages 74-75

Crompton Richmond printed polyester/cotton corduroy: Macy's, New York; Donaldsons, Minneapolis; The Broadway, southern California.

Reynolds Orlon yarn available at most knitting and yarn shops.

Dan River plaid polyester/cotton: for stores, write Dan River, 111 W. 40th St., New York 10018.

Cone Mills plaid polyester/cotton: W. T. Grant, all stores.

Dan River cotton pinwale corduroy: for stores, write Dan River, 111 W. 40th St., New York 10018.

Ameritex suedelike rayon fabric: Carson Pirie Scott, Chicago; Minnesota Fabrics, Milwaukee.

Crompton Richmond cotton corduroy: May Flower Textile, Franklin; Kleiner's, Lancaster.

Pages 76-77

Peter Pan polyester/cotton quilting: Macy's, New York; Hudson's, Detroit.

Crompton Richmond cotton corduroy: May Flower Textile, Franklin; Kleiner's, Lancaster.

Carletex Corp. brushed cotton flannel: for stores, write Carletex Corp., 1451 Broadway, New York 10018.

Ameritex polyester/cotton plaid: Macy's, New York; Hub-Frankel Co., Danville; Bullock's, all stores.

Reynolds wool-blend yarn available at most knitting and yarn shops.

Ernest Einiger polyester check: for stores, write Ernest Einiger, 1412 Broadway, New York 10018.

Pages 78-79

Reynolds mohair yarn available at most knitting and yarn shops.

Ernest Einiger blue wool/nylon blend: Macy's, New York; Hudson's, Detroit; Marshall Field, Chicago; Bullock's, all stores.

Concord floral-print cotton: for stores, write Concord, 1411 Broadway, New York 10018.

Carletex Corp. grape brushed cotton flannel: for stores, write Carletex Corp., 1451 Broadway, New York 10018.

Ameritex polyester/cotton print: Macy's, New York; Hub-Frankel Co., Danville; Bullock's, all stores.

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...RELIGION

continued from page 111

family-style sense of community is also evident among today's young Christians. This is particularly true within the Charismatic, or Pentecostal, movement which is spreading rapidly among both Protestants and Roman Catholics. These Christians call themselves Pentecostals because they believe that the Holy Spirit will fill their souls with His spiritual powers, just as, according to the Bible, He filled the souls of Jesus' apostles on the Day of Pentecost.

The chief characteristic of Pentecostals is their habit of speaking in tongues, a form of ecstatic prayer using strange words and sounds. At a recent Pentecostal prayer meeting in Washington, D.C., for example, some four hundred people, ranging in age from ten to sixty-five, gathered in a Georgetown University building for a typical service. Several young people picked away at guitars; gradually, their attention was focused on a group leader who read a passage from the Bible. Then all fell into silent meditation, awaiting the Holy Spirit. "Praise Jesus," someone said from the back of the room, and the chant was picked up by others. Another moment of silence fell over the crowd and then it began: "Hum-ra-tom-kum" a woman said, and soon nearly everyone began speaking in tongues. Their eyes were shut, their faces wore expressions of intense joy, their hands were raised, palms upward, toward the ceiling.

"Speaking in tongues is a special kind of love language," says Martha McGee, a high school senior from suburban Alexandria, Virginia. "It just wells up inside of you when you can no longer find normal words to express how you feel about God's power and presence. The Holy Spirit just takes over and you feel this overwhelming sense that God loves you."

Most Pentecostals are not satisfied with this personal experience of God's love. They want to share it with others, and often do by laying their hands on those among them who are ill and asking the Holy Spirit for a cure. In fact, during a massive weekend rally staged last year by some thirty thousand Pentecostals at the University of Notre Dame campus, several hundred such miraculous cures were reported.

Outsiders may be rightly skeptical of miraculous claims, but few who have spent time with Pentecostals doubt their spiritual sincerity. This is especially evident in "the household movement," in which groups of Pentecostals live together and share their work, hopes, prayers and income. The household movement is particularly strong in big cities, like Atlanta, Georgia, where members work among the poor, and in university towns, such as Ann Arbor, Michigan, where some six hundred Catholic and Protestant Pentecostals are involved in the Community of the Holy Spirit.

Just how far the spiritual revolution of the seventies will spread or how long it will last are questions no one can answer. If past history is any guide, the religious enthusiasm so many young people now display will eventually give way to spiritual flabbiness and another period of secular-life-as-usual. A brighter hope is that their fresh sense of God's presence will invigorate conventional church life and give a new sense of community to those who have grown cool in their faith.

No doubt spiritual awareness is something that every generation must discover for itself, and it apparently has fallen to this generation of Americans to waken others to the fact that God is far from dead. They remind us all that even in the midst of wars, poverty and terrible hunger in large parts of the world, the greatest evil of all is the failure to find God's love. Perhaps there is a constant pressure on the human spirit, which St. Augustine has beautifully described in one simple prayer: "Thou has made us for Thyself, O Lord, and our hearts are restless until they rest in Thee."

◆

...JEALOUSY

continued from page 95

only from you. So if your hair is bone straight, keep it clean, shining and smooth instead of killing yourself to make it curly. If music is your forte instead of sports, practice the piano or the guitar or whatever you play until you're really good. The more you test your own qualities and see them work, the less jealous you will be of others.

Some people find it necessary to put down their rivals. Instead of being angry at the person who has deserted them, they blame the new favorite.

"My boy friend stopped seeing me without saying anything and I began to hate his new girl friend," reports Julie R. "It was crazy because he really treated me in a mean way and she was my friend, but I couldn't help blaming her. I said nasty things about her to everyone, and when she wanted to join a group I was in I frantically tried to keep her out. I don't know why I acted that way. I couldn't stop myself."

Julie didn't want to admit that her boy friend wasn't perfect or that he had hurt her very much. It was easier for her to say he was an innocent victim of the other girl. A similar situation may arise when a teacher you like picks another student as his favorite instead of you. It's hard to admit that the person you admire could be at fault, so you divert your anger toward the other student. "Look how she makes up to the teacher" or "She's always such a goody-goody," you say scornfully.

Instead of putting down the rival, take a hard look at the person who hurt you. Maybe that boy friend or that teacher didn't behave very well and isn't worth feeling upset about. You might come to the conclusion that your friends are right when they tell you the boy is always doing that to girls or that the teacher likes to pick out favorites. Life is full of people who boost their egos by setting up situations where others compete for their affection. The more honestly you view the person you are involved with, the more you learn from the experience and the less jealousy you will feel.

While you're taking an honest look at things, examine your own motives. Did you like the person you lost for himself or herself or because he or she was a "good catch" or very popular? Psychologists agree that young people who are in the process of finding their own identities frequently choose friends they think give them status. The reasoning is that if a popular person likes you, you must be pretty terrific. But if that highly regarded friend leaves you for someone else, you think he or she has taken away your identity. Then you feel jealous of the new person who, you assume, has been endowed with your lost status.

Actually, no other person can give you an identity. You are you no matter who likes you or who doesn't like you. When you feel down is the time to reaffirm that identity—actively. Even if an agony of rejection is knotting you up inside, it won't be any help to sit in your room dwelling on your imperfections. Take yourself and your pain outside. Find a group involved in a cooperative activity. Working with others and sharing common goals is a good antidote to feelings of crippling rivalry. In a group you have more options. Friendships can shift; someone can be your best friend one day and someone else's the next without its being so wrenching. And as you have a chance to use your skills, you'll find you can do a great deal on your own without depending on the reflected glory of that popular person. People will admire you for yourself, not because you are somebody's friend. More important, *you'll* admire *yourself* once you become aware of your own strengths.

Doris Pfeffer points out that people involved in group activities, whether they are cooperative, like a theater group, or competitive, such as a sports team, can usually handle jealousy better than someone who is wholly dependent on a relationship. Those involved in several activities know they don't always place first and are not so destroyed if they come in second or third. Sure, they feel jealous if someone else gets what they want very much, but the emotion doesn't paralyze them for long periods. In a short while they are back in the game.

There are people who salvage their egos when they are jealous by diminishing what they don't have. For example, when you lose your boy friend you might decide that all boys are boring and you don't want to have anything to do with them. What you are really saying is that jealousy is so painful you will avoid a close relationship with a boy and take no chance of being hurt. To do that is to deny yourself pleasure as well as pain. People learn things and grow in relationships with others, and as long as you don't invest your whole life and ego in them, they are valuable and rewarding.

Don't expect any relationship to be jealousy-free. There is always a chance that the person you are involved with will change his or her feelings about you, just as you may change your feelings and want to move on. There's no point in keeping an eye on your girl friend or your boy friend to make sure that person is faithful to you. No amount of watchfulness will keep someone from doing what he or she wants to do, and you won't leave yourself room to do things of interest to you. Enjoy the friendship for what it is and for as long as it lasts.

If a person you care about finds someone else, of course you'll be jealous. Anyone would. But if you are able to reach out for other resources, you can use them to help you get over the pain. Before long you'll probably be wondering what you felt jealous about in the first place.

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